

The Bayshore Banner

The Official Newsmagazine of the Bayshore Village Association
Volume 11 Number 3 Summer 2017



Canada Day p. 8-11

Kayak Adventure p. 16

Travel to Bora Bora p. 29

Memorial Tributes p. 36, 38



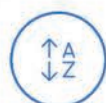
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The Bayshore Banner is published for the membership of the Bayshore Village Association

Editor: Noel Cooper
noelc@cottagecountry.net

Advertising Manager: Jack Pignatelli
bayshoreads4@gmail.com

Proofreading: Pat Beecham-Cooper

The Banner and the BVA members are very grateful to everyone who contributed articles to this issue.

The Bayshore Banner is available on our web site www.bayshorevillage.ca/magazine and as a full-colour book to be picked up at the Hayloft.

Cover photo: "Cloud Reflections" by Palle Skaade

Photo p. 3: "Algonquin Kayak Adventure" by Lynda Bertrand (see story, page 16)

The next issue will be published in October 2017.

The Bayshore Banner

President's Article



Catherine Hermans
President, BVA

Hi Everyone and Happy Summer!

"To plant a garden is to believe in tomorrow."

Audrey Hepburn

Over the past couple of months we've delighted in the resurrection of our lovely community. We've watched the bulbs grow, smelled the aromatic lilacs and hyacinths, and preserved and baked anything made of strawberries and/or rhubarb. Our own gardens have been planted and some have even been harvested, and our plans for an excellent *Canada 150 Day* came to fruition. Huge thanks are extended to Catherine Downie and her amazing committees for making July 1st a birthday to be remembered for all times! Congratulations to everyone who entered the new garden competition. Our Village looks marvelous! Happy Birthday, Canada!

Looking back to May, our Town Hall and General Meetings were well attended and our members spoke up to share their views and offer suggestions. Thanks to all of you members, for your keen interest in the operations of our community. As I mentioned in our last edition, areas of concern were clearly addressed in the proposed budget. Although recognizing that it's impossible for everyone to totally agree with every decision put forward by the Board and ultimately voted on by the members, I have received a large number of accolades regarding the effort that the Board of Directors makes on your behalf. Thank you for recognizing and supporting the good works of your Board!

Two important events will happen in September. The Annual General Meeting is scheduled for September 24th. Just as the emphasis of our last meeting was on the Budget, this meeting will focus on our Annual Elections and on proposed changes to our Bylaws. Our Nominating Committee, headed by Pat Beecham-Cooper, is now in place and is accepting nominations. On September 17th, the Sunday prior to our AGM, we've scheduled our Newcomers Reception. I'm looking forward to this annual social event, and especially to meeting our new members and raising a glass to celebrate you joining our community. Please mark these two important dates in your calendars.

A very special thanks is extended to all of our members who participated in the community research survey that was conducted in June. The number of households represented is fantastic! The results of the survey will be used to assist in determining the needs of our community as we move forward. We're excited to share the results of this survey with you at our AGM on September 24th. I hope to see you all there!

Catherine Hermans
President, Bayshore Village Association

Acting Vice President



Marg Sharpe
Ramara Ward 2

COMMUNICATION:

I am pleased to announce that we have a new Webmaster replacing Glen Morehouse who has moved from Bayshore Village.

Jon Wagner has taken over the helm of our Bayshore Website. With his qualifications and vision he will continue to move our Website forward as a vital part of Bayshore communications both in Bayshore Village and the outside world. We are so grateful that Noel Cooper is continuing as our Bayshore Banner Editor. Our Banner has come a long way over the years.

With our Communication Team working together we have an exciting future for Bayshore Village Communications.

BAYSHORE VILLAGE ARCHITECTURAL COMMITTEE

I am looking for members to serve on the Architectural Committee beginning in September.

We are looking for someone who would like to Chair the Committee and a couple of people who would like to join the committee members who are continuing on in their positions. I am pleased that Lorne our present Chair said he would stay on until a new member would like the job. He is quite willing to help with the transition. Thank you, Lorne; very much appreciated.

ByLaws:

We have two members of the By Law Committee reviewing all of our present Bylaws for clarity and interpretation. Thank you, Wayne Richardson and Dave Meharg. As long time residents, you have a full understanding of the Bylaws and background knowledge of why each was put in place.

Boats, trailers, RV's:

It's that time of the year that we are all enjoying our summer. Please follow the Bylaw for parking these items in your driveway.

Tree Cutting: If you have a tree that must be removed due to safety or root interference, please contact me for authorization.

What a wonderful July 1st *Canada 150* celebration we had in Bayshore – a fun-filled day for all and especially the children. When our children/grandchildren are laughing and having fun, it makes each of us laugh and smile and feel good. I had a terrific day – only got rained on when sitting in a beautiful convertible in the parade. The organizers and volunteers did an outstanding job.

Marg Sharpe
Acting Vice President BVA

Director, Common Waters: Goose Management in Bayshore Village



Kathi Kerr
Common Waters

Environment and Climate Change (ECC) staff were instrumental in assisting us during permit application and approval for goose management in Bayshore Village.

Andrew Bruce, a knowledgeable Wildlife Officer, spent the day with us on May 11, 2017 offering his support. Andrew was impressed by the work and preparation over the many months leading up to his visit.

Following a presentation made to the membership at the General Meeting on May 28th, Phase 2 of the goose management program was voted on and approved by the members of Bayshore.

This comprehensive goose management program is a trial to test the effectiveness of The Wildlife Management Group. It will be thoroughly evaluated prior to any future contractual commitments and the membership will vote whether or not to continue the program in subsequent years.

This program's team are responsible for deterring geese on common lands, ponds, Bayshore owned parks, and the Harbours.

Among their tools are pyrotechnics, used to haze the geese. This technique does not harm the birds. When discharged, the loud noise is effective in scaring the geese from the area.

A resident asked if all of the parks could be managed. The Wildlife Management Group can use all parks to guide the geese back into the water, however, they are not responsible for township owned parks.

Please keep the Board informed of any goose activity on common areas so that we can assist The Wildlife Management Group in collecting accurate data and records. This data will help us to determine whether or not the program should be continued in the future. We value your input and will keep you regularly informed.

Private Property:

What can you do to protect your own property from goose destruction?

If you want to discourage geese from grazing on your property, you need to use effective deterrent techniques:

- Reduce goose habitat attractiveness by
 - erecting barriers such as Goose D-fence, shoreline rocks, or shoreline marsh grasses that prevent easy goose access to the water;
 - hazing the geese with loud noises, dogs, etc.
 - Please DO NOT FEED THE GEESE!

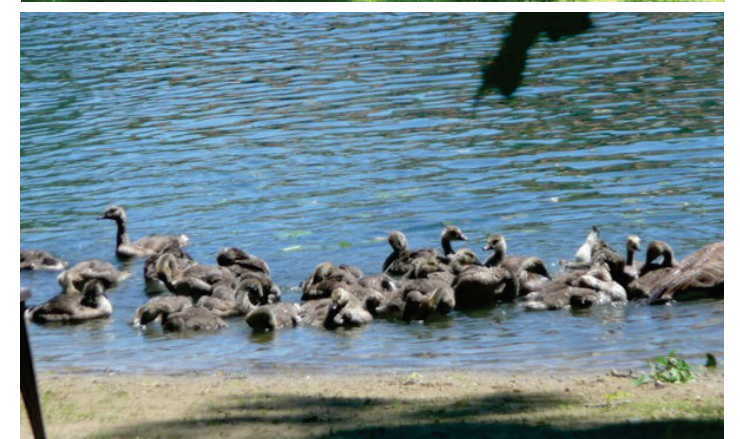
So far, we are cautiously optimistic with the goose management program.

As I write this article, we have less goose excrement at the harbours and on the golf course. However, the moult season will be the true test of goose management effectiveness.

At the Ramara Township meeting held on June 26, 2017, Council approved our request to grant permission for dogs to be in Township parks within Bayshore Village for goose management purposes. (Ramara Township Council Minutes June 26, 2017).

Kathi Kerr, Director of Common Waters

Photos: Geese grazing in the park, arriving at the beach, and at 52 Southview Dr.



Editor's Note: This is our first issue without the help of Glen Morehouse. Any flaws you notice are my fault; the general great look of *The Banner* is the result of Glen's guidance in the past.

I'd like to invite a volunteer or two to help with *The Banner*, perhaps with the hope of eventually taking over as editor. If anyone is willing to help me process the photos using Photoshop or a similar program, that could be a welcome first step. Anyone who is familiar with the Apple publishing application *Quark Xpress* would be most welcome to join the party at once. More likely, if the Banner is to continue in a similar format after I can't do it any more, the new editor will use a Microsoft publishing program like *Publisher*. Please get in touch if you would like to help.

Noel Cooper

Director, Common Lands



Steve Goulter
Director,
Common Lands

Pathway Repair



The following volunteers put in a huge effort to rebuild the path between Thicketwood and Park Lane. we replaced the culvert and improved the drainage as well as adding a wooden border and new gravel. I would like to recognize these men for their efforts.

Here they are:

Craig Childs, Robin McNeil, Greg Myatt, Lorne McCaig, John Bates, Norm James, Mario Camilleri, Gunther Gratzner, Tim Young and myself, Steve Goulter.

Steve Goulter, Director, Common Lands



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Ex Officio

NOMINATIONS FOR BAYSHORE BOARD FOR 2017-2018



Pat Beecham Cooper
Ex Officio

The AGM in September is fast approaching, and it's time to consider if you would like to sit on the Board.

