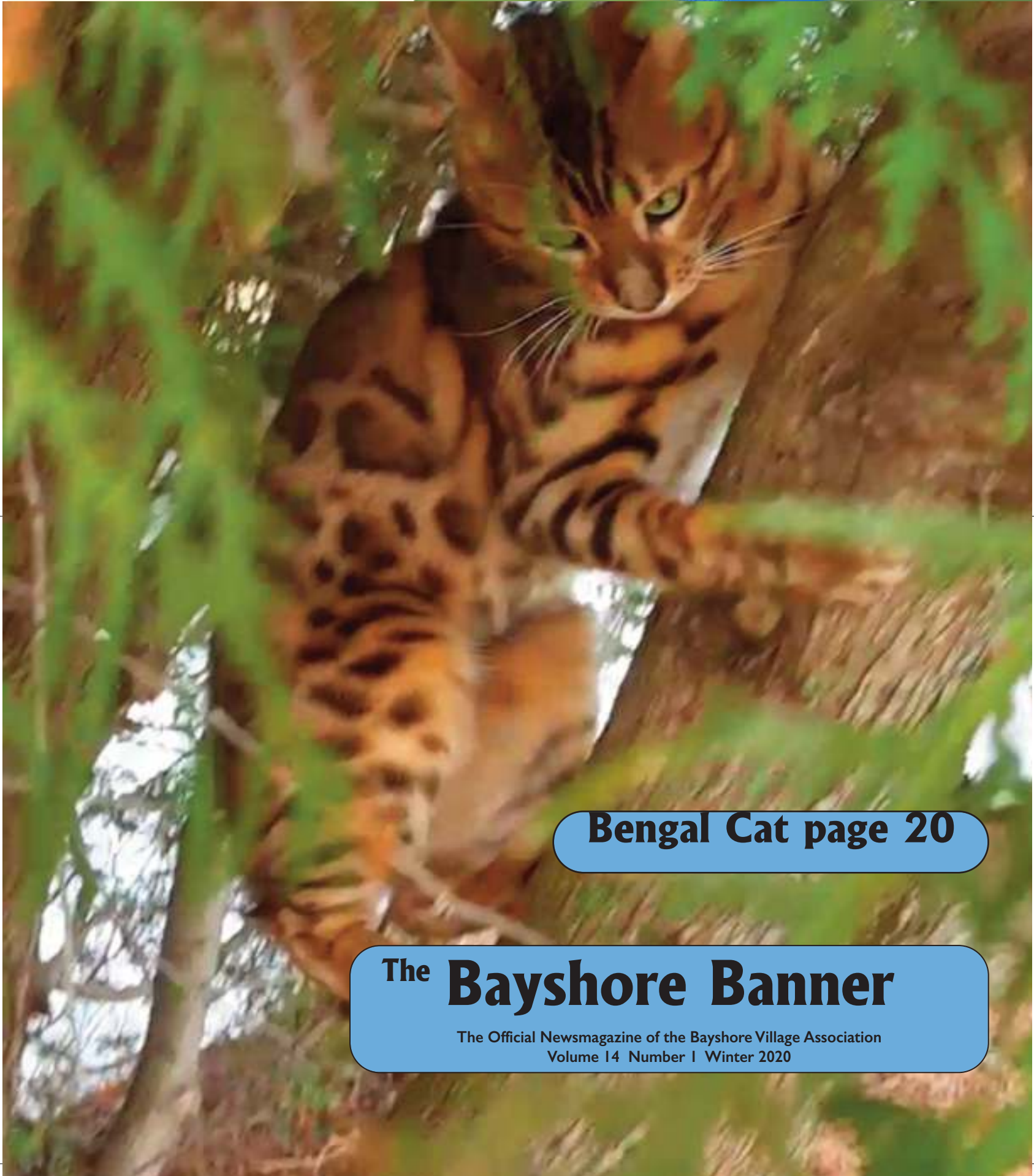




A Unique Waterfront Community



Bengal Cat page 20

The Bayshore Banner

The Official Newsmagazine of the Bayshore Village Association
Volume 14 Number 1 Winter 2020

VON S.M.A.R.T. Program Milestone



On Friday, November 22, 2019, Sharon Miller was given a surprise party congratulating her for completing 10 years of service with the VON SMART program.

Nicole Smith, SMART Program Coordinator, presented Sharon with a gorgeous bouquet of flowers and her 10 year pin recognizing her for her outstanding ten years of service.

The VON class celebrated, along with Sharon, with cupcakes, muffins, balloons and a celebratory photo.

VON SMART Instructors:

L to R: Linda Bridges, Sharon Miller, Wendy Lucas



VON S.M.A.R.T Program Attendees

L to R back row: Brian Hutchinson, Laura Malarczuk, Catherine Downie, Carol Rosa, Julie Murray.

L to R middle row: Bev Grist, Kathy Hutchinson, Sharon Miller, Pat Beecham, Linda Bridges, Lynn McWilliam, Ria Searle, Brian Murray.

L to R front row: Kristina Frise, Wendy Hurst, Wendy Lucas, Nicole Smith (from the VON), Nori Drysdale, Kathy McLeod.

Photos by Wendy Lucas, using self-timer on camera. Clever, eh?

Stephen Boys Joint Surprise Birthday Party October 12th



Scott, Dave, Lori, Shane, Ashley

On October 12th, there was a birthday celebration for Scott and Shane Stephen upstairs at the Hayloft. It was attended by many friends from Bayshore and beyond. The family also received a certificate of appreciation for all of their help in the village.



The Bayshore Banner

The Bayshore Banner is published for the membership
of the Bayshore Village Association

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The Bayshore Banner is available on our web site
www.bayshorevillage.ca/magazine
and as a full-colour book to be picked up at the Hayloft.

The Banner and the BVA members are very grateful
to everyone who contributed articles to this issue.

The next issue will be published in April 2020.



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Social Director, Bayshore Village Association



Debbie Rautins

Our **Volunteer Reception** was held on October 10th. Approximately 60 people attended. Dawn Kelly coordinated this event. It was appreciated by everyone in attendance.

See pages 34 & 36 for pictures

102 tickets were sold for the Halloween potluck/dance.

The band was terrific, the costumes awesome and the dance floor was hopping with energy! We have ideas to improve the potluck for next time as it was generally felt that the main dishes, especially the meat dishes, were scarce for the last tables. Overall, a great success! The band enjoyed Bayshore as much as we enjoyed it and I hear they will be back for a golf committee event next year! *See pictures page 6*

Our Halloween Trick or Treat for the Children was a big success! Please see the pictures and stories on page 26

The Ladies Christmas Luncheon: Please see the pictures on page 30

December 13th was the date for our Holiday Christmas Cocktail Party. Our December Happy Hour was attended by approximately 75 residents and the best collection of appetizers and sweets for all to enjoy! It is always fun to get together, meet new people, and enjoy some food! Thanks to all who brought “dinner”. I think there were very few who went home and ate again!

See the pictures on page 10.

The December Hats, Mitts, Socks, and Scarf Drive initiative was headed up by Linda Bridges. Thank you, Linda! Also, thanks to Lynda Bertrand for the donation box. We divided up the donations into men, women and children. The women’s items and half the children’s items were delivered to Greenhaven Women’s Centre. The men’s items went to the Lighthouse and the other half of the children’s items went to EARLY ON, a centre which facilitates parent-child interaction and has hundreds of children in programs for the one to six year age group. Your donations were very much appreciated by all organizations! Thank you for your generosity!



December 18th was Christmas Carolling – we did it! Well, we tried! The weather was bitter cold, so we proceeded with Plan B.....singing at the Hayloft. It was especially wonderful for everyone to meet each other and we all met someone new! My thanks to all who came, despite the change in plans, and to Jon Wagner and Noel Cooper, for providing our musical accompaniment. We gathered afterward at 16 Sandlewood for some delicious treats and refreshments! Some comments made by members who joined.....” NEXT YEAR WE GO OUTSIDE NO MATTER WHAT “and “it was a lot of fun”. We sang for an hour and a half. The evening started at 7:00 and ended around 10:00 pm. New ideas were presented for next year. This was a first time for all Bayshore residents to have the opportunity to go carolling. There were 16 Carollers who participated.

On New Year’s Eve, the theme was Roaring Twentys and many Bayshorites were dressed beautifully to match the theme. DJ Steve was once again fabulous and the dance floor was a-roaring all night! Food was plentiful!

