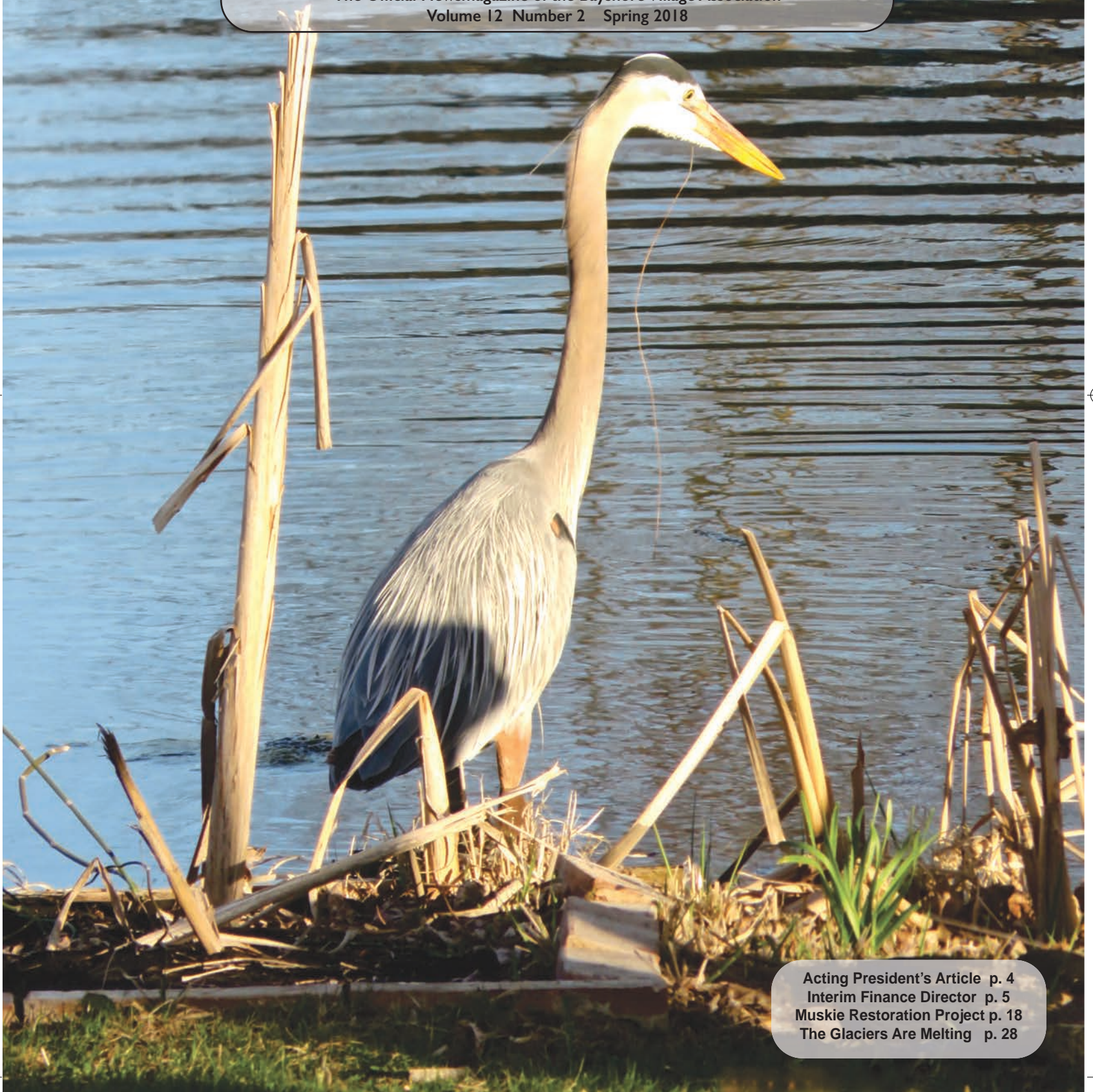




A Unique Waterfront Community

The Bayshore Banner

The Official Newsmagazine of the Bayshore Village Association
Volume 12 Number 2 Spring 2018



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Editor: Noel Cooper
noelc@cottagecountry.net

Assistant Editor: John Waldon

Advertising Manager: Jack Pignatell
bayshoreads4@gmail.com

Invoicing: Jill Pignatell

Proofreading: Pat Beecham-Cooper

The Banner and the BVA members are very grateful
to everyone who contributed articles to this issue.

The Bayshore Banner is available on our web site
www.bayshorevillage.ca/magazine
and as a full-colour book to be picked up at the Hayloft.

Cover photo: "Heron" by Donna Sverdrup

Oriole, p. 3 by John Waldon
Flicker, p. 3 by Pat Cooke

The next issue will be published in July 2018.

The Bayshore Banner

Acting President's Article



Rick Matthews
Acting President, BVA

On behalf of the Board, I would like to thank Catherine Hermans for her work while President of the Association. We wish Catherine our very best and will miss her participation. At the request of the Board of Directors, I have accepted the interim role as President. I take this position seriously and will endeavour to continue to act on your behalf while conducting the requirements of the role.

We welcome Jeff Zammit to the Board as the new Acting Director of Finance. Jeff is

well qualified for this role, and I appreciate him coming on board to ease our workload. Given where we are in the business cycle, I have developed this year's budget with the Board. Jeff will take ownership as he and I collectively finalize the budget. He will present our budget to the membership in May for your approval. We have a balanced budget with a healthy reserve. Our investments are performing well. The Directors have provided fiscally responsible plans and programs and have played a key role in the development of the Operating and Reserve budgets.

Last year the membership provided guidance to the Board regarding the priorities and initiatives that required our focus. We are well underway in tackling these plans and programs. You may recall that the five initiatives identified by the members in the survey were: Bylaws, Storage Yard, Pool, Young Families/Youth, and Telecommunications.

Kathi Kerr, our Corporate Secretary, has worked diligently in developing the organizational framework and documentation for each of the initiatives identified. As recommended by our survey developer, Jon Wagner, standardized Terms of Reference have been developed and approved by the Board for each of the projects. I am particularly moved by the quality and diverse backgrounds of all the committee members and the time and dedication they have been devoting to each of their projects. The committee members and Board of Directors are well organized and capable of managing these programs.

The scope and challenge of each of the initiatives varies, as does the progress based on the complexity of each issue. At the May General Meeting, the Directors and their committees will provide the membership with updates on the status of their projects and any recommendations or changes that will require membership approval.

Thanks to our new technological tools, we have begun utilizing WebEx to keep the Board and committee members connected to the business of running Bayshore. We are learning how to use this technology with the volunteer assistance of Jon Wagner, and this internet-based meeting tool is being used to perform Board and committee work from around the globe. Participants join via camera and can view, discuss, and vet documents presented on a television screen. This enables full participation and input year round. We are still learning to master this technology, but this tool has enabled members to meet regularly and conduct business that occurs whether present or not.

A Communications Committee has been re-established to streamline our interface with the membership. This includes the Banner, Website, E-mail, etc. We believe change is required in all aspects of our internal and external interfaces. The Communications team has also made technology recommendations to support Bayshore moving forward. I urge you to visit the Members Only section of our website which is constantly being upgraded. You will find Board of Directors' meeting minutes, position role descriptions, committee Terms of Reference and many other wonderful additions.

There have been other non-standard issues that have been placed before the Board involving our bylaws, fees, initiation fees and lack of a water meter at the Hayloft that I will be tabling at the May meeting. These have been complex and extremely time-consuming for the Executive. We have developed options, plans and bylaws to address these issues, which will be presented in May for approval.

Doug Davies, our Ex-officio, will be preparing changes to the election process for the membership's consideration and approval. The Board believes that individuals wishing to join the Board should seek election for specific positions rather than being assigned a position following the election.

In addition to the yearly budget process, Calvin Yake has agreed to put his skill set to work on establishing long-range economics and costs associ-

ated with our Reserve Fund. The last Reserve Fund Study was conducted in 2013, and we are fortunate to have Calvin volunteer his expertise. This is just one example of how BVA volunteers save all of us thousands of dollars.

Our spray field strategy relies heavily on the results of the Provincial election. Patrick Brown's resignation clearly affected our strategy. I have remained in contact with Jill Dunlop who is running in our area. She understands the critical issues regarding an upgrade of the spray field as per the C.C. Tatham engineering firm's recommendation. Critical to that upgrade is the ability to amend the Lake Simcoe Protection Plan to accommodate a new high-tech sewage treatment plant. There is a window of opportunity that only comes into place every ten years to amend that Plan. That opportunity will occur in 2019. Once we understand the political landscape, we will need to focus our attention on this project.

As you can appreciate, there are many moving parts, projects, and plans that this Board and its committees are facing. I believe that we are blessed with many talented volunteers who can collectively affect change as directed by the membership. I am looking forward to working with all to accomplish those goals.

*Rick Matthews
Acting President*

Vice President

Spring has nearly sprung!!

A timely reminder from the Architecture Committee



Astrid Bruce

When Winter chills are history, all our thoughts turn naturally to welcoming Spring with maybe a fresh paint job for the front door, or garage, deck, or maybe that new roof or siding that we put off till next year!