The Nominating Committee is composed of myself, Pat Beecham-Cooper, as *ex officio* member of the Board, and Randy Sinotte and Sue Latham as members of the association.

We are looking for members to run for election to be a member of the Board. Each year, we vote to elect a minimum of four Board members. Candidates are not elected to a specific position. When the new Board meets after the election, they decide who will take on which position.

The Board Positions are:

- President;
- Vice-President and Director of Architecture, Policy and Security, and Communications;
- Director of Finance and Administration;
- Director of Social Events;
- Director of Hayloft Amenities;
- Director of Common Lands;
- Director of Common Waters
- Director of Harbours and Storage.

If you are interested in seeking a position on the Board, or if you know of someone who you think would be a good Board member, please let anyone of the Nominating Committee know.

We would like to have a list of nominees by the beginning of September, but nominations can be made from the floor during the AGM itself.

Thank you.

Pat Beecham-Cooper, Ex Officio

NEWCOMERS' RECEPTION

Mark Sunday, Sept. 17 on your calendar to welcome all the newcomers to Bayshore who have joined us in the past year. The reception will be at the Party Room in the Hayloft on **Sunday, Sept. 17 from 2-4 p.m.**

Tickets will be available in early September. Due to the large number of newcomers, there will be a limit on the number of tickets available.

ATTENTION NEWCOMERS: You are our guests and will be receiving your invitation by mail in early September! We want to meet you all and hear about you!

Pat Beecham-Cooper, Ex Officio



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Director of Social Events: Canada Day 2017



Catherine Downie
Social Director

Opening Ceremonies: The morning started with coffee and a wonderful array of refreshments provided by Nancy Marzano and her volunteers. We opened our ceremonies with Ken Jones and the children raising our flag and the singing of our National Anthem. O Canada was sung by Angie Bedford, Noel Cooper, Glenn Downie, Irene Heinz and John Waldon along with all those present. The singers were accompanied by Muriel Anderson on the keyboard. Jack Pignatell was our amazing sound set-up expert. It would not be a celebration without the attendance of our visiting dignitaries, introduced by our President, Catherine



ine Hermans. First up to the mike was Bruce Stanton, MP Simcoe North; Patrick Brown MPP Simcoe North was represented by Jill Dunlop, followed by Ramara Township's Mayor Basil Clarke, Deputy Mayor John O'Donnell and our own Ward 2 Councillor Marg Sharpe. Following the greetings we wound up the ceremonies by singing our own "Bayshore Song." Before the group dispersed to start the activities of the day, Donna Wilson, Coordinator of the Garden Competition, announced the winners.

Canada Day Activities: At this time I would like to acknowledge the dedicated members of our community who were ready and willing to offer their time, experience and efforts:

- Kay Beacham and Lynda Bertrand for our fabulous Canada Day decorations;
- Ken Jones and the children for raising the Flag;
- Pat Beecham-Cooper for inviting our special guests and hosting the Canada Day Table;
- Nancy Marzano and her team for the morning refreshments;
- Ted Gryzick our great photographer, who also looked after the event tables and waste pick up;
- Jack Pignatell & Muriel Anderson for the music and set up, along with our talented singers;
- Donna Wilson and the judges on our first Canada Day Garden Competition;
- Joe Sokolowski and his group of volunteers who organized and ran the Fishing Derby;

Photos: Ken Jones and the children raise the flag; Dawn Smith and Pat Beecham-Cooper paint faces; anthem accompanist Muriel Anderson with singers Irene Heinz and Angela Bedford.

- Marc Bertrand and the Golf Committee for giving us another great Golf Scramble;
- Jim & Leslie Fielding and the Darts Group for hosting the delicious BBQ Lunch;
- Eva & Olaf Stosch and Tim & Marie Young for serving the delicious cake & ice cream;
- Dawn Smith and her talented artists for very creative face painting;
- John & Kathy Alden and their volunteers for organizing the pet contest & afternoon games;
- Doug & Karen Payne and their assistants for organizing, marshalling and judging the parade.

Canada Day would also not be possible without the contributions from our generous sponsors: Home Hardware; Len Skok, Realtor; Ria & Robin Searle; Stephen Bates; Mike's Autobody & Tyre; Home Depot; Paper Kapers; Food Basics; Zehr's; Street's Flower Shop; Jason's No Frills; Scott's Garden Centre; Fern Forest Gardens; Windmill Garden Centre. Contributions were also received from Pat Bellamy's Line Dancing and the Bayshore Village Yard Sale.

Please do not hesitate to contact next year's committee if you are able to assist in any way; your input is always welcome.

Catherine Downie
Director of Social Events



Photos on these pages by Ted Gryzick

Canada Day 2017

Bayshore Village Canada Day Garden Contest

Thanks to the many entrants to our Canada Day Garden Contest. We received entries from 18 homes, and all of the gardens were beautiful and well kept.

Our winners were as follows:

Overall Curb Appeal



1st Prize: Marilyn & Steve Goulter (pictured),
2nd Prize: Ron & Brenda Thompson, 3rd Prize: Sandra Cherry

Best Container Garden



1st Prize: Marilyn Richardson (pictured)
2nd Prize: Wendy Lucas,
3rd Prize: Nori Drysdale

Best Backyard Garden

1st Prize: Sandra Cherry (pictured right),
2nd Prize: Marilyn Goulter
3rd Prize: Anne Pike

Thanks to our fabulous judges, Robert Newton, Adele Proulx and Marielle Montemurro. We started our adventure in the rain on Thursday afternoon, Our dedicated judges wearing duckie boots and sporting umbrellas kept going and the judging was completed Thursday around five pm!!! Also many thanks to Ted Gryzick for taking these photos of the winners.

Canada Day BBQ

Well, my first Canada Day BBQ is over and I can finally breathe a sigh of relief.

I have to be honest, I was a wee bit nervous about the whole event: did I buy the right hotdogs? will I run out of pop? will it rain etc. etc? Well we didn't run out of pop, no one complained about the hot dogs and thankfully the weather gods were good to us and the rain held off so all in all I think it went pretty smoothly. This would never have happened without the hard work before, after and during the BBQ from all my fantastic volunteers. I want to personally thank each and every one of them. Can't tell you how much Jim and I appreciated all the work and dedication. You all did a great job and made serving 360 hot dogs a fun afternoon.

Thank you to Brad Dutot, Ron and Bev Joseph, Bill Pike, Linda Bridges, Dawn Kelly, John Hammond, Wayne Perzel and Donna Wilson for set up, clean up and cooking. Thanks to Guy Montemurro and Dave Traviss for setting up the tents from Home Hardware bright and early in the morning. Special thanks to Julie Murray for all her expertise and advice.

Can't thank you all enough. You guys are the best!!!!

Leslie & Jim Fielding



Thanks to our generous sponsors: Len Skok, Home Depot, Food Basics, Zehrs, Scott's Garden Centre, Fern Forest Gardens, Street's Flower Shop, Windmill Garden Centre and Jason's No Frills.

Happy Gardening!!!!!!

Donna Wilson

Canada Day 2017: Fishing Derby

Canada Day 2017 Children's Fishing Derby

Again this year, the Bayshore Village Children's Fishing Derby was held on Canada Day and a fun morning was had by all. 54 boys and girls, aged 2 through 16 years, participated this year and caught 134 fish. All fish caught were released 'live' after measurement and recording.

Overall winners in each age group, boys and girls, received a 1st place trophy. Medals were also provided for largest and smallest fish, boys and girls. All participants received a prize. This would not be possible without the generous contributions of our sponsors. Please support and thank these individuals because it is their donations which allow this derby to take place annually with minimal cost to Bayshore and maximum payout to the participants.

Mike's Auto Body & Tyre (Brechtin) donated 15 dozen worms. Stephen Bates, representing Shimano & 'Ontario Out of Doors' magazine, provided fishing rods/reels, fishing tackle kits and various other fishing related items.

I would also like to thank the many volunteers that contribute their time, energy and experience to help make this derby possible. Without the generous commitment from these individuals, it would not be possible to stage this event.

Wendy Chan and Veronica Barnes handled Registration and Recording. Karle Kampe contributed his fish measurement experience. Dave Johnson filled the role of Fishing Rod Mechanic while Doug Payne, Randy Hutchinson and Des Barnes handled Worm Distribution and Pier Supervision.

I would also like to personally thank Ted Gryzick for the outstanding job he provides setting up the facility and photographing the event.

Champions

Boys 2-5 years

1. Henry Herbert
2. Cohen Hermans
3. Owen Hermans

Boys 6-9 years

1. Spencer Anderson
2. Evan Wilson
3. Braeden Pinkerton

Boys 10-16 years

1. Daunte Smith
2. Braden Hann
3. Tyler Hann

Boys Largest Fish

- Evan Edinger

Boys Smallest Fish

- Stefano Pantaleo

Girls 2-5 years

1. Danika Alkemade
2. Norah Hiraishi
3. Olivia Horner

Girls 6-9 years

1. Caydence Wojcik
2. Stella Delaney
3. Celia Mazanik

Girls 10-16 years

1. Elizabeth Mazanik
2. Hannah Wagner
3. Eva Wilson

Girls Largest Fish

- Amy Blankenship

Girls Smallest Fish

- Stella Delaney

Joe Sokolowski
Fishing Derby Coordinator



Photos on these pages by Ted Gryzick, except as otherwise noted.