Many thanks to the social committee for planning and decorating for this ***biggest night of the year*** event. Tickets sold out by December 11th! It is definitely a challenge to have things go perfectly for this many people! *See pictures on page 18*

Plans for events for the winter months are being reviewed. Some ideas are pub nights, karaoke, potlucks (such as stew, chili, and other new ideas for food). The aim is to have an event every two to three weeks with enough options for “different strokes for different folks”. Stay tuned! A proposal to utilize the hayloft for TV events such as hockey, basketball and other popular events will be presented at the January board meeting. We are hoping to have this in place for the Superbowl and with how the Leafs are playing, Saturday nights at the Hayloft should be fun! There are also opportunities for anyone interested to try ice fishing. Stay tuned for more on that!

*** please contact me when the ponds are frozen and if you, as residents, have cleared them. I will then send out a notice to all that skating is available and the location. ***

Director, Common Lands, Bayshore Village Association



Steve Goulter

Progress Report on Storm Water Drainage

With all the rain we had in the Fall, some of our ponds were very full. This is not a good situation going into the Winter as our ponds are designed to absorb snow melt and Spring rains.

With levels exceedingly high, the extra capacity needed is not available. Specifically, residents on Beaver Pond and Vicars Pond were concerned about the resulting high-water table potentially causing basements to flood. Combined, there are 67 properties backing onto these two ponds and one third to one half of these have potential basement flooding concerns. In order to be proactive, we decided in November that we needed to take action to remediate the situation before freeze-up.

In the case of Beaver Pond, the drainage to Harbour 99 was cleared using a back-hoe as the swale was clogged with small trees, shrubs, cat tails and grasses. Normally, these swales SHOULD contain vegetation in order to filter out silt so that the water flowing into Lake Simcoe is clear, but every few years these swales need to be cleared and then the vegetation can be encouraged to re-grow. The other problem with Beaver Pond is that floating debris collects in the East end, blocking the outflow. This needs continual clearing. There are volunteers that do this on a regular basis. We have improved the procedure so that a blockage, combined with a lot of rain, does not allow the pond level to increase enough to cause concern. A special thank you to the volunteers that look after this. Without your continual effort, I am not sure what could happen.

As for Vicars Pond, the situation is VERY different. In a nutshell, there is NO natural drainage at all, unless the level gets to extreme heights. The reason for this is that, over the years, the Township ditches and culverts have become “filled-in” with winter road grit, heaving due to frost, leaves and debris. Each year, the situation gets slowly worse. In fact, I have carefully monitored the

level of Vicars Pond (we back onto it), and in 10 years, the maximum level has steadily increased by at least 10 inches, or about 1 inch per year. We have pointed this out to the Township on many occasions, in writing, at Council deputations, working directly with Joe Gough (our Councilman), etc., to no avail. In late November, we took action and pumped out 15 inches of water (about 1 million liters!) with a large rental pump. This provided the necessary capacity to handle the snow melt and Spring rains. The ultimate solution, however, is to correct the drainage through the Township ditches. We will continue to work with the Township to achieve this. We may have to rally Bayshore residents to attend the next deputation, as there is strength in numbers.

Miscellaneous Items

1. You may have noticed that we had Christmas lights at the front entrance. Thanks to Maurice Cooke for installing an electrical outlet to provide power. This outlet will be of use to the volunteers that maintain the front flower beds in the Summer.



2. Signage has been added to some of the ponds so that our residents can become familiar with their names. Likewise, signs will be added to our parks and some walkways in the Spring.

3. Three trees in the Golf Course will be removed this Winter. One is a “messy” crab apple tree near the pool and the other two are dead Poplars on the West side of the Golf Course. We will be looking for volunteers to help with this work in January.

The Social Auxilliary Committee

By now you may or may not have heard that an Auxilliary has been formed within the Social Committee. It has several purposes. As the new director, I am working hard to expand the mandate of the committee, that is, to hold more events. In doing so, it is beneficial to have more volunteers to help. Another purpose is to build this community by utilizing the many talents we have towards socializing and helping each other out when needed. I am finding that many members want to do something in Bayshore.

I ask just about everyone I meet, but if I haven't asked you and you'd like to be a part of this group, please notify me at dc0126825@hotmail.com. The commitment is minimal.....no regular meetings, and simply lending a hand with things such as setting up those large round tables, helping out with specific events under the social committee's leadership, decorating or cleaning up, and things I haven't even thought of yet ...but will! You can accept or refuse any call for assistance and basically, help out maybe one or two times a year. So far, we have around 25 members. The goal is not a specific number, but to have the majority of this community help out with something every year!

Debbie Rautins,
Social Director, Bayshore Village Association

A Heart-Warming Story From Deb Wagner

Hi BV Residents,
Thank you for your concern about our foxes. Medicine is being put out at two locations and monitored.
To date, one of the foxes with mange has eaten some medicine. Another companion who has not shown signs of lost fur but travels with the sick fox has taken the medicine. We think that there is another one who has lost a lot of fur and still needs the medicine so we are continuing our efforts. Also they require two more doses over the next few weeks. Some people have asked if they can help with the cost of the medicine. If you wish you can send a donation " Bayshore Village foxes" Shades of Hope Wildlife Refuge, PO Box 87, Pepperlaw, ON, L0E 1N0 705 437- 4654. They have provided the medicine for free and some of us have given donations.
Deb Wagner
Latest news is that the foxes seem to be taking their medicine and hopefully will be alright.

Way to go Deb & BVA.

Hallowe'en Potluck Dance



There was a lot of dancing



Donna Wilson & Wayne Perzel

.....and some

Great



Leslie & Jim Fielding

Costumes



Linda & Jim Bridges

But Where's the Food?

The Big One-Sixty With Pat and Noel - Celebrating 160 Years of Birthdays

Pat and Noel Cooper celebrated 160 years of birthdays (that's 80 each) on Dec. 28th at the Hayloft. More than 90 people helped them to celebrate, representing not only Bayshore Village, but also Orillia's vibrant arts community, the Elderberries choir of Gravenhurst, and several family members. Noel's six grandchildren had a fine time parading up and down the stairs and generally being energetic. Then they helped Pat and Noel cut the big birthday cake before accepting healthy pieces for themselves, and then snagging all the little decorations from the cake.

The party was a success, especially because of the amazing helpfulness of several neighbours and friends, and particularly several of the students who have been taking Pat's bridge lessons for many months.

In addition to many bottles of wine, several lottery tickets (no jackpots!), and one charitable donation in our honour, we received almost 50 birthday cards. There was only one duplicate! Many of them were hand-made and beautiful. We intend to keep them and enjoy them again next birthday season. Many thanks.

We're both very grateful for our good health at this fairly advanced age. The ongoing adventure is to keep waking up every morning, and to appreciate what every day brings.



Sons: John, Andrew & Paul

Grandsons: Tom, Ben, Sam, Henry, Eli and Simon



Pat with her Stepson, David Beecham



The Stars of the Show



Simon, making like a Baby Yoda




Look out! The boys have the mic!




Noel with the boys and his niece, Sarah Hewitt, who came unexpectedly from Ottawa.



Cutting the Cake





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CPR/AED Training Course Friday November 8th, 2019

Under the auspices of the Simcoe Paramedic Service (Public Access Defibrillation program PAD).

Once again we held the annual training session for Members to learn to confidently perform CPR and operate an Automatic External Defibrillator(AED).

Under BVA's service agreement for our 2 AEDs, we have the benefit of an annual training session for up to 15 people (included in the Annual Service Agreement fee)

This year we had some members refreshing their knowledge of CPR and AEDs; and also new members who took the opportunity to learn this valuable life-saving skill.

The Bayshore Village AED (Automatic External Defibrillators) are located in cabinets that are clearly identified:

1: On the wall of the inner lobby at the Hayloft, conveniently accessible to anyone possessing a Bayshore swipe card.

All Bayshore residents are permitted to access the AED and take it to the site of an emergency.

2: The second AED is purposely positioned adjacent to our party room upstairs.

Each AED cabinet door is alarmed, only as an alert that the cabinet has been opened and the AED unit has possibly been removed. Our AED has no automatic connection to any of the emergency services. To summon emergency services **you must always dial 911, using the landline.**

(at the Hayloft, a telephone is located opposite the AED on the ground floor.)

Remember to use a "land line" telephone in such a situation if possible, because 911 is able to locate such a call even if you are unable to speak. It takes much longer to locate the source of a cell phone call.

The AED is a tool designed to detect if there is no regular heart beat and to administer a shock to start or steady the heartbeat in an unconscious person.

It is not a replacement to first aid CPR; it is an assist to a First Aider trained in its use.

HEART ATTACK WARNING SIGNALS AND ACTIONS

Learn to recognize the signals of a heart attack so you can react quickly and save a life.

Pain

-sudden discomfort or pain that does not go away with rest.

-pain that may be in the chest, neck, jaw, shoulder, arms or back.

- pain that may feel like burning, squeezing, heaviness, tightness or pressure.