The attractiveness of our tidy community is maintained by adherence to simple Rules and Regulations (By-Laws) governing architectural recommendations. (By-Law 2016.003) These are readily available for reference in the "Members Only" section of the Bayshore website (www.bayshorevillage.ca).

Whatever the exterior project on your list we encourage you to be mindful of the Bayshore colour palette of earth tones, lovely greys, greens, soft browns, brick, terracotta, white, cream and a multitude of shades of beige.

The appeal and beauty of Bayshore is maintained by all of us by adhering to our own By-laws. For example, propane tanks are to be screened by trellis, or by full shrubbery.

No driveway storage is permitted outside the rules of By-Law 2016.004. (3.1)

Submitted in accordance with the Architecture Committee's Minutes of October 23, 2017, and on their behalf by:

Astrid Bruce, BVA Vice-president

Interim Director of Finance



Jeff & Rachel Zammit

Hello neighbour! – a term coined by Mr. Rogers – I feel it's only suiting, and it's the first time I can use it in its literal sense while writing an introduction. I am writing to introduce myself as your new interim Director of Finance. I first want to thank our existing board for welcoming me and accommodating my schedule.

My professional career has given me the opportunities to work as an investment analyst and as a personal financial advisor. My current position is in business and commercial banking. Along with commercial banking, I also serve as Treasurer on a board currently invested in Community Living housing. Outside the professional environment, I spearhead ScotiaHockey for the Orillia community where we currently sponsor three local minor teams as well as organize events such as our recent participation in Hometown Hockey. I am also active in various activities involving Big Brothers Big Sisters, Heart and Stroke, and I'm a passionate contributor to the Canadian Cancer Society. In years past I have been involved with various Brechin Legion events as well as the Brechin Scarecrow Festival.

In 2012, I met my wife Rachel. We moved to the village in 2014 with our black lab Tobie. We hosted our wedding reception at the Hayloft in 2015 and I am extremely proud to call Bayshore our home.

I look forward to serving you along with the rest of our board.

Jeff Zammit, Interim Director of Finance

Corporate Secretary



Kathi Kerr
Corporate Secretary

It was a busy winter for your Board of Directors. Many of the initiatives that were identified in the BVA survey by you, the members, have resulted in some new committees being developed and existing committees conducting work on our behalf.

We are so fortunate here in Bayshore to have the participation of dedicated volunteers who devote many hours of their time to help promote Bayshore as a thriving, healthy community.

The changing demographics in Bayshore illustrated a need for a Young Families and Youth Committee, directed by Dawn Kelly, our Social Director.

A very successful Meet and Greet was held at the Hayloft in February to make our families feel like a valuable and welcome part of our community.

The Bylaws Committee are working diligently on our behalf and you can read about their progress in the Vice President's Report, on the Web site under the 'Members Only' section.

A Pool initiative Committee of experienced volunteers will be assisting the Hayloft Director, Tim Young in the smooth operations of the pool.

The Communications/Promotions Committee developed a dedicated budget at the request of the Board. This will facilitate accurate record keeping of revenues and expenditures. Thanks to Jack and Jill Pignatelli, who are now able to offer advertisers attractive rates and exposure in the Banner and on our Web Site.

As you peruse our wonderful BVA Web Site, you will appreciate the enhancements recommended by the Committee members and made possible by our Web Expert Jon Wagner.

The following improvements have been endorsed and approved by the Board of Directors and can be found in the 'Members Only' section of our Web Site.

- The BVA Telephone Directory is now updated regularly and includes all members.
- Director Reports are now attached to the monthly Board meeting Agenda and made available prior to the Board meeting.
- Board Meeting Minutes are generated in real time and displayed on our new big screen television purchased by a generous BVA donor. This improvement has enabled the Directors to view, vet, and approve the minutes prior to adjourning the meeting.

Jon Wagner, our technology expert, has facilitated participation for all meetings using Web Ex.

This wonderful tool has been extensively utilized by Board and Committee members who wish to remain engaged in BVA business year round. Our December and February Meetings enjoyed an international flavour with participants joining us from Western Canada and Portugal.

This is just a short list of activities that have kept your Board and Committee members occupied over the winter.

More extensive financial and ratepayer issues have kept the BVA Board Executive busy, while working on your behalf.

Thanks to all who strive to keep Bayshore the best place to live in Ontario.

*Respectfully submitted,
Kathi Kerr, Corporate Secretary*

Social Director: Families and Youth Meet and Greet



Dawn Kelly
Social Director

Bayshore **Families and Youth Meet and Greet** took place at the Hayloft on February 11.

I would like to thank all the families that attended our meet and greet. We had a great time meeting everyone. The response to what the children and parents would like to see in Bayshore was very informative. The committee will work hard to see that the objectives are met. With the parents' help and support, it will be a great start to the youth program. In order to fulfil the requirement

of volunteer hours for the high school students, we will set up a few different projects to help them achieve their goal.

On behalf of our committee I would like to thank everyone for making it a success.

*Dawn Kelly
Social Director*

St. Patrick's Day Happy Hour



Above: Revellers Bob Bell, Jill Pignatell, Dawn Kelly.

Below: Philosophers Bob Plue, Lorne McCaig, Jim Fielding.

Left: Hostesses Kay Beacham, Lynda Bertrand, Linda Bridges, Leslie Fielding, Dawn Kelly, Margaret Bisset



Hayloft Director



Here we are at the end of winter, with spring right around the corner. My first six months as Hayloft Director have actually gone by pretty fast. Early in the game, I formed a Hayloft committee to help me with the operation of the community centre and to troubleshoot any arising problems.

The Hayloft

Tim Young Besides day to day maintenance, such as fixing an odd door, replacing thermostats and furnace filters, annual safety reviews were done. Vipond checked the fire extinguishers, fire door exit lights, smoke detectors and the fire suppression system. The elevator maintenance was done by Motion Specialist and passed inspection for another year.

There have been a few changes done to the Hayloft. Two large windows in the Great Room were replaced. Also, major plumbing work was done in the downstairs kitchen and the new water meter was installed at that time. Some improvements are also being done in the Great Room. We have new cushions on the way thanks to Otto and Maria Saringer, and we will be adding more fluorescent fixtures, which are to be installed by Bill Pike. Therefore, the seats will be more comfortable for our card players and they will actually be able to see their cards. (For some, that might not be a good thing!)

We also will be installing a microwave oven in the downstairs kitchen in April. Special thanks to Jackie and Brian Ivory for donating this microwave.

The three upstairs kitchen windows will need to be replaced this Spring. We also have some soffit and aluminum repair to be done on the north and west side of the building.

Dawn Kelly, the Social Director, and myself worked on a new contract

for special events held at the Hayloft (such as weddings). The new contract was reviewed and approved by the Board of Directors.

I have completed the Hayloft Emergency and Elevator Operation manual, along with new and updated diagrams of the location of emergency exits, fire extinguishers, etc. This is to be reviewed and approved by the Board this Spring.

The only challenge we experienced this winter was that one of the sprinkler heads broke off in the outside pool pump shed. The head has now been replaced and everything is working fine.

Also, we had some ice damming occur off the front balcony, which caused water to seep into the front foyer. I was away when this happened and therefore, wish to thank Dawn Kelly and Rick Matthews for looking after this problem for me.

Pool

Early in the fall, I formed two pool committees: a pool maintenance committee and a pool survey committee. These committees will be meeting in April to discuss maintenance schedules and to troubleshoot any issues that came up in the pool survey done last year.

We are looking at replacing the old pool outdoor shower and this should be done this Summer.

I have also hired two lifeguards for the season. You will be pleased to know that Siobhan is coming back and a new lifeguard Samantha (Sam) will be joining us this year.

I would like to acknowledge Andy Rodrigues, Brian Hutchinson, Dawn Kelly, Doug Davies, Rick Matthews, Bill Pike, Jim Bruce and Craig Child for their help. I would also like to thank Dee MacLeod for providing me with her guidance and advice. Finally, I would like to give a well-deserved round of applause to our new board of directors, for all their hard work in meeting any of the ongoing challenges at Bayshore.

Tim Young, Hayloft Director



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Meet the Torchias



Hello Bayshore!

Our names are Joseph and Franchi Torchia and we just moved to 23 Park Lane in November with our parents, Joey and Lauren and our dog, Panda.

We started our home search over a year ago, with the only criterion being that the house had to be on the water. After eliminating one city or town after another from Niagara to Minden, we decided on Orillia. After our first meeting with

Len Skok (our agent and now our friend), our search immediately became, "BAYSHORE OR BUST." Each time we drove up to Bayshore to look at houses – even when the whole 1.5 hour drive was cloudy and gray – the sun always seemed to be shining when we drove through the entrance.

Before Bayshore, the highway noise in Mississauga was our alarm clock, but now it's the bright orange and pink sunrises that wake us up in the morning. One reason we moved is to be closer to nature and we have already been visited by foxes, deer, a bald eagle (stalking and almost catching a duck – dropping it in the icy water after a long battle), crayfish (delicious) and many (many!) geese.

We were never winter people but since we've moved, we've gone ice-fishing, tubing, skating, snowmobiling and tobogganing either in our backyard or within minutes of home. Even though we're a little farther from stores, restaurants and schools up here in Brechin, we haven't had one regret or one minute of home-sickness. Every day we're here, we feel grateful and incredibly lucky. The move was a tough sell for all our relatives (many of whom lived within walking distance of our Mississauga house) but all it took was one visit to our new neighbourhood to change their minds and admit that Bayshore is paradise and the move has definitely "agreed with us."