Canada Day 2017: Games

Luck was with us this year and the rain held off for most of the day. We were able to complete all of the Canada Day Games before the rain started. The competition was fierce and the judges really had their work cut out for themselves. Here are the results for the afternoon's events:

Pet Contest (photo, below)

- 1st: Bella (Kathi Kerr)
- 2nd: Maggie (Linda Bertrand)
- 3rd: Skipper (Keith Bellamy)

Three Legged Race

- 1st: Konrad and Clare
- 2nd: Adamo and Evan
- 3rd: Jackson and Jalen, Alana and Aiden, Dyson and Logan

Wheel Barrow Race

(photo, top right)

- 1st: Jalen and Jackson

Shoe Toss

- 1st: Brennan
- 2nd: Logan Vassiliadis
- 3rd: Paul Mazawik

Water Balloon Toss

(photo, centre right)

- 1st: Jalen and Jackson
- 2nd: Logan and Dyson
- 3rd: Conrad and Hanna, Adamo and Evan

A big thank you goes out to all the volunteers who donated their time and energy to prepare and run the games!

Thanks to the Canada Day Games Volunteers:

Calvin and Carole Yake
Marielle Montemurro
Melissa Meharg
Craig Childs
Bob Latham
Terri Papa
John and Kathy Alden
Marg Sharpe

It was a great day.

Kathy Alden



Photo by Marg Sharpe



Our dedicated village photographer, Ted Gryzick, took hundreds of pictures on Canada Day. Other photographers also submitted photos. Our new web master, Jon Wagner, has posted many of those photos on our village website, www.bayshorevillage.ca. You are invited to visit the site and download (using a right click with your mouse) any photos that appeal to you.



Pictures on this page by Kathi Kerr:
The attractive decor developed by
our Social Committee; couples clock-
wise: Wayne Perzel and Donna Morrison, Ron and Bev Joseph, Victor and
Marika Relvas. Group photo L to R: Kathi Kerr, Myrna Finlay, John Waldon
(face and fingers), Cindy Cavers, Bob Finlay.

Our new BVA Web master, Jon Wagner, has been a resident of Bayshore Village for more than 20 years. He is an experienced communicator, having run a world-wide online business. Jon hopes to use the Bayshore web site to communicate with our members on a regular basis. He invites you to let him know your ideas about the Web site. Numerous photos of the April Pub Night and the Spring Fling (including many photos of couples) have been posted to the site. They can be downloaded to your own photo collection via a right click on your mouse.

If you're wondering who Jon is, he can be seen seated at the left of the table, in the photo at right centre on the next page.

Other Social Events

SPRING FLING, June 3



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Other Social Events

PUB NIGHT, APRIL 25 Featuring the Song Stylings of Ian Roy



Photos on this page by Ted Gryzick, ex-
cept, of course, the picture at top right of
Ted himself showing his stylish moves,
dancing with Laura Malarczuk.



Ramara Ward 2 Councillor Marg Sharpe



Marg Sharpe
Ramara Ward 2

Township of Ramara Official Plan: At the June 26, 2017 Council, a public meeting was held to review the Township of Ramara Official Plan. Notice was given in the newspaper that all residents of Ramara were invited to attend a Special meeting of Council, on Monday June 26 at 7:00 p.m., in the Council Chambers.

The purpose of the meeting was that the Township of Ramara, along with EcoVue Consulting Services Inc, is performing a review of the current version of its Official Plan, as required by the Planning Act, the County Plan, or changes in the local environment (social, natural, economic, etc.) since the current plan was written. Official Plans provide general development policies relating to residential, industrial, agricultural, aggregate, etc. land uses.

A presentation was made to Council by EcuVue Consulting Services Inc. with topics relating to Background, Purpose, Official Plans, Planning Hierarchy, Work Plan, Key issues and Get Involved. The logo for the Official Plan is "Ramara, Make Your Mark!"

Union Gas made a presentation to Council on June 26, 2017, Extending Natural Gas Service: Township of Ramara. Topics were: Why we are here, Cost Comparison, The Ontario Energy Board, Ontario's Natural Gas Grant Program, Community Profile, Proposed Service Map, partnering on Grant Application, Timeline and Looking Ahead.

You may review the presentation on the Township website www.ramara.ca

2018 Budget Dates: November 22nd & 23rd, 2017

Glenrest Dr. final phase: Hi Float is to be completed September 15th, 2017 at the latest.

Bayshore Effluent Spray Fields. Council has invited MPP Patrick Brown and PC nominee Jill Dunlop to tour the Bayshore Effluent Spray Fields. In 2018 the Lake Simcoe protection plan is coming up for review, this is the opportunity to have the act changed and recognize the Spray Fields as a Waste Facility. Once this happens, the Township can move forward to building the preferred Facility on that site.

Speeding on our roads is a big problem. Walking, running, cycling, is a huge safety issue. All communities are trying to get more Police presence; we need to start to ticket the speeders. Everyone, please check your speed, and adhere to the speed signs, for the safety of all residents.

If you have any concerns, questions relating to your roads/culverts/ditches any issue etc, please do not hesitate to contact me. If I don't have an immediate answer I will get it and communicate back to you in a timely manner.

I hope everyone had a wonderful day on July 1st celebrating Canada's 150th Birthday.

Marg Sharpe

Councillor Ward 2, Township of Ramara
Council Liaison Works Department
msharpe@ramara.ca
705-484-5786

Bayshore Autumn Golf Tournament



The Bayshore

Ryder Cup

Saturday September 9, 2017

The Bayshore Village Ryder Cup is an annual event which takes place on the weekend following Labour Day. It borrows its name from the famous Ryder Cup challenge of American golfers vs European golfers. In a similar fashion, our format divides participants into the Red Team vs the Blue Team. All levels of experience are welcome as we attempt to place you with similar skill levels. Generally, spouses are paired together; however, singles are most welcome as we match you up with other singles. Once the pairings have been established, golfers show up proudly wearing their team colours. You and your partner will compete against a pairing from the other team in two different 9-Hole Games.

The first is a Scramble (or Best-Ball) format. Each person hits from the tee. The team then chooses the best of the two drives, and then picks up the other ball. The players move to the position of the better drive for the team's next shot. This is repeated until the ball is holed. You then compare your score on that hole to your opponents. The lower score wins the hole. The hole is "halved" if the teams tie. The object of the Round is to win more holes than your opponent. If you have done so, your team will contribute 1 point to your overall Team Colour's score.

The second format is Alternate Shot. As its name implies, you and your partner take turns hitting the ball until it is holed. As with the Scramble, your objective is to complete the hole in fewer strokes than your opponents, and should you win more holes than them, you will contribute a point to your overall Team Colour's score.

When all rounds have been completed, the Team Colour that has accumulated the most points will be declared the winner and have bragging rights for an entire year.

A delicious catered meal follows in the Hayloft and all bad shots are forgiven and forgotten.

Marc Bertrand

Bayshore Pottery
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Kathy Alden
bayshorepottery@gmail.com

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The Bayshore Banner Summer 2017

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Bayshore Village

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Mr. M. Maw

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Dr. Kendall

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Kayak Adventure



Our kayak group decided a few months ago to venture further than the shores of Bayshore Village. Algonquin Park became a destination place as it is incredibly beautiful, offers wonderful lakes and hiking possibilities, and is not too far to travel with cars loaded down with kayak jazz.

The search for accommodations for 24 was a must. Marc and I have been avid Algonquin trippers for 24 years; we knew where to begin the search. Oxtongue Lake was a good start. Oxtongue Lake sits just on the perimeter of Algonquin, a great paddle and access to good hiking. We contacted Guy from Oxtongue Lake Cottages; seven cabins were available for our dates. All cottages offered a spectacular view of the lake, steps to drop in our kayaks, decks to enjoy all of nature – we only had to sit back and enjoy! We could not resist.

Our departure day was rainy and chilly. No problem: we are a tough bunch! With kayaks loaded, food in coolers, beverages to satisfy all needs, we were off at 8:30 a.m. Arrival was a few hours later, cabins were ready, the weather was wet, and white caps danced the lake. Our spirits were not dimmed, we settled in, hiked to Ragged Falls, waited for the winds to die down,

and then hit the whitecaps with a vengeance. Wow, what a paddle, so fun!!

Dinner was a community BBQ, all squeezed into one cabin as the BLACK FLIES invaded us. What fare we had to eat! Bayshore's famous chefs were all there. Yummy! A camp fire followed; we all hit the bed a wee bit early – the waters beckoned at sunrise.

Dawn arrived clear and magnificent, the kayaks were in the water by 6:30 a.m. Spectacular sun dappled the misted waters – a paddler's dream. Hours of paddling followed; this was paradise. Short hours later we had to pack up. Talks of our next adventure was the topic of the moment. We all loved the adventure. Many paddlers had their first kayak trip; everyone was amazing – even our four-footed companions enjoyed the adventure.

We now have thirty keen paddlers in our group. Please come and enjoy a day of Zen on our waters.

Paddles Up!
Lynda Bertrand



The Bayshore Banner Summer 2017

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Spring Fashion Show



A *Northern Reflections* Spring Fashion Show was held at the Hayloft on April 9th. A cheque for the proceeds of \$527.50 was given to the Salvation Army, Orillia. The committee appreciates the support of Bayshore residents and their friends and all volunteers for their assistance with this very successful charitable event.

I would like to extend thanks for a very successful Fashion Show held at the Hayloft on April 9th.