In women, pain may be more vague: chest pain or discomfort that is brought on with exertion and goes away with rest.

Shortness of breath/ difficulty breathing

Nausea/Indigestion/vomiting

Fear/Anxiety

Cool clammy skin



The CPR Group



Mary Andrews & Nori try to figure out the AED



The AED



Nancy MacCormack and Irene Heinz hard at work

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Happy Hour Cocktail Party December 13th, 2019



Row one: Anne Turnbull, Brenda James, Brian Murray, Nora, Norm James, Artena & Randy Hutchison, Rick Matthews, Margaret Bisset, Catherine Plue, Eugene Storozinski, Donna Wilson, Keith Meadows, Bob Plue

Row Two: Lia deRoeper & Dave Traviss, Food Table, Betty Gow, Carol Spain, Terri Papa, Lisa Fox, Jim Law, Roy Starr, Kristina Frise, Julie Murray, Marg Sharpe, Susan Knox

Row Three: Rick Indewey, Mike Pappa, Carlos Cordeiro, Liew Quinn, Marg Sharpe, Marlene Quinn, Mary Andrews, Kathy Hutchinson, Paul & Anne Graham, Diane & Brian Cracknell

Row Four: Rod & Anne Turnbull, Pat Beecham & Noel Cooper, Lynda Bertrand, Pat Beecham, Starr Oswald, Debbie Rautins, Patti Rigby

Row Five: Terri Leatherdale, Dani Prinzen, Marielle Montemurro, Donna Wilson, Betty Gow, Doug Sellery, Victor Relvas, Mike O'Halloran,

Row Six: Rick Frise, Paul Rigby, Norm James Heading home, Ria & Robin Searle

Fall Fashion Show

The members of Beta Sigma Phi (Mu Eta chapter) wish to thank Bayshore Village for their support of the recent Fall Fashion Show, with fashions by Simply Special Originals of Washago. As a result of the generosity and compassion of our great community, we raised \$2,013.50 for the new and much needed Mariposa House Hospice. The five bed residential hospice will provide end-of-life care for terminally ill patients on a 2.4 acre treed lot at 1140 Brodie Drive in Severn Township. The hospice is close to achieving its \$3.5 million capital campaign fundraising goal, but will require further donations to fund completion and operating expenditures.



David Carson and Dr. Erika Catford (directors) receive the donation from Lynn McWilliam, Wendy Lucas, Patti Rigby, Jill Pignatell and Eva Stosch

Canada Day

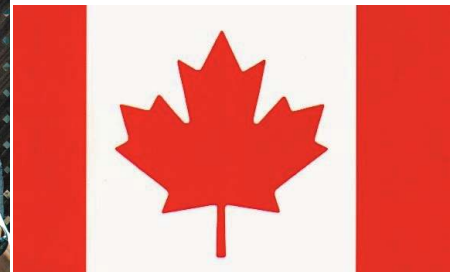
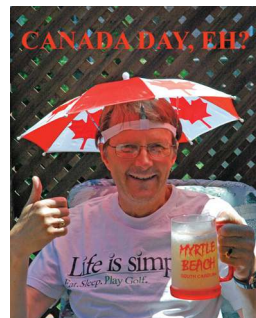
The True North is calling YOU! We all know what a fantastic event this is in Bayshore! It takes the most planning of any event we hold here and I commend all past directors who did such amazing jobs on this!

From the golfing to the fishing derby to hot dog lunch to face painting and children's games and races, there is something for everyone. The grandchildren show up in great numbers! And when the weather cooperates, there really is nothing to compare to celebrating the love of this beautiful country!

And so, we are asking early on for you to volunteer in some measure, large or small, to make this day everything and more! The more volunteers we have, well you know...the better it is all around.

Please contact Debbie Rautins

at dc0126825@hotmail.com by January 30 so we can begin planning our 2020 Canada Day Celebration!



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Brody The Cat

Many who know Deb and I, also know about Brody, our Bengal cat, and for those who don't, I hope you find this an entertaining read.

Funny how, through whatever reason, you become someone you never thought you would be, due to an unusual circumstance.

For me, it was at one of our social events when one of our new members said to me, while we were chatting and getting to know each other, "whose house did you buy and where do you live?"

He said they had purchased a house on Bayshore and named the folks who owned it previously. I said that I lived on the golf course and walk it quite a lot to which he said "oh you're the guy with the cat." Yup, that is my new identity, the guy who walks the cat.

So why do I walk a cat you might ask? Well, let me tell you. The Bengal breed is one unlike other domestic felines, classed as an exotic, more in character to a dog, but with a tinge of wild cat attached. At first glance, he resembles a leopard with similar spotted markings with added stripes which make him look tiger like. Very sleek and muscular, the breed does not get fat, so active that they constantly burn calories, which is why they need to be walked ... a lot!!!

Tree climbing is another enjoyment they inherited from their Asian leopard ancestors. No matter what type of tree, if it's there, it has to be climbed and explored.

Extremely smart, having a 5 out of 5 on the intelligence scale, they need to be challenged, so games are made up that push them to include both physical and intellectual interests. Brody loves to retrieve, like a canine. If you throw his favourite toy, he brings it back and this continues until he grows tired of this game and changes the rules to add a new level of excitement for him.

When most first meet Brody, one is a bit hesitant, as I suppose the leopard look can seem a slight bit intimi-

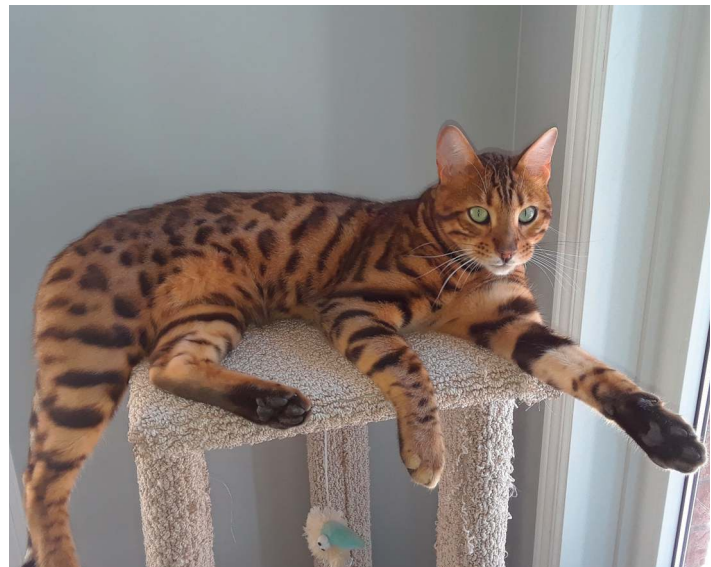
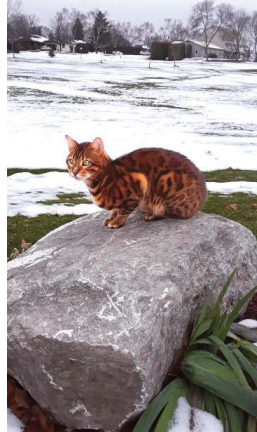
dating. Then, there's the growl. You see, Bengals don't meow like other cats. They have a low growl, which takes a bit of getting used to. Called "the Bengal growl", they love to communicate by talking to you through it. Bengals love people and attention. They are great with kids, as their temperament is very easy going and kids can match the energy level. He loves the grandchildren. We have many stories of antics Brody has both impressed and shocked us with, like the time he went from our basement into the attic by climbing up into the main floor joists, up between the drywall of our walls, until he got to the garage. Then he followed the soffits under the roofline and made his way into the attic. Crazy fun that was and he turned it into one of his games when I tried to get him down.

He likes to chase things, such as Canada geese. When they land on the golf course, he chases them into flight and away. Squirrels are another target, but he usually stops when they go up into the higher branches of the trees. As for the local resident golf course fox, I still think the fox can't figure out what the heck this speedy spotted thing running at full speed towards him is, so he just splits.

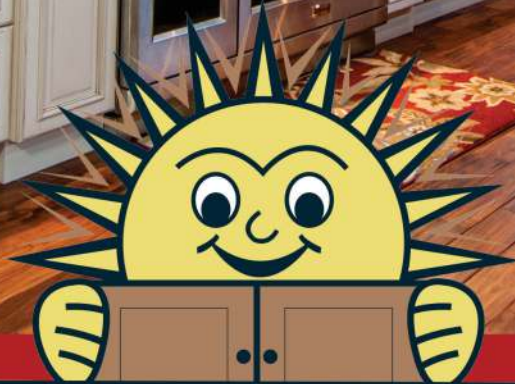
Neighbours still can't believe I walk a cat on a leash that follows at heel like a dog. If I give him lots of slack, or he lets me know he wants to run, and I let go of the leash, it is quite something to see how fast he can move. So, if you are out and about and see a guy walking a cat, that's me and if you want to come over to say hello, Brody would love to meet you.