We are excited to have moved to the community just as a youth committee is getting started. The first meeting was really well attended with all ages of kids represented from babies to high-schoolers. A lot of ideas were suggested as to activities and events for the coming year like fishing and golf lessons, movie and game nights and even family yoga.

We have lots of energy to help out in Bayshore as much as possible and learn about maintaining the parks, harbours, the eco-park and generally being a good neighbour. If you see us walking around the neighbourhood and need a hand with something – we're here to help and be part of the community.

We can't wait to meet you!

Joseph and Franchi Torchia
Contact email: Aelk799@yahoo.ca

Avery Kerr, Ballet Performer



Avery Kerr, a 10-year-old girl born and raised in Bayshore Village, had the opportunity to perform onstage in December with Canada's Ballet Jorgën in the performance of "The Nutcracker-A Canadian Tradition."

Jorgën, a professional ballet company, has a local participant program that gives young aspiring dancers an opportunity to perform onstage with professional dancers. Avery, who has been heavily involved in dance since the age of three, went through multiple rounds of auditions to land one of four roles available in her age category as a "Chipmunk."

Congratulations Avery!



Avery is between two costumed performers in the top photo.
Can you pick her out as a chipmunk?!

Bayshore Easter Egg Hunt



Franchi Torchia is shown preparing for the Bayshore Village Easter egg hunt on April 1. In the photo below, you can see the necklaces she created being worn by the children who went looking for sweet swag left by the Easter Bunny.



Golf Action for Bayshore Players



The Bayshore Village Men's Wednesday Golf will commence as soon as the weather permits. Any Bayshore Village resident interested in joining this group is welcome. We play every Wednesday morning. Tee off times generally commence around 9:00 a.m. This year we will be playing at Braestone Club (formerly Orillia Golf Club) on Horseshoe Valley Road. We are provided preferred rates for golf and power carts.

All levels of golfer are welcome. The only prerequisite is that you are familiar with the etiquette and rules of the game and be willing to play with your fellow residents. You would also be expected to schedule discretionary dental appointments, shopping trips (and equivalents) on days other than Wednesday.

You can indicate your interest (and be added to the distribution list) by responding to the following email address:

bswednesdaygolf@gmail.com

Joe Sokolowski



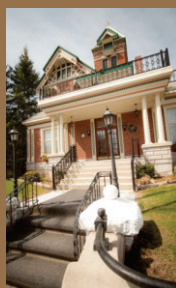
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Ramara Councillor Marg Sharpe



Marg Sharpe
Ramara Ward 2

Retirement: Ramara Fire Chief Dave McCarthy is retiring in July after many years of service. Tony Stong, our current Deputy Chief will take over the position as our new Fire Chief.

Spring Street Sweeping

Sweeping of the streets will begin May 1st and be completed by end of May.

No specific timing for Bayshore Village, as all paved roads in the Township will be completed with the exception of the concession roads which are done by the Township sweepers.

The Township will carry out the aerial **Mosquito Control** program between April and May 2018.

Reminder: Residential Tax payment due date for July 25th has been amended to June 25th.

2018 Municipal budget can be reviewed on the Ramara web-site. www.ramara.ca

ELECTION 2018 – VOTING BETWEEN OCTOBER 12 AND 28

The Township of Ramara will be using Telephone/Internet voting in 2018. Eligible electors MUST be on the VOTERS LIST in order to receive their personalized Information Letter which includes your 8-digit PIN, internet voting website address and 1-800 number to use for phone voting and other election information.

For more information on RAMARA VOTES go to www.ramara.ca

CANINE CONTROL

Don't forget to get your dog tags from the Ramara Township Office.

GARBAGE AND RECYCLING:

For information on Garbage and Recycling Collection, contact the County of Simcoe, 705-735-6901

ENewsletter

Our Township will be issuing a monthly Newsletter to keep our residents informed of Township business. The Newsletter will be posted on the website monthly. If you are not connected electronically, hard copies are available at the Ramara Township offices. The March Newsletter has been sent to Bayshore residents via gmail; I will send it out on a monthly basis towards the end of each month. I also want to make available hard-copies at the Hayloft for those of you who are not on gmail.

Marg Sharpe

Councillor Ward 2, Township of Ramara
Council Liaison Works Department
msharpe@ramara.ca 705-484-5786

SAVE THE DATE.....



PANCAKE BREAKFAST

SUNDAY MAY 6TH, 2018

Hosted by Mu Eta – Beta Sigma Phi

Proceeds going towards local charities.

Watch for more details coming soon.

Bayshore Village Yacht Club



Ahoy Mates! It's that time of year when our thoughts turn to hot, sunny days and living life on Lake Simcoe and surrounding waterways. The Bayshore Village Yacht Club (BVYC) is relaunching this season with a twist. All watercraft including kayaks, canoes, paddle boards, jet skis, pontoon boats, power boats and sailboats are invited to join in our activities! Don't have a boat or a personal watercraft? Don't worry! All are welcome!

A variety of day outings will provide opportunities for the landlubbers to join in the fun or participate in an indoor information session. The BVYC committee will be meeting soon. Stay tuned for future updates in May.

We are committed to safety on the water and sharing fun, memorable times with the Bayshore family.

Elaine Ney <4lainey@gmail.com>

BAYSHORE BOATERS ASSISTANCE

In the spirit of neighbours helping neighbours, again this year we are putting together a list of people who would be willing to come to the assistance of boaters who have broken down out on the lake. We had lots of people sign up last year and as far as we know, no one had to use the service. We will compile a list of phone numbers in alphabetical order and share only among the list of boaters who have responded. Emails will never be shared.

Please submit name and phone numbers at which you can be reached by June 15, 2018. At that time the list will be shared with those wishing to participate. If someone wants to withdraw or be entered onto the list we will do this periodically throughout the season. *Thank you,*

Bob and Catherine Plue rpluee192@gmail.com

Bayshore Village Tennis



We had a long cold winter but the extreme cold spells did not last long, and since there was lots of snow, those of us who like Winter sports could enjoy the outdoors rather than stay fit just exercising in the gym. And then of course there are all the snowbirds who played in the sun rather than shoveling snow.

With spring around the corner and most of our neighbours returning, we now look forward to our summer activities, and since Bayshore offers more and more choices, unfortunately sometimes we have to make a difficult decision where to participate. For those of you who would like to join our tennis group again, we will meet Tuesdays and Fridays at 9. Last year a few of our long time members moved away, and we would love to welcome new neighbours, novice or experienced players, to join us. We never have long "sit out" times and play mostly round robins depending on how many show up on any particular day.

The tennis nets will go up sometime in April, and we hope to start playing regularly starting May; please look for e-mail announcement. If you would like more information, please call Christa (1228) or Carol (1377).

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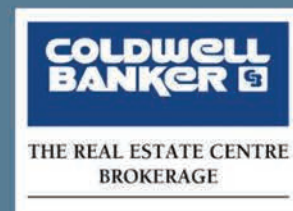


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****This is not intended to solicit properties currently listed for sale****

Adventures in Belize

Here we go, another adventure with our Bayshore friends. This year we were fortunate to have a chance of a lifetime to visit Ambergris Caye, Belize's largest island, just south of the Mexican Yucatan. We rented a gorgeous villa, Casa Tortuga, right on the ocean and a ten minute golf cart ride into the famous San Pedro town. Our five bedroom villa came with a cook and full maid service. What luxury!

We flew WestJet directly into Belize airport and then transferred to a small Tropic Air plane into San Pedro. All fun but a wee bit unnerving as 14 passengers are jammed like sardines into a flying tin can with a single propeller. We closed our eyes tightly as we took off and swung over the incredibly gorgeous turquoise waters. Excitement took over and cameras came out, what a sight! – coral reefs, palm treed islands and beaches.

We grabbed a van for a 10 minute ride to our villa and were greeted by Maria with island drinks and snacks, delicious. Our rooms were magnificent, all facing the stunning pool with a fountain and ocean just steps away. Gardens were in bloom, winds cooling the sun drenched sands, paradise.

The villa was decorated with antiques from around the world, carved mahogany tables and cabinets, artifacts from France, Italy, Bali, Guatemala, tastefully accented with chandeliers and sconces. French doors opened onto the sixty foot balcony. One of the bedrooms, the Palm Room, was 432 square feet, absolutely stunning.

Our days were filled with snorkelling excursions with Carlos who picked us up in a beautiful 45-foot ocean craft. We snorkelled the second largest reef in the world, swam with rays and nurse sharks. Our guides caught an abundance of fish and

lobster, cooking them on an open fire on a sandy beach. Amazing and so delicious, we were experiencing paradise at its max.

Walks on the sandy shores, another fishing trip and trips into San Pedro whiled away the hours. Late afternoons found us around the pool, cooling off, drinking our favourite beverages, margaritas, vodka punch, and the local Belikan beer. Nachos and Ceviche, a popular Belizean dish, kept hunger at bay until Maria announced dinner was ready. And what feasts we had – five to six dishes each night, lobster, fish, shrimp, island rice and bean dishes, and desserts. Key lime pie, banana cream pie, cakes and pastries to die for, and fruit trays loaded with local pro-

duce. Your mouth was watering, our waistlines bulging. Mmmm!