Along with my committee — Kathy Hutchinson, Laura Malarczuk and Dawn Smith, special thanks to:

- the 19 models who all did a fantastic and quite professional job
- Lorraine and her staff from Northern Reflections
- The kitchen helpers, Darlene, Renee and Ella and ticket taker, Jacque
- Brian Hutchinson (set-up and take-down)
- Jack Pignatelli (sound system and lights)
- Bayshore residents for their support
- Mrs. Garfield Dunlop for her generous contribution
- Kathleen Moyle for donating gift bags from Arbonne



The models: Betty Gow (main photo); L to R: Laureen Ash, Jane Davies, Deb Rautins

Thanks again for supporting this 'fun' event.

Lorna Pollard

Ramara Speaks Her Mind

Greetings, fellow Bayshorians.

I trust you are maintaining a tight rein on your ageing, your health, and mental faculties. I myself am doing all that is possible. Let's face it. We're all in the same boat and, unfortunately, heading in one unyielding direction. Cats and people. Okay. Alright. Dogs too. I have put into action a training regime in order to try as valiantly as I can to slow this inevitable course.

I oversee the yoga that takes place on the kitchen floor on weekday mornings. However alarmed I am by the sharp intakes of breath and the grunts that issue forth from my mistress Gail, I persevere on my watch. I crouch by, maintaining my extraordinarily good posture, in fit condition, to call 911 if necessary.

On guard I am when I perceive any indications of failing eyesight, like the time Gail bent over to pick up a dust bunny that turned out to be a spider. Now that was an epic case of near heart failure. Heart failure for me as well as Gail. Her piercing scream caused my heart to bend, then wrap around itself. Well. Talk about getting the heart rate up.

Then there was The Bat in The Bathroom Incident. He was trapped in the shower. I heard him first. We opened the shower door and chased the bat all over the house. Gail used a butterfly net. We got him and released him outside. That was an all round jolly good source of exercise, I must say. We hit the peak of the heart rate zone chart that night.



Of course my supervision in the garden provides an excellent workout session. I hold my breath for what seems long periods of time when Gail lugs bags of mulch. I hold my self in full preparedness, muscles tensed, like a warrior, expecting her to lurch over sideways or backwards. Being crushed is to be avoided at all costs.

As you perhaps can divine, Dear Readers, my maintenance regimen includes aerobic and anaerobic activities. I do jump away from trouble. I do run from imminent danger. Hydrating is extremely important. My water bowl is always full. I exercise my core in leaping up to my cat condo. I do a plank just before lowering my body onto the top position on the condo. A sit-up is accomplished when I draw my body up from a nap. My daily grooming encompasses a type of what we might loosely describe as sit-ups.

Oh yes. My favorite yoga pose is Balancing The Cat. I implore you to try it. It calms the nerves.

I am hopeful you will not resent my feline recommendations to guide us all to good health. My advice is offered along with the great esteem I hold for all my neighbors in Bayshore: keep all four feet on the ground and chase life's offerings.

Yours,

Ramara

(as told to Gail Carter)

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Pickleball

Pickleball is a sport that combines badminton, tennis and table tennis all rolled into one. The racquet or paddle is either wood or a graphite composite material. The ball is a lightweight perforated polymer material. The sport is usually played with four people (two teams of two players each) but can be played with two or three players. At Bayshore Village, we usually play with four players. The rules and scoring are simple but can be a challenge to master for players new to the game. All rules are governed by the International Federation of Pickleball (IFP). Safety on the court and sportsmanship are of primary importance. Because of these two factors, pickleball is a great way to exercise and meet a new group of people.

We do have some paddles at the Bayshore Village courts for beginners who want to try their hand at this sport. If you think that you like the sport and want to purchase your own paddle, the prices for composite start at about \$60 and go up to over \$300 for a rimless paddle. Most people go for a mid-range price. Wooden paddles are about \$25 each. Balls cost \$4-\$5 each, depending on brand. The only other equipment needed is a pair of non-scut running shoes.

The game does not require the same cardiovascular intensity as tennis and is therefore, growing in popularity with the 55+ age demographic.

Hope to see you on the court.

Submitted by Randy Hutchison



Left to right; Randy Hutchison (instructor), Anne Pike, Bill Ecklund, Katie Ecklund, Gunther Gratzner, Carol Rosa, Des Barnes, Veronica Barnes, Jim Fielding, Artena Hutchison (instructor)

Absent from the photo are Bill Pike, Theresa Morawiecka, and Iris Storoziński.

The "Introduction to Pickleball" sessions were held May 29 and 31 at the Bayshore tennis court with 11 participants. Anyone wanting to play this growing sport, or to get more information on playing times, can contact Randy at 705-484-1238 or email at artena_hutchison@hotmail.com.

Special thanks to our resident photographer Ted Gryzick for a great photo.

Orillia BIG BIKE Ride for Heart and Stroke



At 1 pm on May 11, 2017 at Couchiching Park, the Bayshore Heartbeats (the "winningest" fund-raising team team in Simcoe County for many years) took their 29 seats (with the world's oldest Yoga instructor, Ida Herbert) and once again led the way with \$10,925... stealing the top spot in Simcoe County from the Barrie team from Busch systems (\$10,100). Jack Parker (ex-resident of Bayshore and an original "Heartbeat") still rides enthusiastically with the team and this year raised \$5,675 by himself!!

A big thank you to everyone in Bayshore who has helped contribute to an amazing 2017 BIG BIKE season. You are directly impacting the lives of millions of Canadians across the country, and I am certain that the 2018 season will be equally successful.

PS.... a special shout out to my husband Jim Bruce who took over the Captain's duties on the day whilst I was recovering in OSMH from my hip-replacement surgery!

Thank you all!!

*Bayshore Heartbeat Captain
Astrid Bruce*

Bridge Scores

Here are the results of the bridge scores from Mar-June, 2017

For December-April, with many players away enjoying warmer climes, we combined both groups and play on Wednesday afternoons at 1:00 p.m. in the Great Room.

Combined Bridge Results Mar/April 2017

Highest Score:	Claudette Smith	6300 points
Second Highest:	Lorna Pollard	6000 points
Third Highest:	Fran McVie	5700 points

General Bridge Results May/June, 2017

Highest Score:	Lloyd Lockhart	6790 points
Second Highest:	Noel Cooper	5930 points
Third Highest:	Pat Beecham-Cooper	5760 points

If you would like to join us, please contact Pat Beecham-Cooper at 705 484-0221. Both groups are very friendly and welcoming. All are welcome.

If you would like to learn to play bridge, or brush up on latest conventions, Pat Beecham-Cooper will be giving bridge lessons in the Great Room on Fridays from 11:00 a.m. to 1:00 p.m. Contact her to make arrangements. Everyone welcome no matter how knowledgeable you are!

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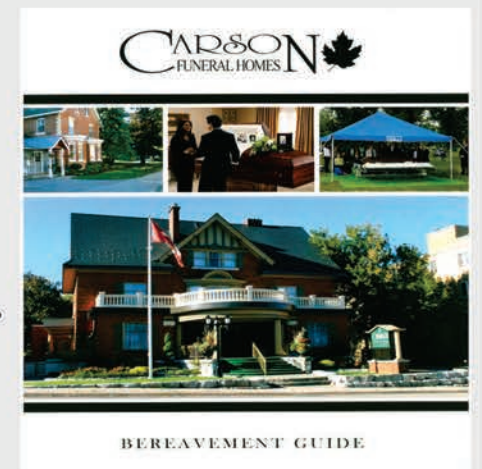
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Fasting Can Help You Live Longer

Scientists are examining the way fasting affects cellular and mitochondrial function, and longevity. They've found that the cells in your body react to fasting in much the same way as they do to exercise. In other words, when placed under stress – be it exercise or fasting – the reaction creates changes at the cellular level that help extend your lifespan.

For starters, fasting shifts your body from using glucose as its primary fuel to using fat, and being an efficient fat-burner benefits your health beyond weight loss.

Although much of the research is on fasting or intermittent fasting, the newer term is sometimes referred to as TRF (Time Restricted Feeding) which promotes eating in a narrow window of time, typically 6-8 hours.

Fat is a far cleaner-burning fuel than carbohydrates and generates far less free radicals.

Glucose is an inherently "dirty" fuel as it generates far more reactive oxygen species (ROS) than fat. But to burn fat, your cells must be healthy and normal. Cancer cells, for example, cannot burn fat, and this why a healthy high fat diet appears to be such an effective anti-cancer strategy.

We're now starting to realize that mitochondrial dysfunction is at the core of virtually all diseases, and nutritional intervention — not only what you eat, but also when, and how often — is of key importance.

To summarize, mitochondrial health is promoted by eating real food; avoiding food at least 3 hours before bedtime; and intermittently fasting.

Fasting is a biological stressor with several amazing health benefits, including normalizing your insulin and leptin sensitivity, promoting human growth hormone (HGH) production, reducing oxidative stress and lowering triglyceride levels.

And now a team of researchers from the University of Southern California believe they have discovered yet another benefit: the regeneration of stem cells.

During the initial 14-16 hours of not eating, your body burns through almost all of your carb (glycogen) stores in your muscles and liver. Once those glycogen stores have been depleted, your body turns to fat stores for energy. Intermittent fasting teaches your body to efficiently burn fat for fuel.

In an adult, the undifferentiated stem cells found in tissues and organs are used by the body to renew itself. The primary role of these cells is to maintain and repair the tissues where they are found.