Signed,

the guy who walks the cat or, Keith Meadows.



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BRIDGE NEWS

Bayshore has an active and enthusiastic group of Bridge Players. Ladies Bridge plays on Wednesday afternoons in the Great Room at 1:00 p.m. From April to November. General Bridge meets on Monday nights in the Card Room at 7:00 p.m. and during the winter months, Ladies and General Bridge combine to play on Wednesday afternoons at 1:00 in the Great Room. Men's Bridge meets on Thursday mornings at 9:00 a.m. in the Great Room.

If you are interested in joining any of these groups please contact the following people:

General Bridge and Ladies Bridge:

Pat Beecham-Cooper 705 484 0221,
beecoop@cottagecountry.net

Men's Bridge

Dave McVie 705 484-5412,
david.mcvie@bell.net

If you are interested in learning to play bridge, or brushing up because it's a long time since you played, Pat Beecham-Cooper offers bridge lessons on most Friday mornings from 11:00 -1:00 in the Great Room. Please contact her at 705 484-0221 if you are interested.

Ladies Bridge and Combined Bridge each play

20 games a session; Men's Bridge and General Bridge each play 24 games a session. Thus, you may see higher scores when more games are played!

We welcome new players!

Here are the results for **General Bridge** from Oct. 1 to Nov. 11/19

| | | |
|----|--------------------|------|
| 1. | Nancy Wallingford | 6010 |
| 2. | Nancy Wallingford | 5280 |
| 3. | Patti Norris Rigby | 5040 |

Here are the results of Ladies Bridge from Oct. 1 to Nov. 13/19

| | | |
|----|-----------------|------|
| 1. | Maria Saringer | 5080 |
| 2. | Fran McVie | 4560 |
| 3. | Ken (dra) Jones | 4310 |

The two groups combined from Nov. 20/19 to Dec. 18/19. Here are their results:

| | | |
|----|-----------------|------|
| 1. | Noel Cooper | 6350 |
| 2. | Noel Cooper | 5330 |
| 3. | Claudette Smith | 5090 |

Lloyd Lockhart scored 6060 points at men's bridge on Dec. 5.

We have an extraordinary number of December birthdays among our bridge players, including present and former members who still come on occasion and play as guests These are the birthday celebrants: Mary Andrews, Pat Beecham-Cooper, Noel Cooper, Karen Jones, Fran McVie, Marj Melhuish (guest) and Anna Zwicker (guest). So, we had to have a little celebration on the last bridge before the holidays. Here are some pictures:



Pat Beecham-Cooper



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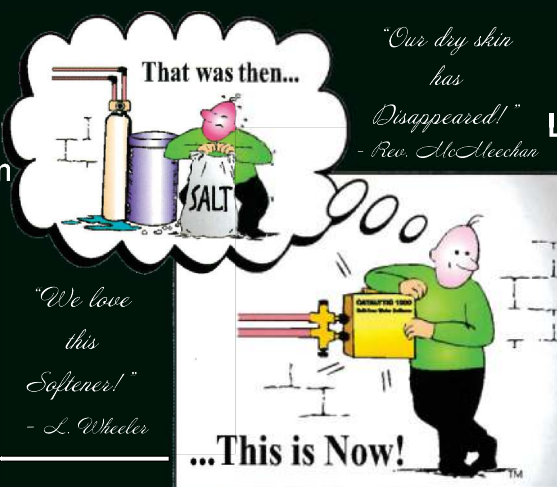
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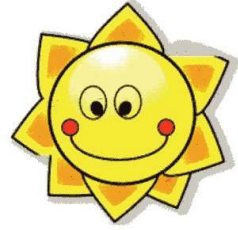


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¹The Best Kept Secret in the water industry is the high level of sodium that salt-softeners add to tap water.

It's Always Sunny in Bayshore



Q: Why did the nurse keep a red pen at work?

A: In case she needed to draw blood.

Apparently someone in London gets stabbed every 52 seconds. Poor guy.

A man is late for an important meeting but he can't find a place to park. In desperation, he begins to pray. "Please Lord, if you help me find a parking spot right now, I promise to go to church every Sunday and never drink vodka again!" One second later, he sees the perfect spot open up right in front of the entrance. "Never mind. Found one!"

My dog ate all the scrabble tiles. He keeps leaving little messages around the house.

So what if I can't spell Armageddon? It's not the end of the world.

Laughter is my drug (and sometimes Tylenol if I have a really bad headache). I will do and say anything to get someone to laugh. When I was 16, I jumped onto the hood of my slow-moving friend's car (the car was slow-moving too), pretending that she had hit me. As I slid dramatically off the front of the car, the sharp corner of the license plate sliced my leg from the top of my thigh to my knee. I was wearing my school kilt at the time and my thick, white leotards ripped open and I was bleeding badly. Along with tetanus, I got a huge laugh and that was all that mattered. The scar eventually faded but not the fond memories of that day. I can still hear the laughter. And then the gasps. But mostly the laughter.

When I saw my first strands of gray, I thought I'd dye.

Don't interrupt someone working intently on a puzzle. Chances are, you'll hear some crosswords.

A woman walks into a library and asks if they have any books about paranoia. The librarian says, "They're right behind you!"

A rancher was minding his own business when an FBI agent comes up to him and says, "we received a tip that you may be growing illegal drugs on the premises. Do you mind if I take a look around?"

The old rancher replies, "That's fine but you shouldn't go over there, though." As he points to one of his fields. The FBI agent snaps at him, "I'm a federal agent! I can go wherever I want!" With this he pulls out his badge and shoves it into the rancher's face.

The rancher shrugs and continues with his daily chores. About 15 minutes later he hears a loud scream from the field he pointed out earlier. Suddenly he sees the FBI agent sprinting towards him with a large bull on his heels. The rancher rushes to the fence and yells, "Your badge! Show him your badge!"

A magician in Mexico tells his audience he will disappear on the count of 3. He says, "uno, dos..." *poof* He disappeared without a tres.

A woman walked up to me and said she recognized me from a vegetarian restaurant. I was a little bit confused. I had never met herbivore.

My father has the heart of a lion. And a lifetime ban at the zoo.

Joseph is learning how to drive. I'm terrified. My biggest fear is that he has inherited more of my driving aptitude than Joey's. Joey is, as he will tell you, a gifted driver. A few years ago, we were the fourth car in a funeral procession. Coming upon a fresh red light, the hearse at the head of the motorcade stopped abruptly causing the mourners' limousine to plow into its back-end. The third car was similarly unable to stop in time and crashed into the back of the limo. This chain reaction would have continued if Joey, always knowing what's around him at all times, hadn't swerved into the empty left lane giving my dad (the driver of the fifth car) enough room and time to avoid a collision. The chauffeurs of the limo and

It's Always Sunny in Bayshore

hearse were appropriately 'mortified' but many of the mourners found the situation amusing, knowing that my hilarious grandmother (the occupant of the casket) had somehow orchestrated the whole thing. She loved practical jokes and this accident had our "laughing grandma's" fingerprints all over it. At the scene of the accident we joked to slack-jawed rubberneckers, "It's okay, she's already dead."

Unlike Joey, I am a reluctant driver who, like Miss Daisy, would prefer to be chauffeured. The morning after a party sometime in grade 12, I walked into school and was greeted by my friends chanting my name. I was super-popular so this in itself was not unusual. Apparently, when I left the party, I had backed my car out of the driveway and straight into a car parked across the street. I then proceeded to drive away as if nothing happened. To this day, I have no idea how I wouldn't have heard or felt the impact. After this incident, there were many more: driving the family van into a ditch after clown-school (okay, so I may have exaggerated my popularity); scraping the entire side of a different van in an underground parking lot; hitting a car while parking, despite my mother giving me multiple warnings to STOP THE CAR!!!; and most recently, destroying reflective driveway markers while backing out of my (in my defense, oddly shaped) driveway.

I should've known I wasn't ready for my license when on my second attempt, the tester gave me the evaluation form but wouldn't release his grip. The joy I felt when he said, "you passed" was quashed when he continued with "but barely".

I'll leave you with a quote from Jack Handey: "If trees could scream, would we be so cavalier about cutting them down? We might, if they screamed all the time, for no good reason."