The town of San Pedro was delightful, brightly coloured stores offered local crafts and traditional tee shirts and tourist stuff, one U.S. \$ was two Belizean \$\$; most items were more costly as everything must be brought over by plane or boat, typical of any island fare. Some lovely island crafts such as wooden bowls, scarves and table cloths were purchased as souvenirs. Restaurants abounded, all serving local and traditional dishes, hot and spicy and delicious.

Our holiday sped by so quickly, we were wondering why we had not booked a longer stay on this beautiful island. Madonna's famous lyrics played in our minds as we packed our bags: Last night I dreamed of San Pedro, just like I'd never gone, it all seems like yesterday, not far away, tropical island breeze, all of nature wild and free, this is where I long to be, LA ISLA BONITA.

Lynda Bertrand & Kathi Kerr



Back row: Kathi Kerr, Sharon Seaward, Mark Bertrand. Front row: Maura Hughson, Irene Heinz, Norm Seaward, Lynda Bertrand, Bob Bell, John Waldon. You're on your own to identify the same people in the swimming pool.



**Announcing our 2
"Can't Miss Events"
for 2018.
Circle your Calendars!**



*The Bayshore Village
Classic
Saturday July 14, 2018*



Ryder Cup
Saturday September 8, 2018

.....details to follow

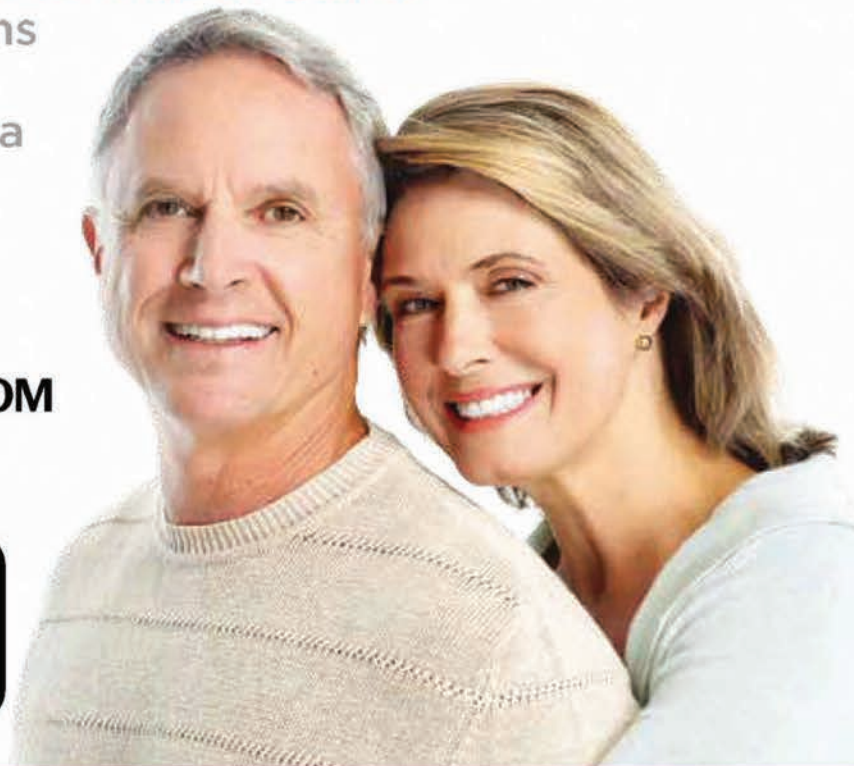


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Recipe Corner: Fire Up the Grill!



While some diehards BBQ all year long, many look for the more seasonable weather before firing up the grill. In this issue, we thought we would highlight dry rubs for grilling meats.

Dry rubs are a mix of spices and dried herbs rubbed into the meat at least 15 minutes before cooking. They vary in flavours from sweet and savoury, to curried and everything in between.

Just mix up the spices and dried herbs, pat the meat dry and then rub your herb mixture onto all sides of the meat.

SWEET AND SAVOURY RUB

¼ cup dark brown sugar

1 tbsp. coarse sea salt

2 tsp. black pepper

2 tsp smoked paprika (hot or mild)*

2 tsp. garlic powder

2 tsp. onion powder

1 tsp. ground mustard

½ tsp. cayenne pepper

Combine all ingredients. Mixture can be stored in an air tight container for up to one month.

* apparently *plain* paprika adds colour but does not add flavour

For those who do not choose to prepare dry rubs, but want a change up from the traditional BBQ sauces and Marinades, check out Bayshore's own Hot Mama's prepared options by Sue Plumbohm, who lives here in the village.

Sue has offered a great recipe for your Salmon Dinner:

Grilled Pepper Salmon with Maple Glaze



Brush salmon fillet with oil and sprinkle both sides with Hot Mamas No Added Salt Ultimate Steak Spice. Place salmon on grill skin side up for 2-3 minutes. Use tongs and turn over and place skin side down. Drizzle some maple syrup over the salmon and cook another 3-4 minutes until salmon is flaky and slightly opaque. Serve with grilled vegetables or rice and add salt to taste or not. Enjoy!

Email us for more easy recipes....
sales@hotmamas.ca

Recipe by Sue Plumbohm
Owner & Bayshore Resident

Recipe corner created by Jill Pignatelli

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Happiness Creates Health

For many, happiness is elusive at best and at times near impossible. There's always something (or someone) pushing our buttons, making us feel less than joyful. According to the research, most of us have two positive experiences for every negative one.

While that sounds good, this 2-to-1 positivity ratio is barely enough to get by. To flourish emotionally, the research shows you need a 3-to-1 ratio. That is, you need to have three positive emotions for every negative emotion. Only 20 percent of us achieve this critical ratio, which means 80 percent do not. Even worse, more recent research suggests nearly 25 percent of people experience no life enjoyment at all! Is it any wonder we have so many "sick" people?

The good news is, happiness can be learned. Part of the equation is training yourself to view life's events from a different perspective. Inconveniences and more serious troubles are unavoidable facts of life. What many fail to realize is that these events do not automatically bar you from being happy — unless you let them, that is.

Disappointment, especially if you're constantly struggling with things "not going your way," can be a major source of stress, and stress is the most important thing to avoid if you want to remain happy and healthy. In general, happy people learn to manage their stress so that it doesn't end up wearing them down over time or making them get sick.

Rather than dwelling on negative events, most happy people figure out how to let things go, and YOU can do that too. The key is consistently training yourself to let go of the negativity. This isn't something you do once and you're done. It's something you do each and every day, or however often you're triggered. One foundational principle is the realization that the way you feel about an event has everything to do with your perception of it.

Wisdom of the ancients dictates that events are neither good nor bad in and of themselves. It is your belief about the event that upsets you, not the fact that it happened. Ryan Holiday, author of several books, offers the following clarification:

"The Stoics are saying that the world around us is indifferent, it is objective. They are saying, 'This happened to me,' is not the same as, 'This happened to me and that's bad.' They're saying if you stop at the first part, you will be much more resilient and much more able to make some good out of anything that happens."

Cognitive behavioural therapy is an adaptation of this philosophy and teaches you that the negative feelings you experience in response to life events are in fact rooted in your beliefs, most of which are either irrational or flawed.

While seeking the aid of a qualified mental health professional is certainly recommended if you suffer from depression or other mental health issues, for the run-of-the-mill upsets of daily life, you can raise your happiness level by shifting your focus from ruminations about what caused the situation to what your beliefs about it are.

Next, ask yourself whether you're actually thinking rationally about the issue. Is it true that you can never find another partner after a breakup, or is meeting someone else within the realm of possibility? Is your life really over because you lost your job, or is it possible you might find a job that suits you better or pays more?

Another potent technique you can use to increase your positive-to-

negative-emotion ratio is to ask yourself, "What would I recommend if this happened to someone else?" and then follow your own advice.

Dan Ariely, a professor at Duke University and author of "Predictably Irrational," explains that the reason this technique — which he calls "taking the outside perspective" — works so well is because when we make recommendations to others, we don't take our own current state of mind and emotions into account.

We're distanced emotionally from an event that happens to someone else, and that distance allows us to make saner, more reasonable decisions. By pretending we're giving advice to someone other than ourselves allows us to, temporarily at least, distance ourselves from emotions that cloud our judgment.

Most of us have habits that contribute to our misery more than our happiness. Maybe you drink a bit too much, or eat things you know you'll regret later. The problem is, habits are really hard to break. Few have the iron willpower needed to change a bad habit overnight. So, what can you do? Here, the ancient philosophers suggested simply postpone your decision to act. As Epictetus said:

"Don't let the force of an impression when it first hits you knock you off your feet; just say to it, 'Hold on a moment; let me see who you are and what you represent. Let me put you to the test.'"

Once you've learned to postpone, the next step is to replace your bad habit with something healthier or more constructive. Trying to eliminate the habit simply will not work. Instead, when your cue to eat/drink/smoke/chew your nails or whatever bad habit you may be struggling with arises, insert a new routine in place of your old one.