Another effect of fasting is autophagy. When this vital process occurs in the mitochondria it is called mitophagy. This is when your body begins to eat itself in an orderly pattern to remove damage parts from your body.

Although it sounds like something you'd want to avoid, this particular process is healthy and helps your body to "clean house," according to Colin Champ, M.D. and certified radiation oncologist at the University of Pittsburgh Medical Center.

"Think of it as our body's innate recycling program. Autophagy makes us more efficient machines to get rid of faulty parts, stop cancer-



Steve Goulter

ous growths, and stop metabolic dysfunction like obesity and diabetes."

Mitophagy happens at the cellular level where the membranes break down and your body recycles what's healthy and uses the rest for energy, or to make new parts. This process may also play a role in controlling the amount of inflammation in your body.

There are several ways to elevate your body's ability to destroy worn out cells and regenerate new ones. The first is exercise, which puts stress on your body, tears down muscle, and helps your body to rebuild new tissue.

A highly effective way to boost mitophagy is intermittent fasting. Some studies even suggest intermittent fasting can improve cognitive function and brain structure, and help you to learn more easily. Yet another way to mimic mitophagy is to use a high fat diet consisting mainly of high quality healthy fats with a moderate amount of high quality protein and minimal non-fiber carbohydrates in the ratio represented in the graph below. The idea is to reduce your carbohydrate intake to a level that your body has no other choice but to burn fat for fuel.

Research demonstrates this diet will help your body fight cancer, lower your risk of diabetes, fight some brain disorders, and possibly reduce seizure activity in children.

There is compelling evidence that when cells are supplied with fuel when fuel is not needed, the cells leak electrons that react with oxygen, producing free radicals. Free radicals are responsible for damage to your cells, DNA, and have been linked with an increased potential for illness and disease.

The best way to reduce free radical damage is not to take antioxidants but to make sure you are burning a clean fuel like fat and not carbs. However, when your caloric intake is greater than necessary, and especially when consumed at a time when you have low energy needs, like when you are sleeping, it increases the number of free radicals produced.

This is also why I recommend not eating at least 3 hours before bedtime. Your body will use the least amount of calories when sleeping, so the last thing you need is excess fuel at this time, as it will generate excessive free radicals that can damage tissues, accelerate aging, and contribute to chronic disease.

I personally strongly disagree with fasts much longer than 18 hours as it will drive most people into burning lean muscle mass for fuel. This is why I recommend 16-18 hours of fasting each day and eating all of your calories in the remaining six to eight hours. This reduces your body's dependence on carbohydrates and glycogen on a daily basis. Research has demonstrated a lowered cancer risk and improved weight management in both humans and animals.

To sum it all up, intermittent fasting improves your immune system and mitochondrial function, and reduces your inflammatory process and the amount of free radicals in your body. It is also dramatically helps to slow down the aging process. In other words, going without food now and then is not going to kill you – on the contrary, it may be one of the keys to living a longer and healthier life.

Original article by Dr. Mercola, summarized here by Steve Goulter

This article expresses the point of view of the author. Readers are encouraged to consult their health professional for a further opinion.



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Summer Fashions 2017

Hi Villagers

Well, lets hope the rain stops and we have sunny summer days ahead.

This year brings a return to the peasant look with embroidery trim on gauzy skirts and off the shoulder blouses. In fact, look for sheer tops in a variety of styles and colours – very light and airy worn with a cami.

Key-hole sleeves have returned from the 60's in blouses and tops. This feature allows the upper arms and shoulders to be bare even with long sleeves. This look is lovely on shapely shoulders and upper arms.

Stripes in all forms, pants, capris, shoes and canvas bags – a fun beachy look.

If you like wearing leggings, try them in a bamboo fabric. They are cool and come in a variety of fun shades – a casual look worn with a longer top.

Ahoy matey! Yes, the nautical look is always fresh, crisp and clean. Try shades other than navy and red, which always look striking. Opt for green, pink or yellow stripes for a change.



The slim leg remains in capris and pants. Even shorts are now fitting slimmer on the thigh.

Now to swimsuits: tropical prints, stripes, florals and solids will be seen by the pool or lake.

Ruching (gathers) detract from tummies, boy legs look better for heavier thighs, for the larger bust try draping or ruching. With so many wonderful new fabrics, styles and attention to problem areas, there is a swimsuit for everyone. If you absolutely want more coverage try a swim dress that you can go from your dock

into the water. They dry quickly and you can wear without a cover-up.

I will be happy to assist you with your fashion or body image questions. Have a great summer and don't forget your sunscreen. See you in the water.

I think it's time for my marguerita!

Cheers,

*Brenda James, V.P. Fashion & Marketing
Buyer, Image Consultant*

Ladies High Bridge Scores May 1– June 14

Congratulations to the following ladies who scored the highest bridge scores from March 25 to June 14.

Highest score:	Marj Melhuish	5100 points
Second Highest score:	Lorna Pollard	4170 points
Third Highest score:	Claudette Smith	4150 points

Claudette also had the highest bridge score recorded in recent history at Bayshore. On May 30, 2012, she scored an amazing 8550 points!

Congratulations to all!

In the last two months two of our long time members moved away from Bayshore. Marj Melhuish is in Orillia and comes to visit us oc-

asionally. We also said goodbye to Barbara Bauckham, who moved to Ottawa. We miss both of these ladies very much and thank them both for the many years they contributed to Bayshore Bridge, in both the Ladies Bridge and in Monday night mixed bridge. We wish them both the very best.

If you would be interested in joining us for a very friendly game of bridge on Wednesday afternoons in the Hayloft's great room, please call Lorna Pollard at 705 484-0330

We also have mixed general bridge on Monday evenings at 7:00 p.m. in the card room. This is a Chicago style bridge. If you are interested in joining in, please contact Pat Beecham-Cooper at 705 484-0221.
Submitted by Pat Beecham-Cooper

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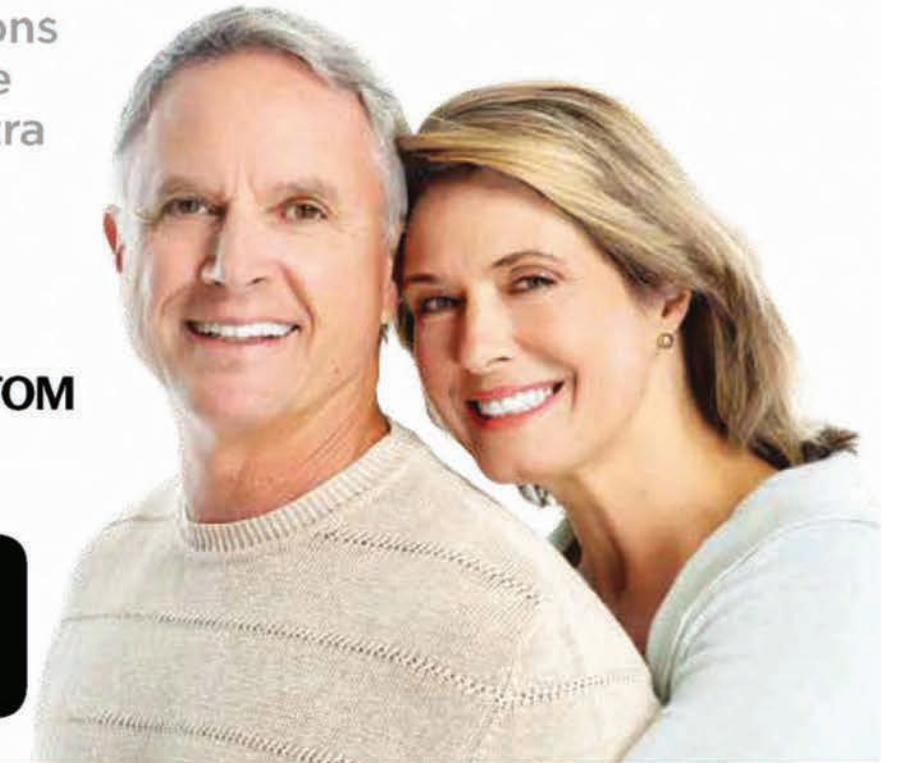


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Creative Arts at Bayshore September 29-30, 2017

Calling all artists, artisans, authors, photographers and crafters!

Bayshore's ninth annual Creative Arts show will take place on Friday, Sept. 29 from 7-9 p.m. and Saturday Sept. 30 from 10 a.m. to 4:00 p.m.. Set up will be Friday afternoon at 1:00. The show will take place in the Great Room and the Card Room again this year.

We are looking for artists, artisans, authors, photographers and crafters to become part of the show, especially if you are a new resident of Bayshore and have any of these talents. Beginning artists are welcome, also.

Each year the show attracts more visitors, from both in the Village, and from the outside. This is a great opportunity to show your creations, and give visitors the opportunity to purchase items and gifts. Christmas is coming soon!

We have been fortunate to obtain sponsors which covered the costs of promotion and other incidentals, so there was no cost to the artist. We hope we can do the same this year, but if this doesn't happen, the cost per artist is usually only about \$10.00.



Blue Iris by Cathy Rogers

If any one's business would like to help sponsor the Art Show, please contact Pat Beecham-Cooper at 705 484-0221, or beecoop@cottagecountry.net. Your company logo will go in the brochure handed out at the show, as well as on a display board during the show, and on flyers that are posted around the area advertising the show.