Keep Smiling Bayshore!
Torchia

L a u r e n

Jokes from: ranker.com, goodriddlesnow.com, boredpanda.com, chartcons.com, rd.com

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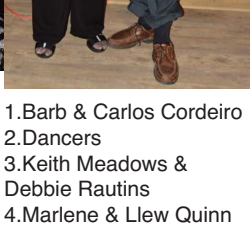
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New Years Eve 2019



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Row Two: Bruce McWilliam, daughter, Lynn McWilliam, Debbie Rautins, Keith Meadows

Row Three: Carlos Cordeiro, Rhonda Wallace, Dave Renaud, Randol Smith, Connie Bowman-Smith

Row Four: Darlene & Rick Tarullo, Laura & Walter Malarczuk, Ted & Carol Spain

Row Five: Emily Murua, Gary Millward, Paul Rigby, Patti Norris, Gunther Gratzner, Laurel Dewar-Gratzner

Row Six: Fran & Dave McVie, Jim & Linda Bridges

Row One: Jack Heitzner & Kate White, and guests

Row Two: Keastner & Romaine Dawkins, Romaine's sister

Row Three: Wendy & Glenn Lucas

Row Four: Debbie, Steve, Marilyn, Lesha, Kathi

Row Five: Karl Kampe, Carol Rosa

Row Six: Kathy & Brian Hutchinson

1. Barb & Carlos Cordeiro

2. Dancers

3. Keith Meadows & Debbie Rautins

4. Marlene & Llew Quinn

New Hayloft Director



Anne and Rod Turnbull are celebrating 34 years of marriage this year and their new beginnings, living in Bayshore village. They have been members of the association since purchasing the property on Sandlewood Trail 4 years ago. However, commitments in Waterloo, their home of the past 30 years, did not allow for an immediate move. One of the major items was the marriage of their eldest daughter, Carly, early in 2019. They now live half way between Carly, in Waterloo, and Shannon in Northbay. Both girls and their partners have already been frequent visitors since their move and the help with the move and renovations has been greatly appreciated.

Anne and Rod were members of a beach community in Innisfil in the 1980's where they enjoyed the benefits of the water front and all of the social activities that went along with the community. There were many similarities with Bayshore which was another reason for making the move as soon as they could manage. During the Innisfil years, they enjoyed rescuing, refinishing, and finally sailing an Olympic class racing sailboat. The cottage in Innisfil was an escape from their professional lives in Brampton, where Anne was employed in Corporate Finance and Rod built a career in the Environmental industry.

Moving to Waterloo during the 1990's allowed them to raise two daughters and be close to the tech boom of the early 2000's.

Anne retired from the University of Waterloo School of Computer science as the financial officer. Rod travelled across north America during that time as a special projects manager for a multi-national hazardous waste company.

Rod retired for a few years, but went back to pursue a job as a greenskeeper at a private golf club in Kitchener. He learned a lot about cutting grass and they both look forward to contributing to and enjoying all that Bayshore has to offer.

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Recipe Corner: A Couple of Soup Recipes From Diane Stoner

"Baby It's Cold Outside"

Here are some soup recipes to warm you

Squash Soup

- 1 large onion
- 1 medium sized butternut squash
- 1 large sweet potatoe
- 1 carton of vegetable broth (900ml)
- 1 can of coconut milk
- Salt and pepper
- 2 tsp cinnamon
- 1 tsp nutmeg



Best of Bayshore Cookbook
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1. Chop onion, peel and chop squash and sweet potatoe.
2. In large soup pot or stock pot saute onion in olive oil. Add squash and sweet potatoe. Cook for a short time and then add vegetable broth. Bring to a boil and then turn down heat and simmer until vegetables are soft. (If it seems too thick just add a bit of water).
3. Cool slightly and then puree with hand blender or in blender.
4. Add salt and pepper to taste. Add cinnamon and nutmeg and coconut milk. Blend well and serve hot.

Hamburger Soup- makes a large amount

- Cook together:
- 1 pound of hamburger
 - 1 large onion, chopped
 - 3 celery stalks, chopped

- Add:
- 1 large can of diced tomatoes
 - 1 carton of Fire roasted Sweet pepper & tomatoe soup by Campbell's
 - 2 cartons of vegetable broth
 - 1 can of lentils, drained
 - 2 cups of frozen green beans
 - 3 carrots, peeled and chopped
 - 2 potatoes, peeled and chopped
 - 1 cup of chopped cabbage (optional)
 - 1 cup of mushrooms, chopped
 - Salt and pepper to taste



In large soup pot saute hamburger, onion and celery until the hamburger is cooked through. Add the rest of the ingredients and cook until the potatoes, carrots and cabbage are tender.
Serve hot and enjoy.

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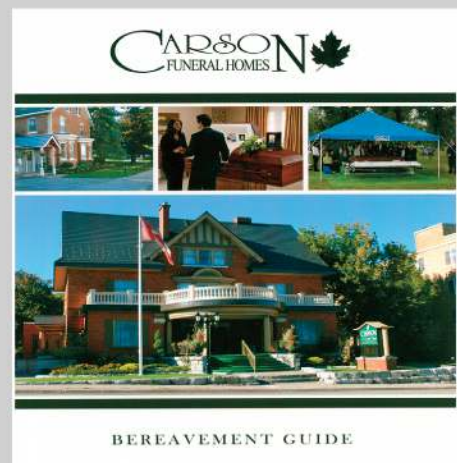


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CREATIVE ARTS REPORT WINTER 2019-2020

Be sure to drop into the card room and look at the latest show in our Art Gallery. The current show features Patricia Beecham on the featured wall, and Lynda Bertrand, Marilyn Goulter, Susan Hazlitt, Maria Saringer and Barbara Schmidt on the group wall. This show will run until about January 17th, and Jacquie Ivory will be the featured artist from January 17th until early March. The reason for the extended time is twofold. The monthly changeover would normally have been between Christmas and New Years', and with so many people away right now, we thought we would extend the shows a bit. We will get back to monthly shows by April. If any artist would like to be the featured artist for a month, please let me know (beecoop@cottagecountry.net or 705 484-0221)

Doug Cooper's popular acrylic classes resume on Jan. 15th in the card room. For registration and information, please contact Lia de Roeper at 705 484-1146 or liaderoep@gmail.com

We have new people moving into Bayshore all the time. If you are a new resident interested in being included in the art activities at Bayshore, please contact me at the above address. If you are a long-time resident who has found their creative soul and would like to get involved, please contact me.



**Pat Beecham
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Group Wall
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Maria Salinger and Barbara Schmidt

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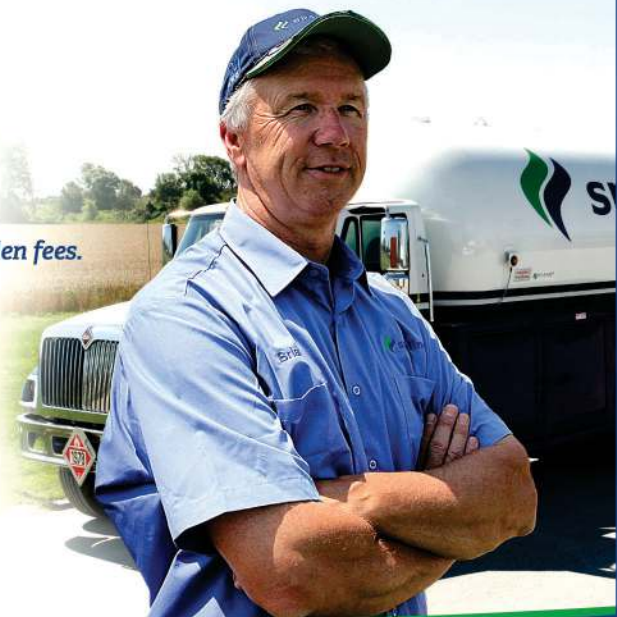
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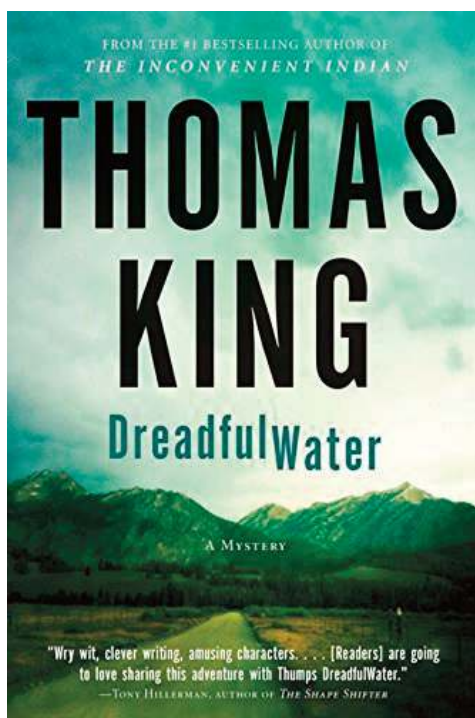
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Book Review : Dreadful Water



Thumps DreadfulWater is a Cherokee ex-cop in this comic mystery novel. Retired from the police, he's trying to make a living as a photographer in a small town somewhere in north-western USA. Here's a sample: When the alarm bell began ringing, Thumps DreadfulWater-

went looking for the clock with his elbow. It was one of those old-fashioned clocks that had to be wound. He didn't remember winding it – in fact, he hadn't wound it for months... So, he was relieved to discover that the noise that had woken him was the phone and not the clock. Thumps wrapped the quilt around his head and rolled over on the cat...