One of the greatest contributors to unhappiness is our wants and desires — regardless of whether they're able to be fulfilled or not, because as soon as you get the thing you desire, another, newer, better thing will come along, fueling your desire to acquire yet again. Fulfilling desires is a never-ending cycle. Here, the old adage to "be grateful for what you have" is part of the prescription.

Some even claim that the key to happiness is learning to appreciate "enough," and embracing a more minimalist lifestyle. Financial hardship and work stress are two significant contributors to depression and anxiety. The answer is pretty self-evident: Buy less. Many who have adopted the minimalist lifestyle claim they've been able to significantly reduce the amount of time they have to work to pay their bills, freeing up time for volunteer work, creative pursuits and taking care of their personal health, thereby dramatically raising their level of happiness, life satisfaction and long term health.

The philosophers of old placed great emphasis on gratitude as a way of cultivating happiness and inner peace. Today, thousands of years later, the benefits of a thankful attitude have been firmly established through scientific study.

People who are thankful for what they have are better able to cope with stress, have more positive emotions and less anxiety, sleep better and have better heart health.

Even if you don't often feel gratitude right now, know it can be cultivated and strengthened with practice. One way to harness the positive power of gratitude is to keep a gratitude journal where you write down what you're grateful for each day.

Avoiding getting sucked into bad news is the other side of this equa-



Steve Goulter

tion. You may have to limit your media exposure from time to time if you find it difficult to maintain a positive outlook in the face of worldly horrors. Other ways to cultivate gratitude include writing thank you notes, remembering to say "please" and "thank you," non-verbal actions such as smiling and giving hugs and expressing thanks through prayer or mindfulness meditation.

In order to be happier, you might think the first step would be to eliminate negative experiences in your life, but often these are beyond your control. Instead, focus on increasing your positive experiences. This is something that virtually everyone can do. Even ordinary moments can be a source of great pleasure.

In many ways happiness is a choice, and you can create it and nourish it by implementing certain routines and daily practices. In fact, happy people tend to have habits that set them apart from their unhappy peers, such as letting go of grudges, treating people with kindness, dreaming big, not sweating the small stuff and much more.

The first step toward greater happiness is to choose it. You need to believe that happiness is possible, and that you deserve it. Research shows that the mere intention to become happier actually makes a big difference.

If it's been awhile since you've felt truly happy, you may have forgotten what it is that gets you there. Take time to reflect on what gives you joy, and not just the obvious, like your family, but also little things, hobbies and interests.

There's only so much time in a day, so be sure to protect your attention and time from unnecessary and unproductive distractions. This includes texts, tweets and emails, which take you away from the true pleasures in life. If necessary, turn off social media completely.

Think keeping tabs on your Facebook friends equates to happiness? Think again. Research suggests the more time people spend on Facebook, the more their moment-to-moment happiness declines and the less satisfied with life they become.

Simply thinking about something positive, and smiling as a result, can make you happier and more upbeat. A genuine smile includes the facial muscles around your eyes and can actually prompt brain changes linked to improved mood.

Research suggests experiences make us happier than possessions; the "newness" of possessions wears off, as does the joy they bring you, but experiences improve your sense of vitality and "being alive," both during the experience and when you reflect back on it.

When you're having a bad day and your mood is sinking, have a plan in place to lift it back up. This could be calling a close friend, watching a comedy or going out for a jog — whatever works best for you. Happiness isn't about pleasure alone; it's also about having a sense of purpose. This could be your career, or it could be gleaned from volunteering or even taking a cooking class.

Having meaningful social relationships is important for happiness. In general, the more you mingle and chat with the people around you, the more cheerful and brighter your mood is likely to be.

Exposure to bright outdoor light is crucial for a positive mood, in part because regular exposure to sunlight helps to enhance your mood and energy through the release of endorphins. Getting sun exposure outdoors will also help you optimize your vitamin D levels. Vitamin D deficiency has long been associated with a feeling of sadness, as well as more chronic depression. Spending more time in nature can go a long way

toward increasing your sense of well-being and satisfaction.

When people make a point to conduct three to five acts of kindness a week, something magical happens. They become happier. Simple kind acts — a compliment, letting someone ahead of you in line, paying for someone's coffee — are contagious and tend to make all of those involved feel good.

If you want to be happy, give some of these ideas a try. You may find that your health improves, as if by magic!

This article originally appeared on the www.mercola.com website. It has been condensed by Steve Goulter for use in the Banner.

Steve Goulter

This article expresses the point of view of the author. Readers are encouraged to consult their health professional for a further opinion.



If you are, in spite of recent revelations, a member of Facebook, please consider joining our "private group" of Bayshore Village Residents. In recent months, members have asked for and given each other advice about water heaters, local insurance companies, house-sitters, internet service etc., as well as telling about various events of interest.

If you're on Facebook, ask Irene Heinz or Noel Cooper to be your Facebook friend, and they will invite you to be a member of the group, which has about 60 members so far.

If you're worried about your privacy on Facebook, well... You would have to leave the internet entirely to have a truly private life.

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Muskie Restoration in Lake Simcoe



Back in the day, prior to the 1930's, muskie were a thriving sport fish here on Lake Simcoe. The top predator in the lake, muskie was king. Nothing messed with the muskie except man. Well, man got greedy and in part due to a commercial fishery that existed on the lake, overharvesting by anglers including spearing, and the loss of preferred habitat, muskie were overharvested to the point that their population could not sustain itself and the mighty muskie was considered lost.

Then in the early 2000's the Lake Simcoe Muskellunge Restoration Program was developed as a partnership between our Ministry of Natural Resources Fisheries (MNRF), Muskies Canada, Sir Sanford Fleming College, the Ontario Federation of Anglers and Hunters and others. The goal was "to restore a self-sustaining muskie population in Lake Simcoe through a combination of stocking efforts, habitat enhancements and restoration."

From 2005 to now, a total of 20,811 muskie have been released into the lake. Each spring MNRF and the partners collect eggs from mature muskie netted in Georgian Bay and Gloucester Pool. In fish hatcheries the eggs are incubated, and the fry are raised under controlled conditions until the fall when they are 20-25 cm long and old enough to be released and fend for themselves. Barnstable Bay is one of the key areas utilized for these releases. The fingerlings are transported here in climate controlled tanks and the volunteers show up to assist by bringing the fingerlings out to selected areas in the bay where there is plenty of food and weed growth to give them cover.

In Barnstable Bay this past fall, the near shore areas along the east end of the bay and Harbour 66 were selected as ideal release sites. The new arrivals are not expected to stay in the same areas where they were released. Once acclimatized and dependant on water temperature and food availability, the fingerlings will eventually migrate out to the main lake.

Sport fishing for muskie in Lake Simcoe is currently closed year round. But with the efforts of these dedicated groups and volunteers we are eagerly anticipating and hoping that one day the mighty muskie will return to play its part in the natural biodiversity and predator/prey balance of the Lake Simcoe fishery.

Des Barnes

Above: muskie restoration project in Barnstable Bay.

Inset: buckets of fingerlings being prepared to float out to their new home.

A crowd of Bayshore residents watched the action.

Below: Teams of volunteers prepare to release the fingerlings.

Photos by Ted Gryzick



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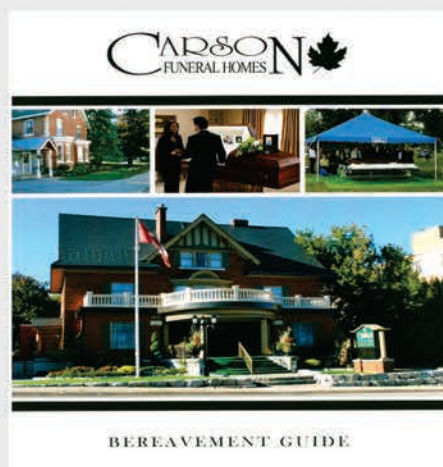


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Ramara Speaks Her Mind

Good morning, good afternoon, good evening, dear loyal readers. I have roused myself to the welcome task of inter feline/human communication, calling on vague aspirations to, at least, amuse you and to reach across the wide chasm of misunderstandings that exist between our species.

What kind of introduction is that? Where did that come from? I think Gail is interfering in my reflections. That's the trouble. Get her near a keyboard and she tries to take over. Her job is strictly to inscribe MY WORDS, MY IDEAS – not HERS. It's a clash of wills.

She thinks she is the CAT's pajamas. The CAT's meow. I wish the CAT would get her tongue. We certainly don't want to get into a CAT fight. Not right here, in *The Bayshore Banner*. I only want to set things right with Gail. I don't want her playing CAT and mice games regarding my literary intentions.

Now, don't get me wrong. I do not wish any CATclysmic upheaval in our normally peaceful relationship. Any change of that nature would be CATastrophic. Is this some sort of revolt, I wonder. I mean every CAT in the world knows the natural order of



feline/human relations is that of Master and Slave. Has Gail been PUSSYfooting around my back? Reading inflammatory revolutionary animal tracts? (Gosh, I think I just made a pun!)

Well. Sorry about that CATalytic outburst. Must control myself. That was a CATaleptic fit. I nearly entered a CATatonic state. I believe the iPad keyboard is the CATalyst. Yes, that and the edginess of meeting The Bayshore Banner deadline. All is well.