In keeping with Bayshore's policy, 10% of each artist's total sales is donated to charity. Last year we gave almost \$400.00 to the Orillia Food Bank. We can determine which charity to donate to once all the artists have committed to the show.

So, we are looking for you!!! If you would like to take part, please call Pat Beecham-Cooper at 705 484-0221, or email at beecoop@cottagecountry.net.

We will set up on Friday Sept.29, from about one o'clock on, so everything is ready to go Friday night at 7:00

Mark September 29 and 30 on your calendar for the Art Show!

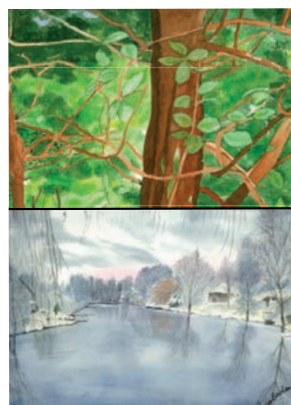
Pat Beecham-Cooper

Brown-Stanton Meet and Greet

A very successful meet and greet breakfast was held on April 29 in the Hayloft. Over 40 Villagers attended and after brief opening statements, a wide variety of questions were asked, and answered by our elected representatives, Bruce Stanton, M.P. and Patrick Brown, M.P.P. Our wonderful Bayshore chefs made a delicious array of breakfast casseroles to go with fruit, muffins, and other goodies.

Many thanks, again, to all who helped to make the day successful: those who helped set up the room, the casserole makers, servers, the clean-up crew, those who helped on the door and our M.C. Marg Sharpe, who is also our Councillor for Ramara Township.

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Line Dancing at Bayshore



The Line Dancers of Bayshore:

Back row left to right: Jane Kelman-Davies, Artena Hutchison, Catherine Downie, Catherine Plue, Ria Searle, Barbara Cordeiro.
Front row, left to right: Marie Young, Terri Papa, Tim Young, Susan Latham, Pat Bellamy in front of Tim Young.

We have just completed our third Spring session of line dancing at the Hayloft. We started Tuesday April 4th, 2017 from 10:00-11:30 a.m. with four new beginners this year to add to last year's dancers.

Some said they were unteachable and one had said she had never danced before in her life and all were pleasantly disappointed when this year's session was over, having had great physical and mental exercise throughout the 11 weeks. They were all very diligent and wanting to learn by coming to each class, making it much easier for me to teach and making it more fun for them. All did extremely well and it was my pleasure to teach them. We all had a lot of fun and many laughs in the interim.

We finished Tuesday June 13th, 2017 with a Pot Luck lunch at my house... Spouses were invited as well!

I would like to give special thanks to Catherine Plue for moving her Walk Fit class to Monday mornings to make way for this year's Spring Line Dancing Session.

Line dancing will begin again in September.

Sincerely and keep dancing...

Pat Bellamy

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Garage Sale May 27

To all the Folks who participated in the Garage/Yard Sale event on May 27...

A heartfelt and special thank you to all who participated in Bayshore Village's Annual Garage/Yard Sale. We hope you sold a lot of great treasures and had fun doing so. I also hope you met many interesting people with fascinating stories to tell.

The weatherman dealt us a great day for the Garage/Yard Sale even though the weatherman was not so very kind around us. Isolated showers were present in Orillia and Lagoon City.

Everyone had lots of "stuff" in their driveways and traffic was fairly hectic at times. I was told the first sale was made at 6:30 a.m. Lots told me their first sales were approximately 7:00 a.m.

To the folks who gave out packages and collected for the Garage/Yard Sale...

Lia DeRoeper/Dave Traviss - 14 Southview Drive
Wendy & Glenn Lucas - 226 Bayshore Drive
Doug Pollard/Peggy Powell - 192 Bayshore Drive
Kristina & Rick Frise - 120 Bayshore Drive
Nancy & Joe Marzano - 1 Park Lane
Kathy & Brian Hutchinson - 18 Maple Gate
Bill & Ann Pike - 19 Maple Gate

Thank you for making a big job, a little lighter...many hands make work light.

A special thank you to Betty & Ted Gryzick for placing the signs in self-directing locations so traffic could be spread throughout Bayshore Village instead of just the first part of the Village. Kudos to Betty and Ted.

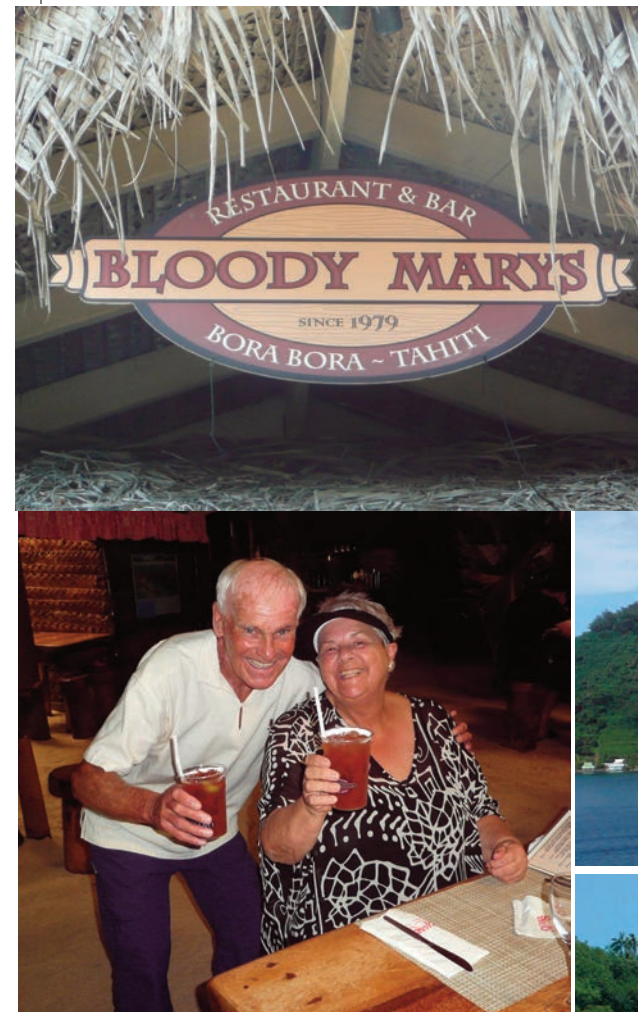
After expenses are taken off, the balance will be donated to Bayshore Village for Canada Day Celebrations.

This has been my fifth year organizing the Annual Bayshore Village Garage/Yard Sale and even though I have enjoyed it, would like to pass the baton on to any person/s interested in continuing this event. I would pass on my expertise, files and contacts. New ideas are welcomed and needed for future Garage/Yard Sales.

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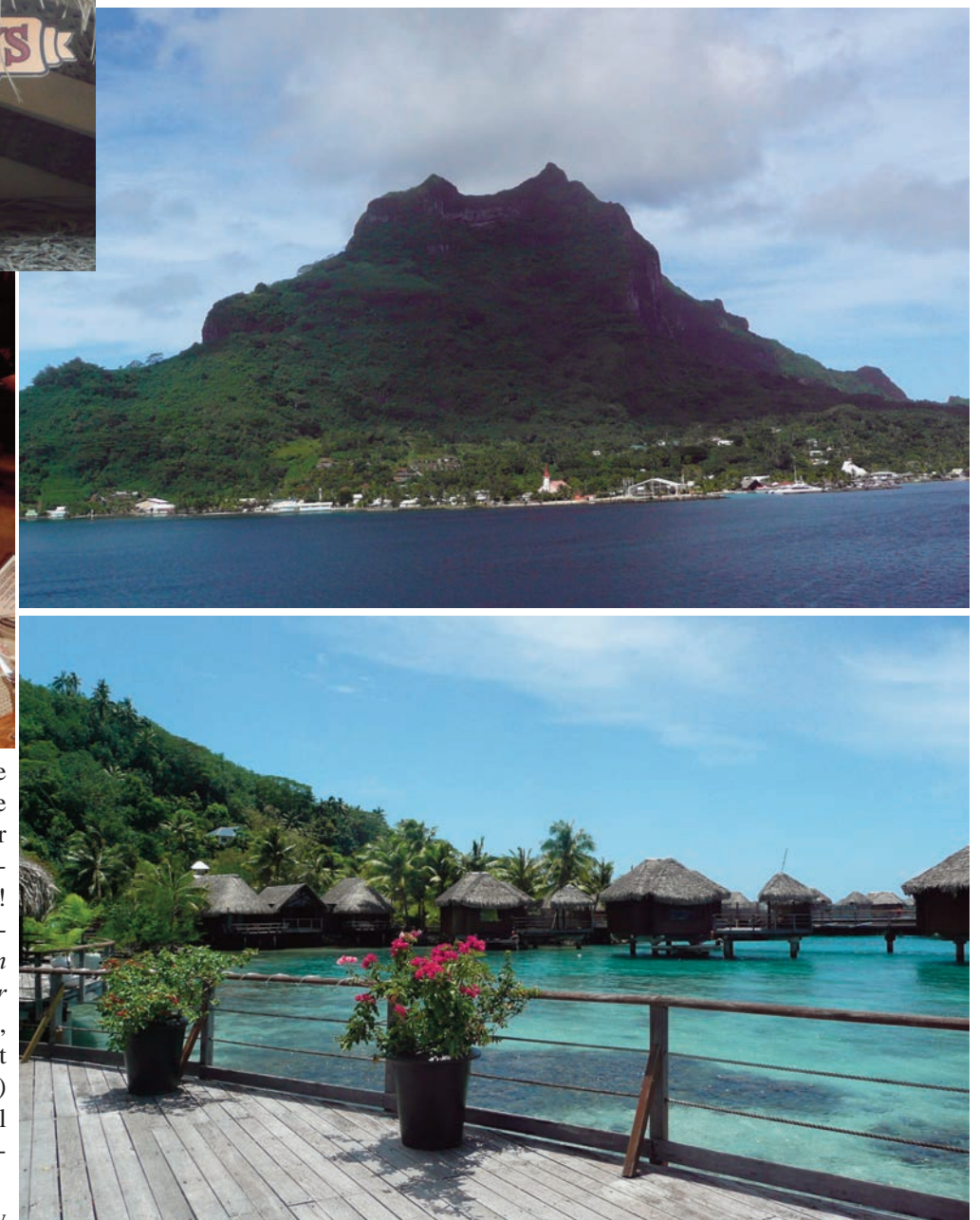
After several attempts over the years, in January 2017 we finally made it over the reef into the spectacular Bora Bora lagoon, albeit in a much bigger vessel than originally planned! (Editor's note: The Bruces are experienced ocean sailors. They had been hoping to sail to Bora Bora on their own sailing craft.) The two jagged, verdant peaks of the original extinct volcano (Mt Otemanu and Mt Pahla) tower over the lagoon ringed by small motus which form the rim of the ancient cauldron.