"I'm not in right now."

"Thumps, it's Ora Mae."

"Leave a message."

"You don't have an answering machine."

"And I'll get back to you."

"Quit fooling around. I'm out at the lodge."

"Wait for the tone."

"I found a dead body," said Ora Mae. "Sherriff says to bring your camera."

The corpse was found and photographed reclining in a leather La-Z-Boy, gazing (as it were) at the scenery outside the window of an expensive condominium apartment.

Thumps, of course, gets involved. (The weirdness of his surname, the title of the book, is never explained.) The bodies pile up; the clues get discovered bit by bit. The solution is believable, but I wasn't smart enough to predict it. The book was fun.

Noel Cooper



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Welcome to 2020, a new decade! Perhaps a resolution will be to come and visit your library, or learn something new! We can't wait to meet and see you. Check out the great upcoming programming happening in January at Your Library™. Please note that all programming requires pre-registration and takes place at the Ramara Centre branch. For program descriptions or to see children/teen programming, please visit our website, see our mailed newsletter, contact us, or drop by either branch.

CALENDAR CREATING @ YOUR LIBRARY™

Saturday, January 25th @ 10:30 AM | Cost: \$15.00

RUSH TO DANGER, MEDICS IN THE LINE OF FIRE - WITH AUTHOR, TED BARRIS

Tuesday, February 11th @ 6:30 PM

MEDICALERT CONNECT PROTECT, WITH OPP STAFF SERGEANT JULIE RANDALL

Thursday, February 13th @ 2:00 PM

JAVASCRIPT ESSENTIALS

Saturdays, February 15th - April 11th @ 12:30 PM

LET'S TALK SEX WITH TINA!

Thursday, February 20th @ 6:30 PM Youth 14+, adults and seniors, all genders are welcome!

UNDERSTANDING VAPING

Thursday, March 5th @ 6:30 PM, Ages 14 +

MOONCHILD MEDIUM

Saturday, March 7th @ 10:30 AM

ELDER MEDIATION WORKSHOP...GROW THROUGH WITH WHAT YOU GO THROUGH

Thursday, March 26th @ 6:30 PM

CANNABIS 101

Tuesday, March 31st @ 4:00 PM

Did you get a new tech gadget for Christmas and need some help setting up? Why not contact your library to book a 1-1 appointment with a librarian. We can also help you access eMagazines, eBooks and eAudiobooks on your tablet, iPad, phone or other device. Contact us to book this opportunity.

Have you checked out our extensive list of eResources? For free, with your library card, you can access crafting patterns, car repairs, appliance reviews, genealogy records, computer tutorials, health articles, home improvement plans, legal advice, language lessons and more!

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TRICK OR TREAT WENT BACK TO THE STREET! - Organized by your Social Committee

Despite the weather and population of children in Bayshore of age to trick or treat, this evening was a success! Brenda James was of great assistance in obtaining 12 homes on Parklane to participate. Thirteen very happy children and teens received handfuls of treats! I am grateful to Parklane residents and the parents of the children who participated in this new initiative. The parents of the young ones told me it was just enough. It ran from 6:00 pm-7:30 pm. The residents also seemed to enjoy the children thoroughly! Thanks also to several people who donated candy and Starr Oswald for the great poster!



Mystery Trick or Treaters

I received some feedback from parents on how to make this night even better and some who offered their assistance in 2020. Perhaps a house super dressed up as scary? Next year I am hoping a street will come forward and volunteer an hour or so to hand out the treats. It was truly a great experience as all could see the excitement in the children's faces . I still smile with the memory!

Article and Pictures by Debbie Rautins



I was able to get a few photos of my son Meyer trick or treating in Bayshore this evening. It was nice to have some houses that we could walk to instead of driving and the rain held off too!

Article and Pictures by Isabelle Payne

The Bayshore Village Golf Tournaments for 2020

The 2019 Bayshore Village Golf Tournaments were the most successful to date. However, our Golf Committee is striving to improve your Golf experience even more! So, mark these dates in your calendar. You don't want to miss out on this year's events.

The Bayshore Village Classic
Saturday July 11, 2020

The Bayshore Village Ryder Cup
Saturday September 12, 2020



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Trip of a Lifetime - Beyond the Arctic Circle - by Sharon Seaward

It was a late September day at the airport in Fairbanks, Alaska. I was a mere three hour flight from my final destination which was north beyond the Arctic Circle.

I was one of 8 passengers on board. We basically all had a window seat, which was wonderful, as the views were spectacular. We were able to see, first hand, the vast open space of Alaska's northern region. We flew directly over the Brooks Mountain Range before we approached the flat lands near the Beaufort Sea. As I stared out the window, there it lay, in the distance on Barter Island, my final destination, Kaktovik.

Kaktovik is a small Inupiaq Eskimo village on the north slope of Alaska with a population of about 210 people whose subsistence depends upon traditional caribou and whale hunting.

Once I got settled into my room and had some lunch, I was greeted by "Moomoo". She was a born and raised local Kaktovik resident that I had pre-arranged to share a walk around the village with. This part of my journey was particularly important to me because I felt that as a guest in the community the least I could do was to learn about who the Inupiaq were as a people and their ways of life.

During our walk I had only 2 requests of her: 1) if possible, I wanted to meet one of the elders of the village, as I felt that was one of the most respectful things I could do and; 2) to meet one of the school teachers. I had gifts to share with the school children. Lucky for me, Moomoo's mom was one of the elders and her daughter was a teacher at the school so, needless to say, my two requests were equally met.

I learned that the Inupiaq people, which they prefer to be called rather than "Eskimo", have an annual quota of three bowhead whales to share amongst the community. Unfortunately for me, I was about a week too late to witness the final hunt and the carving of the whale to extract the meat for distribution.

However, during our walk I did see the results of the whale hunt as there was a large collection of baleen to view up close, and I also managed to witness the butchering of 3 caribou that were just brought in by her sons.

She warned me that I might not be able to visit with her mother as her mom was generally reluctant to spend time with the "outsiders." However, I felt honoured because when I arrived, she agreed to let me come into her home.

When I entered, there she sat on the kitchen floor, with a saw and several of her ulus, which is a type of local knife. She was in the midst of carving up what appeared to be the hind leg of the caribou that her grandsons had just hunted.

We engaged in a brief conversation about where I was from and the purpose of my trip and then she allowed me to photo-

graph her. I was grateful, because to me, these photos helped capture the essence of how they live and the things in life that they depend on to survive. I returned the next day, as I wanted to gift her mother with some herbal tea, chocolate and a bag of fresh mandarin oranges that I had purchased in Fairbanks.

Having enquired before I arrived, I knew that fresh fruit would be the most welcome gift I could bring. I purchased 20 pounds of those little oranges before my last flight north. Those who received them were extremely grateful as the cost of anything in Kaktovik is absolutely ridiculous – especially fresh fruits and vegetables.

Moomoo and I walked around the village, she with her hand crafted wolf hat and me with my little polar bear hat. We discovered that we were the same age, 56, and somehow found a sense of kinship between us. She taught me a traditional game and proudly shared some crafts that she and her daughter had made.

The polar bear hat I wore throughout my stay until the last day when I donated 2 of them to the local school along with some of the oranges and a few other

treats that I had brought for the children. The hats I thought would be a good tool to help teach the young ones about polar bear safety through role playing. When I delivered the gifts to the school, it came as no surprise to find that the head secretary was also the town Mayor. She appreciated the gifts I brought and thanked me for my interest in her village.

Before I handed over my polar bear hat it is important to acknowledge that it was that very item that helped me to establish my very own Eskimo name. Yes, one of the local residents that I met and spent some time with, a gentleman who they called "Papa," gave me the name "Nanaiyaaq" (Na-nai-ya-aq), which means "little or baby polar bear". Needless to say, I was absolutely thrilled!

It was a very enjoyable afternoon with Moomoo. I walked away feeling totally enriched and very comfortable in the village and, in turn, the people of Kaktovik seemed comfortable with me.

Time was drawing near and we had to part ways as I was being picked up at 3:50pm to go out on the boat. This, in truth, was really what brought me up to Kaktovik ... polar bear viewing.

For as long as I can remember, I've wanted to see the largest land predator in its home environment. Unfortunately, I believe that the polar bear are likely to become extinct as the environment that has supported both the indigenous people and polar bears for thousands of years is shifting. With climate change and our ever changing landscape our polar bears are at great risk.