Speaking of all being well.....apparently I am not. To my horror, I overheard my favourite veterinarian Dr. Dawn Adare telling Gail she's quite surprised I'm still here among you all. Good heavens. I'm only twelve. So I have some health issues. So I'm a little slower. So My lungs are raspy. So my eyes are rheumy. So my hearing is bad. So I take thyroid medication. So what? Maybe a few of you Bayshorians share some similar problems. I assume nobody's taking YOU to your favorite vet.

Not to seem too DOGmatic, I say carry on bravely. Let nothing you dismay. Don't allow ANYONE to put you off any bold, positive ventures you've CATalogued for your anticipated daring and hopefully long future. May the force be with you.

Your favorite feline advocate,

Ramara

(as told to Gail Carter)

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Welcome to Bayshore!



Welcome Nora White to Bayshore.

Nora is Aunt to Brenda and Norman James and Keith Meadows and Debbie Rautin. She is shown here as she celebrated her 88th birthday on March 7.

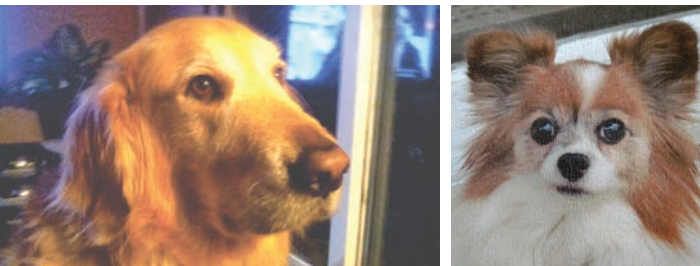
Nora was a buyer with Hallmark cards for many years and retired to Florida for twelve years. Loves cards, crocheting and clogging. She is looking forward to meeting many new friends here.

Nora is a really fun person to be around.

Brenda and Norman welcome her with lots of love.

Brenda James

Sad Days



A gentle heart has left Bayshore. Buddy, our lovable big goofball, passed away this winter at age 13. Buddy loved all his doggie pals, Skipper, Caesar, Bella, Chewy, the late great Molson and his housemate Bijoux. Buddy has been the support and soul mate for Norm James through his health issues, giving nothing but love unconditionally.

A true member of our family whom we will never forget.

Buddy has crossed the rainbow bridge and is waiting there for us.

Rest in peace Buddy.

Like the beautiful butterfly she was,
Bijoux has taken flight on angel wings
To her rest among the heavenly stars.

A treasured friend.

2001-2018

Brenda James

Fashion for Spring 2018



Spring has sprung... hopefully.

With Royal Weddings coming up, we will see fabulous new design trends on the young Royals.

The colour for this year is Blush, in outerwear, daytime and evening.

Wrap coats in fondant colours, soft blue, buttercup yellow, blush and very popular vanilla. Slim sheath dresses in bright colours, soft ice cream colours, fabulous florals and abstract prints, all with a touch of lycra for that perfect fit. Trending is sheer beauty, diaphanous dresses in florals and prints are the answer for that wedding invitation or garden party.

The slim leg pant or legging is as popular as ever. Try wearing them at ankle length with a high heel for a long leggy look. Jumpsuits in bright tones or basic black in a modern edgy cut go from office to date night. Add chunky colourful necklaces, bracelets and earrings for a finished look.

Of course, classic navy is a must in your wardrobe. Teamed with decorated sweaters, sheer blouses and cotton knits. Accessorize with a splash of red, bright yellow, navy and white stripes and bright white. Tip: Matching navy is more difficult than any other colour to match. Take your item with you when shopping.

Time is now to clean out your closet. If you haven't worn an item (no matter how much you love it) it is time for it to go. Have a clothing exchange with friends or donate to charity.

Summer trends, shoes and bags will be the topic for the next article.

My Bayshore friends and neighbours always look great, so now go out and look even more fabulous!!!!

Brenda James

VP Fashion Marketing ret.

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Bayshore Heartbeats Big Bike Ride 2018



2017 Bayshore Heartbeats on 29 saddles

Once again I have signed up to Captain the 2018 “team with heart” ... the incredible Bayshore Heartbeats, on the Orillia Big Bike ride for Heart & Stroke which is scheduled to take place on Thursday May 10, 2018, starting at 1 p.m. in Couchiching Park on the Orillia Waterfront. This year I’m celebrating the first anniversary of my brand new left hip!!! So to prove that all mechanical parts are now in order, I am motivated to do extra well!!

For several years in a row, the Bayshore Heartbeats Big Bike Team has been the area leader in raising funds for this important charity.

I particularly thank my dedicated 2017 team for making sure that we

still owned the top spot in Simcoe County in 2017 (beating major corporate successes in Barrie) and without my pedal power and encouragement as I was literally ‘on the table’ receiving my new hip, while they were doing the hard work!!

Our Heartbeats team has been able to raise nearly \$200,000 over the past 15 years.... and we really want to continue the incredible momentum!

In her 101st year (2017) the amazing Ida Herbert (one of the original “Bayshore Heartbeats”) was an important participant encouraging the team in the warm-up session, and on the bike in the “easy-rider” seat – and she hopes to lend her support this year again.

Sadly a couple of our enthusiastic “Heartbeat” riders, have this winter suffered heart and stroke issues, all the more reason and motivation for the Bayshore Heartbeats to pedal harder!

I myself, as I’ve said before, feel very fortunate to have survived and recovered well from two heart attacks and two strokes.... and now that I have a brand new left hip... I look forward to taking my place on the bike again this year!

Won’t you please help me raise funds for the Heart & Stroke Foundation by signing up to be one of the 29 “Bayshore Heartbeat” Big Bike Pedalers?

Watch for the g-mail notification advising that the sign-up sheet is on the Board at the Hayloft.

Or just email Astrid at syastridos@gmail.com

Astrid Bruce

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We first heard about Friendship Force years ago, from Ken and Karen Jones. They described with enthusiasm many global travels they have had with that organization. Two years ago, we joined Friendship Force International and the closest local club Haliburton Highlands, which currently has around 60 members. We like it so much, we think it is time to start a club right here in Bayshore Village and/or Orillia or Lake Simcoe.

The basic philosophy of Friendship Force (FF) is that every friendship formed across the barriers of nationality, language, religion or politics makes the world a better place. It was founded in 1977 by Wayne Smith with US President Jimmy Carter. The organization was honoured with a Nobel Peace Prize nomination in 1992 and celebrated its 40th Anniversary in 2017.

FF is a non-profit cultural organization focused on promoting understanding, cultural education and citizen diplomacy through homestay journeys and personal friendships. Through these exciting personal encounters, strangers become friends – and we know that by experiencing different views, you can discover common ground. There are over 350 clubs in over 60 countries, with the mission to promote understanding across the barriers that separate people. It has over 15,000 members, travelers and hosts, who participate every year.

Friendship Force International conducts over 300 programs every year that bring diverse people together into each other's cultures and homes to share one-of-a-kind experiences not available to regular tourists. When you travel or host with the Friendship Force, you get to know real people by sharing real life. Friendships are formed that often last a lifetime. The unique Friendship Force Journeys provide international travelers with opportunities to be hosted by local people, and to be treated to a local experience in places around the world, seeing the world through other people's eyes. By sharing experiences, a home, meals, and conversations, we believe we can reach a new level of understanding among the human family.



Jon and Deb Wagner (on right of photo) are introduced to a new breed of horse "Gypsy Banner" in Ocala on a Friendship Force Journey by their hosts at "The Villages" Florida.
Below: Kayak swarm at Peterborough lift-lock, Canada Day, 2017.



Friendship Force travel programs are called "Journeys." They include Homestay Journeys (hosted by a local family for an immersive cultural experience), Professional Journeys (join or host a professional development program in or from another country, such as our Open World Leadership Program), and other festivals and themed Journeys such as Language-Learning, Humanitarian & Environmental, Active & Outdoors, Teachers & Students, and Food & Drink.

Last year, we participated with the Haliburton Highlands FF as dinner hosts by preparing a meal for 10 people. We stayed in our RV. We also participated as day Hosts for two SW Florida members by driving them to the Petroglyph Park outside Peterborough as well as to the Peterborough Canoe Museum. Both visits were great with excellent guides for our group, but the highlight was taking a lunch break at the Peterborough Lift Lock and unexpectedly finding 150 canoes and kayaks in the lower lock and another 150 in the upper lock. The locks closed and the two compartments met in the middle and stopped as everyone joined in to sing "O

Canada" in celebration of Canada's 150th anniversary.

The rest of the week we joined in the various local visits to the wolf rescue centre, a brew pub and other interesting sites and shared meals. Each club is different but the Haliburton club has monthly meetings to share food and fellowship and plan future incoming and outgoing Journeys. We missed the exchange with Japan last year (both incoming and outgoing), but next year the plan is to journey to New Zealand and Australia with three different clubs and have several from there visit us here.

We continued our research into Friendship Force, and recently joined two journeys in Florida; one was a home stay in the Villages where we were treated to tours of the Villages and surrounding sites such as the Gypsy Gold Horse Ranch, hearing stories of a new breed of horse. The Gypsy Banner was registered in the US in 1998. We also visited Homosassa seeing many birds, animals and manatees. We learned a lot more about organizing a local friendship force club because we



stayed with the president of The Villages FF who was past president of a New York based club before relocating south.