We made the most of the day by hiring a little red buggy in which we explored the entirety of the island; swam in the sapphire waters of Matira Beach, visited the Sofitel hotel for a refreshment in the stilted over water bar, languished on palm trees, and finally enjoyed the obligatory Bloody Marys of Bora Bora's most famed iconic restaurant. Over the years since 1979 there have been many celebrity customers, as evidenced by the names painted on the boards of the exterior. The white paint has yet to dry on the latest visitors to sample a Reuben Mahi Mahi and a "Cheeseburger in Paradise" — Jim and Astrid Bruce of Bayshore Village, Canada!!

Astrid Bruce



Travel Tales: Bora Bora





Travel Tales: Tenerife

If you find Florida somewhat boring, and you are considering an unusual winter vacation, you might be interested in Tenerife, one of the Canary Islands in the Atlantic Ocean, a few hundred kilometers west of Morocco. The Canary Islands (named, strangely enough, after dogs, not birds) are part of Spain, though they're a Time Zone west of Madrid. We travelled from Toronto to Madrid, and then flew back west. You can take a direct flight from New York to Tenerife, but we enjoyed a few days before and after our month in Tenerife, exploring the sights of Madrid and Toledo, so I'm glad we took that route.

The midwinter daily high temperature in Tenerife is consistently around 20°, and it was always sunny when we were there; it goes up to 28° in August. That's excellent golf weather in February, but not really beach weather (though hotels do have heated pools). When we were there, the place was full of Brits (who seemed to consider it beach weather), and there were no other Canadians – one restaurant worker (they all spoke English, of course), hearing that we came from Canada, asked whether we had somehow got on the wrong plane.

We rented our condo using vrbo.com (Vacation Rental By Owner), in a village called Callao Salvaje. It had several nice restaurants and small stores; the real supermarket was 20 minutes away. (It had everything you could want, including a fish counter where you could make your choice and the workers would fillet the fish for you as you watch.) Elegant modern resort communities, if that's your cup of tea, nearby include Los Cristianitos and Playa de las Americas.

Four day-trips that we found very interesting included:

1. Pico del Teide is a volcano that hasn't erupted since 1909. You can drive up to the caldera with its remarkable stone formations, and take a cable car to the top of the peak. Early in our vacation, while the weather was sunny and warm at sea level, a storm dropped half a metre of snow on the volcano. Roads were closed to tourists for several days.

2. Masca was a village constructed by pirates, overlooking a fjord in the remote northwest of the island of Tenerife. The village was invisible from the sea, but could be entered by boat and a long climb up the cliff. Today, it's a tourist destination, accessible via a narrow road that winds up hills and down the other side. At one switchback, I had to stop for a bus coming down the hill, and then start on a steep uphill grade (manual transmission of course) without slipping back into the car behind me, making an immediate hairpin turn to continue up the hill. Yikes!

3. La Gomera is a smaller island, visible from our seaside balcony. We took a one-day boat and bus tour to explore it, and found dramatic high-elevation scenery, some remarkable vegetation (heather growing 6 or 8 feet tall), and also a memorial where Columbus stopped to replenish his supplies before heading further west in 1492.

4. The most memorable event, however, was the Carnival in the city of Santa Cruz. French and English-speaking people call it Mardi Gras, but Santa Cruz de Tenerife claims to be the second biggest *Carnival* in the world (after Rio). We paid for a bus to take us there and back (about an hour's trip). After settling into (free) streetside chairs well in advance of the scheduled afternoon starting time, we watched in amazement for more than four hours as group after group of brightly-costumed citizens paraded past us. There was none of the "high life" that I expected of Mardi Gras – just community groups who had prepared for this day for the previous eleven months. They came from all the nearby towns – daycare staffs and the children they care for; workers at offices; bands and choirs; sports teams – all dressed in elaborate costumes, or riding on gaudy floats being drawn by trucks. We left before the parade was over, and headed back to our condo for supper.

There was more to be seen, and other islands to visit if desired. For something different, try Tenerife!

Noel Cooper



Photos: top of page: sea view from our balcony; one of many colourful floats in the Carnival parade (to realize its size, notice the person with camera in the foreground). Centre page: sea-side condo complex; fish counter in major supermarket.

Photo credits: Pat Beecham-Cooper



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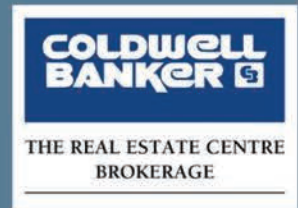


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Summer is finally here, as I write this on a humid June day! We have long awaited you, heat and sunshine and are so glad that you're here. We feel the same way about our seasonal patrons! We welcome you back for another excellent summer in Ramara and encourage you to drop in!

Summer is the perfect time to explore our area and the library is the perfect place to start. Book your SUMAC pass until Thanks-giving weekend to several beautiful museums and grounds. These Cultural Places Passes are free and give you FREE access to many different locations. Please visit your library to book a pass or visit our Cultural Places Pass page through the link at the bottom of our website.

Have a device that you can add eBooks or audiobooks to, but you don't know how to work it? Come in and book a short appointment to show you the ropes and access this free service with your library card! Our staff will be thrilled to help you with your iPad, eReader, tablet or other technology.

Our Ramara Quilting Club has been hard at work creating beautiful pieces of artwork and now it is time to raffle them off! Drop by either branch location this summer to buy your tickets. Each purchase supports library programming and gives you a chance to win great prizes!

Have you tried our *NEW* mobile print service? Print from anywhere (at home, on your phone, on the go, or through WiFi in our branches) and pick up within 72 hours at the Ramara Centre branch!

Please see a staff member or our website for more information.

Summer programs are starting to ramp up for the season, so if you are planning on entertaining your nieces, nephews, children or grandchildren, be sure to register them for our awesome FREE daily programs and/or for our summer reading clubs. They can win some really cool prizes for reading!

To register for these programs, please call us at the above numbers or register on our website. Sign up for our weekly e-newsletter (including new fiction and movies)! Memberships are free and allow access to materials and computers in both branches, as well as eBooks! As always, your library card is available for use at BOTH our Brechin and Atherley branches and is your passport to FREE education, information and recreation!

Rebecca Taylor

BRECHIN LEGION

The Banner was asked by a member to include information about the Brechin Legion in our Newsletter. Currently, the Legion sends a weekly roundup of events in a very wide radius, including Orillia, Beaverton and Cannington as well as Brechin.

If you wish to receive the Legion's newsletter, please contact brechinlegion@live.com Here are a few Legion events for your consideration:

Legion Annual Beef BBQ

The Annual Beef BBQ will be on Saturday, August 5th. There will be activities throughout the afternoon in our back yard, and the dinner will be from 5:30—7:00 p.m. The tickets will be available at the Club Room shortly. The cost of tickets will be \$17.00 per adult. Preschoolers are free. Youths under 13 are \$9.00 and a family ticket (2 adults and children under 18) is \$50.00.

Where else can you get BBQ Beef cooked over Apple-wood all day, baked potatoes, Corn on the Cob (if available), Vegetables, Baked Beans, Salad, Gravy, homemade Pies and Tea or Coffee, all for under \$20?

Legion Lunches - Thursdays & Fridays

Lunches served every

Thursday & Friday

11:30 am - 1:30 pm

Guest speakers are being planned for Friday afternoons following the lunch at 1:30 p.m.

A schedule will be available, once speakers have been arranged.

Come Join Us for...
LET ME HEAR YOU R.O.A.R.
Ride On At Ramara
A Community Cycling Event
Saturday Aug. 26 - 9:30 a.m.
Grab your bikes, trikes, strollers or walking shoes and join us on the Ramara Trail in Atherley for an event not to be missed!
EVENT DETAILS
NOW - Sign up online (see below) to register you and your family for exciting incentives!
Aug. 26th - 9:00 am - Arrive at the Atherley Trail Head (across from Tim Horton's)
Aug. 26th - 9:30 am - Start the party with some encouraging words from local dignitaries.
Aug. 26th - 10:00 am - Get Ready to Ride ON Ramara!
Aug. 26th - 10:30 am - Enjoy a BBQ lunch!
Register online by Aug. 12th and be eligible for great prizes...
ramararec.maxgalaxy.ca
or call 705-325-3091 or visit the Ramara Centre
This event is made possible by a grant received from the Trans Canada Trail 150 project as part of a Canada wide celebration of The Great Trail.