Kaktovik



..... Beyond the Arctic Circle cont'd

Their populations are dwindling and according to the locals, they are seemingly getting smaller in stature.

It has been reported that changing pack ice is shortening the polar bears' hunting season and is inhibiting the ability of the Inupiaq hunters to intercept migrating whales. They say that sea levels are rising and coastal shores are eroding. I've read that low lying arctic communities, like Kaktovik, are at risk of flooding and that the bears are losing their den sites. The primary concern, at this time, is for the polar bears as they, unlike the adaptability of the Inupiaq people, have a more fixed behaviour so their chances of weathering the changes are slim.

All that information aside, the trip of a lifetime was just about to begin. I boarded a small boat that carried 6 passengers and the captain. From the shores of Kaktovik, we headed out to the shallows of the bay just beyond the village.

During my stay, I observed the polar bear on 4 occasions, for a total of 12 hours. We were on a boat with cool and damp -8C conditions. We had no snow, but it was pretty darn chilly. My toes and finger tips suffered the most as I spent a great deal of time out in the fresh air trying to capture as many photos as I could. Happy to report that I shot well over 2,000 photos during my time viewing the bears and have many favourites to add to my personal collection.

My first sight of the polar bear was amazing. It was a mother snuggling along the shore-line with her two young cubs. I'm sure you can only imagine how that took my breath away. I was awe struck. It has been said that many visitors and hobby photographers crave the trophy shot to validate their experience and justify the expense of the trip, each with their own agenda, but everyone actually wanting the same thing.

Everyone wants to capture a mom and cubs feeding; cubs playing in the water; and bears looking right at you through the lens of your camera. I was one photographer who managed to gather a beautiful range of photos including all of the above mentioned and several others. I was in polar bear heaven...if there is such a place.

On the way back to shore, our boat passed the old whale bone pile, which used to be a means of scavenging for the polar bear while they waited for the ice flows to come closer to shore. In previous years, the community used to pile the whale bones after they removed the essentials. The pile is located at what appears to be a safe distance away from the village. However, they no longer practice this. They now push the bones directly into the sea in hopes that the polar bear and villagers will have less unwanted interaction.



From late August to mid October there is a polar bear patrol that operates 24/7 to help protect the residents and the bears. I witnessed the sound of fireworks going off in the middle of the night, which suggested that there was a bear close to or perhaps in the community. I also saw, first hand, a mother and her two cubs out behind the inn around 7:30 in the morning the first day I awoke to prepare for the day ahead. It was a little scary, but exciting at the same time.

I can't express enough how the polar bear is truly a majestic creature. We are so very blessed to share the world with such a large, yet somehow graceful, beast. Their paws were enormous. Their jaws, when opened, looked so overwhelmingly powerful. And their eyes, although seemingly gentle, pierced right through you should you be so lucky to have them look your way.



Along with the polar bears I was lucky enough to also witness the Aurora Borealis. I felt privileged to see it as, it too, is a symbol of the north.

By the end of my stay, I accomplished several things.....I got to see well over 40 polar bears; I met several of the local people, including an elder and a teacher; I got an official Eskimo name; I saw the Aurora Borealis and, most importantly, I was able to check off a long awaited item from my bucket list, having viewed the polar bear in it's natural environment.

When I returned home and downloaded the photos from my camera to my computer my eyes literally welled up with tears. I couldn't believe that I had done what I've been dreaming of doing for so many years and all of it took place **beyond the Arctic Circle.**



Is the sun setting on the Polar Bear?

Ladies' Luncheon December 3rd, 2019



The Ladies Christmas Luncheon was held on December 3rd. This was an extra event taken on by the Social committee for this year. Five members from the committee and five members from the Auxilliary, plus many others, volunteered at the luncheon. It was catered by Robert Wilson of Robert Dale's Charity Catering. There were some activities such as Bingo, door prizes, 75/25 draw, and a food bank drive. The ladies donated 516 pounds of food to The Sharing Place! Four hundred dollars was raised from the draw and the generous winner gave her portion back to our cause. All in all, we raised \$1000 for the breakfast programs at our two local public schools, Brechin and Uptergrove.

Ticket sales numbered 90. (My apologies for some burnt crusts..... and I heard that some of the soup was warm at best. We learned two things...shallow bowls make for soup cooling down fast and we must use warming trays for some foods instead of the ovens!) We do our very best to make everything perfect but alas, sometimes mistakes are made and we certainly learn from them! The most important thing to me was that we gathered and supported some very needy causes.

Thank you to the ladies of Bayshore for attending. A special thank you to Linda Bridges, Iris Storozinski and Lisa Fox for their time and passion regarding this event and for supporting the children of our community.

*Debbie Rautins,
Director of Social*

Making the presentations:



Iris Storozinski, Linda Bridges,
Julie Kelsey-Brechin PS, Debbie Rautins

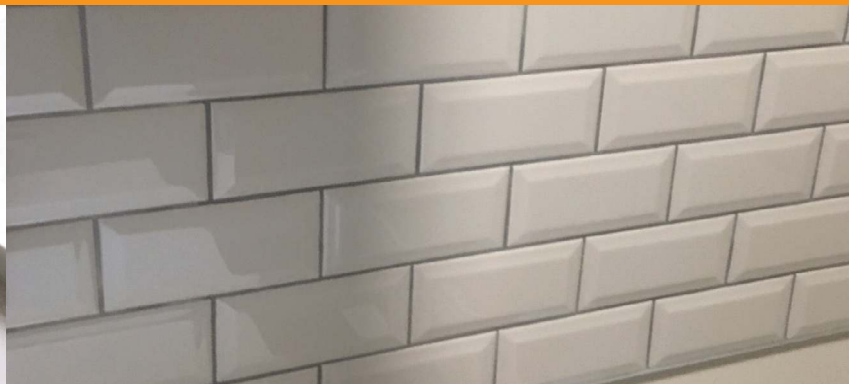


Linda Bridges, Kim Boychoff- Uptergrove PS,
Iris Storozinski, Debbie Rautins

Pictures by: Crafty Ivory, Debbie Rautins,
Janice LaTorre and Susan Hazlett



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Bayshore Village Car Club Wrap-Up

2019 was the second year of the upstart Bayshore Village Car Club. Members participated in over 10 events that included a long distance, world renowned, Woodward Dream Cruise.

Although I do not have the exact numbers, the Woodward Dream Cruise attracted over 2 million participants in 2018, and from all accounts, 2019 exceeded that stat. Held in Detroit each year for over 25 years running, car enthusiasts the world over can view and reminisce about the cars they or their Dad owned, their Uncle or Aunt owned, or in my case, that 1970 Mustang Mach 1 I first saw when I was 11 years old. The weather was great and we enjoyed seeing all the sights and met many other local residents who also journeyed to see this show.

The Canada Day parade was the most attended event of the BVCC. I think Bayshore residents enjoy seeing our cars in the parade and this adds another dimension.

The Weber's BBQ show in Washago was a great hit again this year with over 400 cars being displayed in the 3rd and final show. Free ice cream brings out the members!!! Great prizes were won by BVCC members, and a Weber's burger and fries is always a treat.

Our 2019 year ended with a fall color cruise up through Bala, Gravenhurst for lunch and then back to the village. The fall colors were vivid and full sunshine made the cruise lovely including the rough patch of road on part of the journey.

Jim Schulz



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Kate WhiteC21



-katewhite_c21

*Volunteer for Bayshore Pool & Advertising
Member of Brechin and Beyond Committee*



Each office is independently owned and operated.

*Kate White has been a member of
Bayshore Village since 1975*

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Second Annual Volunteers Celebration October 10th





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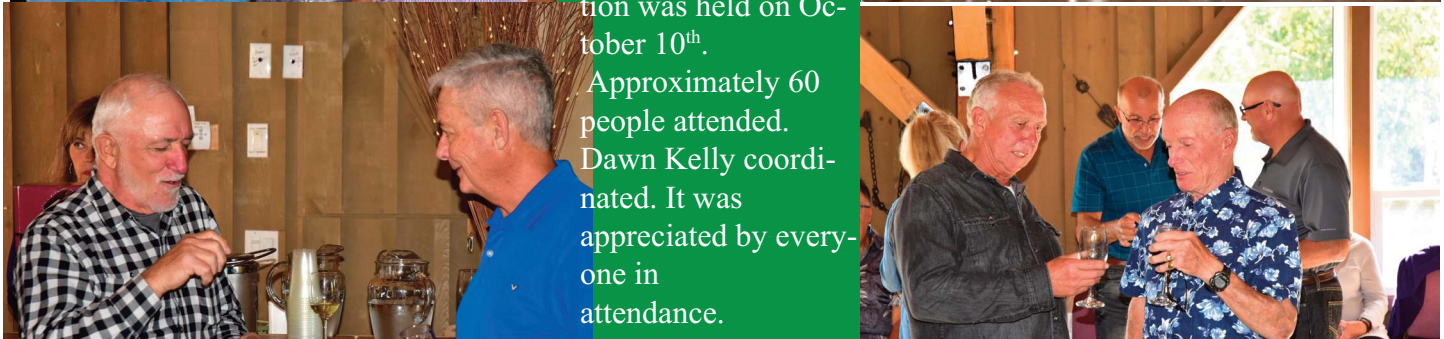
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VILLAGE SERVICE DIRECTORY

Second Annual Volunteers Celebration October 10th



Our Volunteer Reception was held on October 10th. Approximately 60 people attended. Dawn Kelly coordinated. It was appreciated by everyone in attendance.