We attended a Ranch and Rodeo Festival with 26 ambassadors from across the US, Canada and UK as well. We participated in a "Great Race" in golf carts around the ranch, went horseback riding, joined a sing-along around a campfire and attended a real rodeo. Believe it or not this dude ranch, Westgate River Ranch, was in Florida. We learned more about many clubs and journeys they have participated in and now are convinced that Friendship Force is really a great organization for us.

We have actively discussed the possibility of starting a club near Bayshore Village and would like to talk about it with anyone interested, including spreading the word with Probus clubs. Jon is now on the planning committee for a FF Eastern Canada meeting with the 11 other FF clubs in the region. They will be meeting in the fall to talk more about Leadership for FF clubs.

You can learn more about Friendship Force international at <https://www.thefriendshipforce.org/>. If you are interested to get involved in helping organize a club here – or would like to be a member and join in unique and inexpensive travel and hosting – please contact us at

Jon & Deb Wagner 705-484-0888.

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Bayshore Village Car Club



I would like to create a Bayshore Village Car Club. There are many sport and collector cars within the village, and I would like to canvas residents on their interest on starting a week-night car show to be held at the Hayloft parking lot. I have spoken to several residents about a car club and all have shown interest.

We would be looking for village residents with sport and collector cars to join and show their cars. For example, I have seen many Mustangs, Corvettes, Challengers, Porsches, etc. within Bayshore Village. Classic cars are also a great addition to any car show. The car showings could be once per week or monthly, depending on participation (no show to be held during inclement weather days).

Along with the car show, there would be cruise

nights where we would meet and drive to other car shows held anywhere from Parry Sound to Woodbridge and many points in between. I am willing to coordinate events and the club. The club would be active from May to October with possibly an event or two during the winter months.

If you're interested, please contact

Jim Schulz

jimschulz12@gmail.com



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Food For Thought

Many residents of Bayshore, I'm sure, had parents who lived during the Depression and the war era. Our parents tried to live frugally, paid for items in cash and were devoted to paying off their mortgages as fast as possible. No one liked debt! They tried to be examples for us in a later era of excessive commercialism.

We baby boomers, born at the end of WW2 and later were to benefit from increased salaries, both spouses working, with money to buy into the illusion that material things made us happier! Larger cars, bigger homes, country estates, cottages at the lake, an ever-expanding list of things to buy and places to see. How did we get to the place today where we are now called consumers, shoppers or customers with high debt loads that are now leaving our governments concerned about our ability to pay this debt in a time of serious economic downturn? Canadians, as of 2017, now owe a record \$1.8 trillion and climbing! (If you spent \$1-million every day, it would take you 2,740 years to spend \$1-trillion)

A way to transition from a wartime economy to a peaceful one was to encourage consumerism. During the 1950s it was pursued as the stimulus to the economy. It was advocated by business and government to replace things, not fix them; to buy more than one, to discard when you were tired of it or when it no longer worked. Consumerism was the engine to the economy. That may be OK if you have the money, but it appears that we now borrow the money needed to "keep up with the Joneses." With consumer debt now at \$1.63 for every dollar earned, it makes one wonder how this debt will ever be repaid.

In the past 60-70 years, we as a society have come to value our worth through the possession of material goods. Today, even young children are bombarded through the media with advertisements to buy a wide range of items that they don't really need, with the sole intent of developing another generation of consumers to buy, buy, buy. In North America today, billions of dollars are spent on advertising by big business focused directly on young children.

At what time do we stop to consider the over exploitation of our planet's resources, exhausting water supplies, despoiling the land and polluting the oceans and air with noxious chemicals and toxins; and now we face climate change which is leading to the destabilization of our weather patterns, which is more evident every day.

Consumerism as it exists today is the excuse for industry to continue using fossil fuels, thereby heating our atmosphere, for industry to manufacture more pesticides and chemicals for agri-business with complete disregard for the health of us, the consumers. This is all in the name of profit for companies who have to show increases annually for their shareholders. The model of continuous growth no longer makes sense and needs to be questioned by all.

We as a people need to rethink our excessive need to consume. The third world is rapidly modernizing itself to emulate the North American way, which could well put our species at risk.

As quoted by David Suzuki, "A consumer society no longer serves our needs. It is time to have serious discussions on how to degrow our economies, as the welfare of the very planet we inhabit is now in peril."

Marilyn Goulter

Bridge News

Here are the results of the bridge scores from Dec. 1, 2017 to Mar. 21, 2018:

COMBINED BRIDGE: During the winter months, due to decreasing numbers as the Snowbirds flee the cold, the ladies and general bridge groups are combined, and play on Wednesday afternoons at 1:00 in the Hayloft Great Room from December to the end of March.

Results for the combined bridge are: Highest score: Claudette Smith with 6460 points; in second place is Lloyd Lockhart with 5720 points, and the third highest winner was Karen Jones with 4930 points.

Resuming in April:

GENERAL BRIDGE: This group meets on Monday nights in the card room from April till the end of November at 7:00 p.m.

LADIES BRIDGE: The ladies play in the Great Room on Wednesday afternoons at 1:00 p.m.

If you would like to join us, please contact Pat Beecham-Cooper at 705 484-0221. Both groups are very friendly and welcoming.

If you would like to learn to play bridge, or brush up on latest conventions, or, if you used to play "way back when" and feel the need to brush up before you join a group, Pat Beecham-Cooper gives bridge lessons in the Great Room on Fridays from 11:00 a.m. to 1:00 p.m. Contact her to make arrangements.

Six people who wanted to learn or needed to refresh their skills and came to lessons, have now joined the groups. Welcome everyone!

Congratulations to all players for contributing to such enjoyable outings!

Pat Beecham-Cooper

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The Glaciers Are Melting

When we took our Alaska cruise a few years ago, our ship sailed into Tracy Arm, an inlet near Juneau. Left and right of the ship, the guide pointed out rock cliffs that were more than a hundred feet high; he informed us that when Europeans first explored this coast, they couldn't enter (or even see) this inlet, because the ice was taller than the cliffs.

The photos on the right, taken 100 years apart somewhere on the west coast, show what a difference a century has made. In fact, when my wife Pat visited Tracy Arm 40 years ago, the cruise ship entered the inlet, and the glacier was melting, but ice "calved" off the glacier and formed large icebergs. Today, a river of water is flowing over what remains of the glacier, and the ice in Tracy Arm looks more like ice cubes than icebergs. The photo shows what it looks like, but now there's a river of water flowing down the face of the glacier.

To put the situation in a wider context, "only" 12000 years ago at the end of the ice age, Where we live now was under approximately two km of ice. The ice has been melting ever since. In an even wider context, a few hundred million years ago, northern Alberta was a jungle where dinosaurs roamed. Their fossilized remains were found in what is now "badlands" in Drumheller, AB.

So the planet's climate has been changing, warming and cooling, for ages – but the warming trend has accelerated in recent years, and human activity has contributed to the problem. There are more people than ever; they are living longer than ever before. As the millions of people in Asia become more prosperous, their activities (especially the use of fossil fuels) are added to the immense economic activity of the "Western world," to increase exponentially the heating of our planet.

A report sponsored by the US National Oceanic and Atmospheric Administration (NOAA), shows that in 2017 the warming trend in the Arctic continued, resulting in higher surface and water temperatures and melting sea ice. "The Arctic shows no sign of returning to the reliably frozen region it was decades ago. Arctic temperatures continue to increase at double the rate of the global temperature increase," an NOAA news release on the report said. The current observed rate of warming temperatures is higher than at any other time in at least the past 1,500 years and likely much longer.

Major findings in the report include:

- Warmer air temperature: the average annual air temperature over land for the year ending September 2017 was 1.6° Celsius above the average for the period of 1981 to 2010.
- Declining sea ice: this year's maximum winter sea ice area was the lowest ever observed. Sea ice is also getting thinner each year.
- Above-average ocean temperature: sea surface temperatures in 2017 were up to 4° Celsius warmer than average.

All of these developments are affecting weather patterns in and near North America. Results include killer hurricanes in the Caribbean and the Gulf of Mexico; drought causing the large city of Cape Town to lit-



Top photos: Pictures taken 100 years apart on the coast of BC/Alaska.
Lower photo: The remains of the glacier at Tracy Arm.

erally run out of drinking water; drought also resulting in lethal wildfires burning cities from Fort MacMurray to San Francisco and LA; monster winter storms especially on the eastern seaboard of the USA and Canada, and flooding in February in Brantford and elsewhere in Ontario. I was shocked and impressed a few years ago when a storm flooded the subways of lower Manhattan with sea water. Parts of several major coastal US cities (particularly Miami) may become uninhabitable within decades as the glaciers melt.

It's hard to convince us "ordinary individuals" that any action of ours will stem the inexorable march of climate change. Certainly major corporations and governments will have to take the lead, or else our grandchildren and their children will be living in a very different world than we live in now. But responsible actions by individuals can make a difference also.