Ride On At Ramara is a community cycling event to celebrate the Ramara portion of the Canada-wide Great Trail. BVA members are welcome, as are their children and grandchildren. There are prizes for advance registration, as outlined in the poster above.

Phone Artena Hutchison 484 1238 for more information.

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Councillor Ward 2

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Email: msharpe@ramara.ca



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Poets' Corner

ENCOUNTER

Thank you ones
For hearing my intent
For a sign....I trusted
Then left it to unfold...
You came..
Your beautiful
Graceful lines
So streamlined
In the waters
Below
While I sat ensconced
On the forward seat
Beholding the sea waves
Many of you...
Dolphins
Beautiful
To share with me
The beauty
Of our surroundings
I sent you love and gratitude
For our witness
Together.....



By Marilyn Goulter

Milestones: Happy Birthday

ODE TO NORMIE



Norm James

Way back in 42
a boy named Norm
made his debut !!

"Stormin Norman" has
been through it all!
Broken hip,
some fingers gone,
lost a kidney and had a fall.

Overjoyed he is still alive,
Norm is turning 75.
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Milestones: In Memoriam

Alfred Oswald

1925-2017

136 Bayshore Drive



Fred Oswald

Alfred Oswald, beloved husband, father and friend, passed away peacefully on Thursday, June 8th, 2017.

He was predeceased by his wife Otti only a few months ago. Fred leaves behind his son Harold and his wife Shirley of Bayshore Village, and son Roy and his wife Starr.

The following tribute was written by his daughter-in-law, Starr Oswald:

I don't know anyone with as colourful a past as my father-in-law, Fred Oswald. He was born in Munich on October 18, 1925. His mother was in ill health, so he was raised primarily by his Aunt, along with his brother Carl and sister Trudel. When Fred's mother passed away, the children were still quite young. In was a hard life back in those days in Germany and, as soon as Fred was old enough, he joined the army to learn to fly. At 16 years old, the Army put him thru his paces, and soon he was a trained fighter pilot. On his second mission, at 17, his plane and one other in the squadron, were shot down over Russia. He and Klaus, the pilot of the other plane, were the only ones that parachuted to safety. Well, safety is exaggerating a bit. Fred and Klaus managed to make their way through Russia for two weeks, sleeping in the woods or in barns when the opportunity presented itself, trapping or stealing food when it could be found. One night they heard Russian soldiers on the road, so they ran and hid under the bridge to wait for them to pass. The soldiers took a break, and a couple of them decided to 'relieve themselves' over the side of the bridge. Well, the 'rains came down' right on their heads, and although Fred kept it together, Klaus just lost it ...

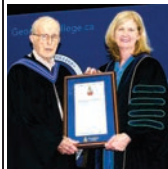
They were captured and taken to a Russian prison camp – two weeks before the war was over. Fred suffered through back-breaking work in an asbestos mine and he remained there for five years after the war was over! The Red Cross finally discovered the camp and liberated the prisoners in 1950. Fred was finally free, all 85 pounds of him...

There was little left in Germany for a young man after the war, so he travelled through South America and ended up in Canada. He worked along the way taking many jobs, until he found a mentor who was in the tool making business. He met his wife Otti at a German Club in Toronto and, in 1964, Otti and Fred started up "Armada Toolworks" with another husband/wife partnership, and they built the business for many years until they both retired. The company still operates out of Lindsay, Ontario to this day. As you can see by the grounds at his home, Fred was an avid gardener. Every time he cleaned out a plant that was overgrown, he didn't have the heart to put it in the compost, so he just kept making more gardens. He couldn't stand to be idle – for most of the time I've

Bruce Naylor

1935-2017

Formerly of 134 Bayshore Drive



Bruce Naylor receives honorary degree from Georgian College

Bruce Naylor, a long-time resident of Bayshore Village, and former president of our Association, passed away on July 11, 2017. He was an influential businessman, a founder of the first Probus Club in Orillia, and a Director of Georgian College, where he was recently awarded an honorary Bachelor of Applied Studies degree.

For many years, Mr. Naylor and his wife Maureen were next-door neighbours with Fred and Otti Oswald.

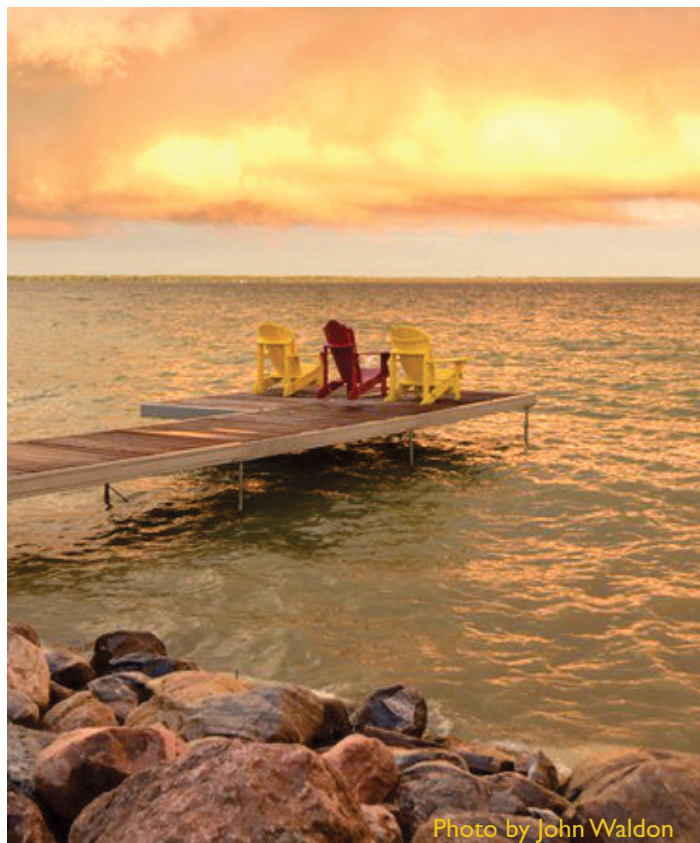


Photo by John Waldon

known him, the only time I've ever seen him sit down was for a meal. Both Fred and Otti were struck down with pneumonia in February this year. In the hospital in adjoining rooms, the nurses would wheel dad next door (totally against the rules) so they could spend time together. Dad finally recuperated and was discharged, but Otti never recovered. Without Otti, and too weak to enjoy his gardening, dad slowly declined and passed away shortly after his beloved wife, on June 8th, 2017.

Editor's note: Both Fred and Otti were wonderfully kind and elegant. Fred never failed to make an extra effort to express his thanks for any favour, with a phone call or even an unexpected gift of apples from his trees. They were a remarkable couple, and their spirit will be missed.

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Milestones: In Memoriam

Dorothy O'Halloran 1933-2017

Mother of past and present Bayshore residents Michael O'Halloran, Katherine Alden and Joanne Morehouse



Dorothy O'Halloran

It is with great sadness that we announce the passing of our mother, Dorothy O'Halloran on June 19th, in her 85th year. She loved life and lived every moment, right up until the last morning when she baked pies, and spent a wonderful few hours with our sister Joanne, shopping and enjoying lunch. She loved family, painting, knitting, theater, traveling, puzzles, reading, movies, ice cream and pizza. But most of all, she loved being a part of all of our lives. Our mother

never missed an opportunity to spend time with us. She was always there in our lives for the fun times and the sad times. She is our hero.

Mom was always there to give us a push when needed. She wanted us to get the most out of life. She was also our biggest fan. Her patience in teaching us all to be good people and help us to be creative in whatever passion took our fancy has left us all with memories we will cherish forever. How did she find time with eight children to sit down and teach us all to knit, sew, bake

and paint? She drove us to clubs and competitions and supported us in every way she could. She raised all eight of us to be strong, independent people.

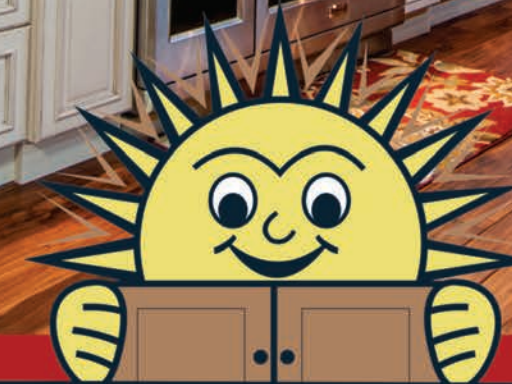
Our hearts are broken with the realization that we will never be able to pick up the phone and call her, meet for lunch, get together for a family event, or enjoy a holiday with her again. Her greatest gift to us was the love and the family she left behind, our siblings whom we can hang onto in this sad time. Our mother will be dearly missed by her children, grandchildren, great-grandchildren and many friends.

Kathy (John) Alden
Joanne (Glen) Morehouse
Michael O'Halloran
Kevin (Sandy) O'Halloran
Debra (Paul) Capes
Honey (Nick) O'Halloran
Maureen (Art) O'Halloran
Terry (Lorraine) O'Halloran

Kathy Alden



Part of Dorothy O'Halloran's family celebrating Thanksgiving at 26 Thicketwood



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