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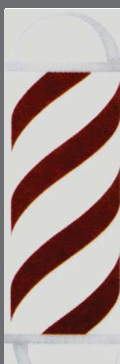
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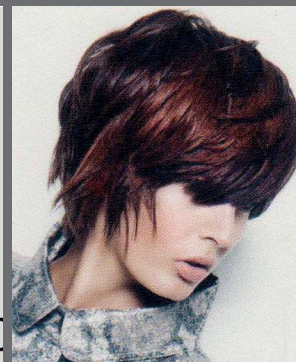


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Add Sprouts to your diet

One of the most nutritious foods to add to your diet is sprouts. They are an authentic “super” food that many overlook. In addition to their nutritional profile, sprouts are also easy and fun to grow in your own home as they don’t require an outdoor garden.

They can contain many times the nutrition of organic vegetables grown in your own garden, and allow your body to extract more vitamins, minerals, amino acids and essential fats. The sprouting process somehow seems to make the absorption of minerals (such as calcium, magnesium and many others) much more effective. Many health practitioners do not favour supplements for this reason – they say that they simply pass through you and are wasted. Eating foods that are living (like nature intended) generally results in excellent absorption. In addition to the absorption issue, supplements are generally very expensive, compared to sprouting.

Furthermore, both the quality of the protein and the fiber content of beans, nuts, seeds and grains improve when sprouted. The content of vitamins and essential fatty acids also increase dramatically during the sprouting process. Sunflower seed, broccoli and pea sprouts tend to top the list of all the seeds that you can sprout and are typically each about 30 times more nutritious than organic vegetables. Sprouts in general have the following beneficial attributes:

Provide excellent support for cell regeneration.

Are powerful sources of antioxidants, minerals, vitamins and enzymes that protect against free radical damage.

Have an alkalizing effect on your body, which is thought to protect against disease, including cancer.

Are abundantly rich in oxygen, which can also help protect against abnormal cell growth, viruses and bacteria that cannot survive in an oxygen-rich environment.

Planting and Harvesting Sprouts at Home

The traditional way to grow sprouts is in jars, but actually growing them in shallow trays filled with soil is far easier and produces an abundance of food. It is also less time consuming. There are a host of products available that water the seeds and sprouts automatically, ensuring

Milestones: In Memorium



It is with heavy hearts that we announce the passing of Paul's dad, Doug Stoner, on January 2nd at the age of 88. He was the most amazing man - loving, wise, compassionate and had a real sense of humour. He will be missed by his wife of 66 years, his 5 children, his 9 grandchildren and his 11 great grandchildren.

He will be always in our hearts. 💕💕

We have included a picture of him from his navy days.

Diane Stoner

that they always remain moist. This eliminates having to remember to check and/or water your sprouts, one of the reasons that people give up.

Two favorites are pea and sunflower sprouts. They provide some of the highest quality protein you can eat. Sprouted sunflower seeds also contain plenty of iron and chlorophyll, the latter of which will help detoxify your blood and liver. Of the seeds, sunflower seeds are among the best in terms of overall nutritional value and sprouting them will augment their nutrient content by as much as 300 to 1,200 percent! Similarly, sprouting peas will provide tasty and nutritious salad greens. Other common seeds for sprouting include alfalfa, fenugreek, lentils, radish, and red clover. Almost any seed can be used but some may not be a taste that you or your family likes.

Most of us in North America depend on fresh produce that is transported across half a continent. Though we may garden in the summer, winter stops all but the most dedicated, or most southern, gardeners. Home sprouting can supply delicious fresh food, without the environmental drawbacks of the Mega-farm produced fresh produce, and at a fraction of the cost. Sprouting at home takes only a few seconds a day and can produce a good part of your daily requirements of the nutrients you need from fresh produce. The hassles are minor, the costs are low, and the freshness is wonderful.

Give it a try!

Steve Goulter

Kendal Coal

A New Year's Eve Family Tradition

My family on the maternal side came from France following William the Conqueror and settled in the beautiful lakes region of England in the lovely town of Kendal. The name was Machel.

My ancestors were blacksmiths, were highly respected and were upholders of the law and permitted to marry couples, because they could travel from town to town. Mining was an important industry, hence the coal.

In 1907, my great great grandmother emigrated to Canada and with her she brought a piece of Kendal coal. On New Year's Eve, you had to select a tall, dark-haired man to carry the coal; hair as dark as possible, but red heads were considered unlucky. At the stroke of midnight, the man would walk around the house carrying the Kendal coal, repeating this prayer: "May your troubles be less and nothing but happiness come through your door. Bless this house and all who dwell within her." Upon reaching the front door, the man knocked three times and greeted the master of the house by saying: "A Happy New Year and Glad Tidings to you", upon which he was given a glass of whiskey and all guests enjoyed a toast. This was followed by everyone singing Auld Lang Syne.

My Aunt Nora, age 90, remembers this tradition being kept for many years after. Other countries have a similar tradition. The Scots also add shortbread to theirs and the Welsh add a bible. Another interesting fact is Kendal Mint Cake which is an essential part of the supplies on all major expeditions throughout the world. Kendal Mint Cake was carried to the summit of Mount Everest on May 29, 1953. Here is a quote from a member of the team.

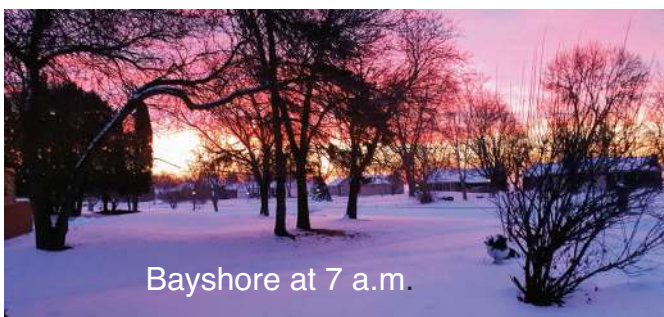
"We sat in the snow and looked at the country far below us.....and nibbled Kendal Mint Cake." Another wrote: "Kendal cake was the most popular item on our high altitude ration – our only criticism was that we did not have enough of it."

It contains sugar, glucose syrup and oil of peppermint.

I hope you have enjoyed this bit of history and tradition.

HAPPY NEW YEAR,

Brenda James



Bayshore at 7 a.m.



New Neighbours
on Park Lane

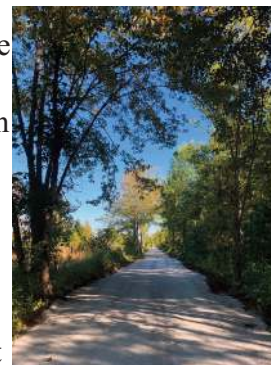
Pictures by Brenda James

Ramara Trails Committee

I wanted to send you some information about the Trails Committee work to date and the donation of screenings by LaFarge for this section of trail. I believe that your members would find the information interesting and I'm hoping that you can include it in the next issue of the Banner. I've also attached a couple of photos in case you might have room to include them.

The Ramara Trails Committee has been working hard to develop the Ramara Trail around Lagoon City this past summer and fall. After a volunteer crew helped to clear out brush along the proposed route, new culverts and a new bridge were recently installed and the trail was then finished off with a fresh bed of limestone screenings donated by Ron Graham and his staff at LaFarge. The trail runs through spectacular wetlands and a beautiful wooded area along the edge of the Lagoon City development.

The timely donation from LaFarge has enabled the Trails Committee to extend construction further than originally anticipated and has brought the project that much closer to our goal of completing a fully developed recreational trail across the township. The Trails Committee would like to send out a heartfelt thank you to Ron and LaFarge for their support of this amazing community project. For more information about the Ramara Trail go to our Facebook page: <https://www.facebook.com/ramaratrailscommittee/>



Stefanie Moy-Shuster

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