Please think about the ways we force carbon into the atmosphere, and let's try to reduce that effect. Changes will involve inconvenience, and I'm as guilty as anyone else, but "something has to change." The transportation industry is the most important contributor to carbon in the atmosphere. Gasoline is 87% carbon by weight; that carbon goes into the atmosphere when gas is burned as fuel. Perhaps I can live with a smaller car with a smaller (or hybrid) engine; I'll try to reduce the mileage I drive. When I think about how far food travels until it rests on my table, it's amazing: shrimp from the South China Sea, asparagus from Peru or Mexico, salmon from Atlantic or Pacific, grapes from California, beef

from Alberta. We try to buy local products as much as possible, but we enjoy them all. If enough people took fewer trips to faraway places, the smoke that's pouring into the atmosphere from huge airplanes would be reduced. Please add the thoughts in Marilyn Goulter's article on p. 28 to these ideas.

I don't know whether individual reform can achieve significant results, but perhaps the most hopeful trends in recent decades are found in public attitudes to smoking, and to driving after drinking. Significant change can happen, one person at a time.

Noel Cooper

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Bayshore's tenth annual Creative Arts show will take place on Friday, Sept. 28 from 6:30-9:30 p.m. and on Saturday Sept. 29 from 10:00 a.m. to 4:00 p.m. at the Hayloft.

Yes! This is our tenth annual show! Help us celebrate!

This year again it is on for two days, Friday evening and Saturday. This gives people lots of time to come and browse, think about what you like and then come back the following day!

These dates coincide with Culture Days Canada, so we have the opportunity to do demos and mini workshops during the show; and we will be enrolled in Culture Days Orillia, so we will be promoted through that organization.

If you have a hobby making something: handicrafts, woodworking, jewelry making, pottery, sculpture, visual arts etc., please consider joining the Bayshore Creative Arts show and making our tenth annual show the best yet! Each year the show attracts more visitors, both from in the Village, and from the outside. This is a great opportunity to show your creations, and give visitors the opportunity to purchase items and gifts. Christmas is coming soon!

Even if you are a beginning artist, please join us. We are happy to offer shared tables or booths, so several people could share a space together. The Bayshore Art group had a great display last year and we expect to see much more this year!

We have been fortunate to obtain sponsors who covered the costs of promotion and other incidentals, so there was no cost to the artist. We hope we can do the same this year, but if this doesn't happen, the cost per artist is usually only about \$10.00.

If anyone's business would like to help sponsor the Art Show, please contact Pat Beecham-Cooper at 705 484-0221, or beecoop@cottagecountry.net. Your company logo will go on all advertising and promotion material, as well as on a display board during the show, and on flyers that are posted around the area advertising the show.

In keeping with Bayshore's policy, 10% of each artist's total sales is donated to charity. Last year we gave over \$250.00 to the Food Bank. We can determine which charity to donate to once all the artists have committed to the show.

So, we are looking for you!!! If you would like to take part, please call Pat Beecham-Cooper at 705 484-0221, or email at beecoop@cottagecountry.net.

We will set up on Friday Sept. 28, from about noon on, so everything is ready to go Friday evening at 6:30.

Mark September 28 and 29 on your calendar for the Art Show!

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Are you ready to get your garden on? Join us with a representative from Scott's Garden Centre for "Container Gardening". Great for small spaces! Register for Saturday, April 14th at 10:30 am.

Meet Shannon Taylor – owner of Cornerstone Wellness Centre in Can-nington and intuitive! Receive messages of love and light and guidance from loved ones. Register for this program on Saturday, April 21st at 10:30 a.m. Entrance fee is a non-perishable food donation.

Card Making for Families! Make a set of beautiful hand crafted cards for your loved ones! Cost: \$15 per person. Date: Sat., April 28th at 10:30 a.m.

Listen to Angie's Story – a 40 year old woman living a fulfilling life with mental illness. She speaks from the heart while using humour to help the audience understand what everyday looks like, living with depression and anxiety. Thursday, May 24th at 6:30 p.m. Register online or give us a call!

Our Ramara Fibre Friends are actively seeking new members to join their crafting circle. If you are a knitter, cross stitchery or other type crafter, we would love to have you join our social time while finishing your projects! This group meets Wednesdays at the Ramara Centre between 10 a.m. and noon.

To register for the above-mentioned programs, please call 705-325-5776 or register on our website, www.ramarapubliclibrary.org. Sign up for our weekly eNewsletter (including new fiction and movies)! Memberships are FREE and allow access to materials and computers in both branches, including eBooks! As always, your library card is available for use at BOTH our Brechin and Atherley branches and is your passport to FREE education, information and recreation!

Rebecca Taylor



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1939-2018

15 Thicketwood Place



Michel Broschart passed away on Thursday, March 8, 2018, after an 18-month battle with leukemia. He was 79 years old. He lived a life that will continue to be an inspiration for all. Michel's strong work ethic, knowledge and leadership led him to become the passionate educator he was, in France and then in Canada, where he spent his professional life involved in French language education in Ontario. Over a thirty-five-year span, he was a teacher, a pedagogical counsellor, a school principal and retired as a public servant at the Ministry of Education. To say that he was wise, principled, practical, and curious would be just a start. He was a leader, a go-getter, a tinkerer, an avid chatterer, a listener, a traveller and lived his life with passion and enthusiasm. He loved people and was known to strike up conversations with anybody. His zest for life could be heard in his contagious laughter. The past year and a half was a testament to his strong will and determination as he faced his illness with courage and dignity. He was surrounded by his loving family throughout this journey and in his final moments. He did not want to leave us and his *joie de vivre* will always remain in our hearts. Michel is survived by his loving wife Marie-Paule, sons Olivier and Patrick, and daughter Stéphanie, as well as his three grandchildren, two great-grandchildren, his extended family here and in France, and also his treasured friends.

Robert P. "Bob" Hann

1933-2017

formerly of 156 Bayshore Dr.



Bob Hann (Valiant Rental Properties and Hal-loway Developments) passed away suddenly after suffering a heart attack, with his loving family by his side on Friday December 15th, 2017 at the age of 84 years. Bob was the loving husband of Tina for 20 years. Cherished father of Beth (Shane) Kelly, Michele Silva-Neto, Angel (Terry) Van Leeuwen, Candy (Mark) Seager and Julie (Kayle) Tronstad. Predeceased by daughter Debbie Clarke. Adored grandfather of eleven grandchildren. William, Hanna Kelly, Kelsie, Ely, Jesse Silva-Neto, Noah, Sophia Van Leeuwen, Samantha, Alex Workman and Abby, Olivia Tronstad. Dear brother of Heather (Peter) Abramczuk. Predeceased by sister Carol (Ted) Haseman. Also predeceased by former spouse Carol (nee Reynar) Hann. He will be forever remembered and cherished by many nieces, nephews, cousins, extended family and friends.

Bob moved his family to Oshawa in 1954 to continue building houses and developing land in a way that has greatly impacted Southern Ontario. He and Tina lived in Bayshore Village for several years. Bob was a humble visionary who loved his community and was very proud of his family.

Margaret Sarah (Peggy) Bates

1924-2018

formerly of 16 Southview Dr.



Peggy Bates was the mother of Valerie Tuff, and lived with Valerie and Steve in Bayshore Village for many years.

Valerie wrote the following tribute:

Mum was 94 years of age and was with us for 16 years. She served with the Women's Royal Air Force in World War II. She married in 1945 and I was born in 1946. I was the only child; she has one brother who is 89 and lives in England. She had three grandchildren and four great grandchildren, who saw lots of her and loved her very much. She died on February 14th in the nursing home here in Belleville. Steve and I were both with her and it was a peaceful ending to her long and happy life. We had a celebration of her life with family and friends which is what she wanted.

She really enjoyed her time in Bayshore and had some good friends there.

Valerie and Steve Tuff

David Arthur Rogers

1943-2017

12 Thicketwood Place



Dave Rogers passed away peacefully, surrounded by loved ones, at Hospice Simcoe on Friday, December 8th, 2017. Beloved husband of Cathy. Loving father of John David Rogers, Sue Armstrong (Mark) and Lynn Wakely (Chuck). Proud grandpa of five grandchildren. Predeceased by his brother John Rogers.

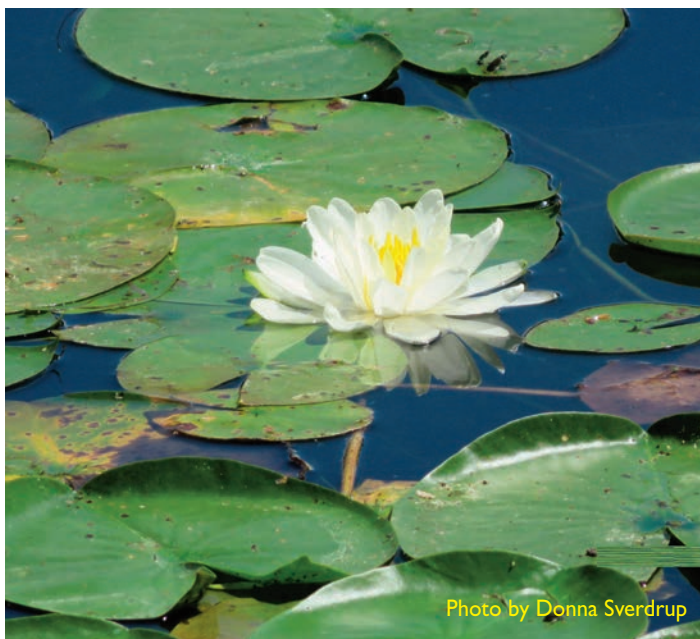


Photo by Donna Sverdrup

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