

The **Bayshore Banner**

The Official News Magazine of the Bayshore Village Association
Volume 10 Issue 4 October 2016

**Celebrating
Our Volunteers**





CONSUMER SATISFACTION AWARD



99% of customers had a positive experience at our dealership and would recommend our team



Photo courtesy of Jim Wenger

THANK YOU BAYSHORE

Sincerely,

Jim Wilson
**CHEVROLET
BUICK
GMC**

705-329-2000

www.jimwilsonchevrolet.com

20 Mulcahy Ct. Westridge Orillia



Incoming Directors	4
Report: Common Lands	4
Report: Common Waters; Bridge	6
Revisiting Canada Day	7
Celebrating our Volunteers: 13 pages!	8-20
The Rise and Fall of Lake Simcoe	22
Ramara Councillor Marg Sharpe	23
Travel Tales: Dubai, Jewel of the Desert	24
Travel Tales: Costa Rica	26
Introduction to Self-Healing	28
Vitamin K2: The Missing Nutrient	30
Losing our computer Tech!, Cookbook	32
Book Review: Sapiens	33
Ramara speaks her mind; Walk Fit	34
Bayshore Paddlers; Ladies Christmas Luncheon.....	36
Bayshore Cyclists	37
VON SMART group.....	38
From the Fashion Desk	40
Milestones: Ida at 100; Pat Cooke at 75	42
Milestones: In Memoriam: Susan Smith Steve Debreczeni	
Melba Morehouse	44
Our Extended Community	
Ramara Library, Brechin Legion	46

The Bayshore Banner is published for the membership of the Bayshore Village Association

Editor: Noel Cooper
noelc@cottagecountry.net

Associate Editor: Glen Morehouse
glenmorehouse@gmail.com

Advertising Manager: Mike O'Halloran
michaelonsimcoe@gmail.com

Invoicing: Lorna Pollard
ja-lo@cottagecountry.net

Proofreading: Pat Beecham-Cooper

The Banner and the BVA members are very grateful to everyone who contributed articles to this issue.

The Bayshore Banner is available on our web site
www.bayshorevillage.ca
and as a full-colour book to be picked up at the Hayloft.

Cover photo: "Beaver Pond" by Glen Morehouse
Pond Volunteers: Ted Gryzick

Photo p. 3: Hayloft and parking area Ted Gryzick

The next issue will be published in January 2017.

Incoming Directors

At the AGM on September 25, Bayshore Village elected four Directors to two-year terms. At press time, their areas of responsibility have not yet been decided. Four Directors are returning to complete their two-year terms: Catherine Downie, Doug Davies, John Aukema and John Smith. At their first meeting, the new Board is expected to appoint an *ex officio* Director who has served on the Board in the past.

Below are the photographs of our four newly-elected Directors:



Catherine Hermans



Kathi Kerr



Rick Matthews



Bill Pike



Director's Report: Common Lands

It has been a very interesting year acclimatizing to the business side of BVA. I have discovered that this really is an ACTIVE lifestyle community by virtue of the significant number of very active volunteers that keep this community beautiful and functional. At least 60 volunteers participate in maintaining BVA common lands alone, many of them spending several hours per week. I am deeply impressed and thankful for the contributions by all of these volunteers. Not only do BVA members work effectively, they also know how to play, all with a good measure of enthusiasm and care.

A great example is the front entrance. Even though we have had to withstand a drought rendering the grass brown, the flower gardens and the sign provide a bright and attractive welcome to our community. The gardens sprinkled throughout Bayshore Village at all three harbours and the hayloft are all nicely maintained. The shorelines in the Park Lane Park and harbour 99 are neatly addressed throughout the year. Eco park has been maintained to enable nature walks. Several committees comprising many volunteers are responsible. Grass cutting of our green space is completed by a contractor who does require oversight from time to time in order to get things right.

The executive golf course located in the middle of our village is looking and playing at its best since my arrival here five years ago. The quality of the greens and fairways have significantly improved largely due to the efforts of the golf committee. Sand boxes have been added to help maintain tee boxes. A number of enhancements have been applied to the irrigation system. Members of the golf committee actively coordinate weekly golf activity. They have also organized a very successful Golf Classic in July, and the Ryder Cup on Sept. 10.

The existing contracts for grass cutting and winter maintenance conclude in 2016. Requests for quotes were prepared and distributed in early August with the purpose of implementing five year contracts (2017 through 2021) for both services. RFQ responses have been received and assessed as of this writing.

Remedial work to resolve spring run-off has been completed on the path running through Park Lane Park and is yet to be done on the path opposite harbour 66 running from Thicketwood Place to Park Lane.

A number of trees on common lands have been trimmed due to the ice storm in the spring, and as part of normal maintenance, hedges by the hayloft and storage yard have been trimmed. Tree branches infringing on the roadway from the entrance to the Bell switch box have been cleared. Parking lines on the hayloft parking lot were refreshed earlier this summer.

I want to extend a special thanks to Doug Pollard for providing much needed support and wisdom in helping me fulfill this role.

John Aukema, Director, Common Lands



John Aukema, Director, Common Lands, played for the Canada's National wheelchair basketball team for many years. In this 1979 picture of a game between BC and Ontario, he is pictured in the left background. Playing for BC in the left foreground is Terry Fox. Rick Hansen was not in the picture but also played that day, and for many years was John's teammate on the National team.

COMING IN NOVEMBER



CHILI NIGHT AT THE HAYLOFT



**WHAT BETTER WAY TO KICK START
WINTER THAN A CHILI PUB NIGHT**

WATCH YOUR E-MAIL FOR MORE INFORMATION

Games n Grub

Pub



Night

Saturday October 15th

\$10.00 per person

6:30 Cocktails 6:00 Dinner

Pizza, Salad, Dessert

19CE

Variety of Games

Share the Wealth - Trivia Tronies & Teonies

SOLD OUT

Contact Person: Jill Denatelli 484-0507



OUR FAMILY SERVING YOUR FAMILY SINCE 1914

AT THE MUNDELL FUNERAL HOME WE BELIEVE IT IS IN YOUR BEST INTEREST TO HAVE A
CLEAR UNDERSTANDING OF THE MANY OPTIONS AVAILABLE TO YOU.
PLANNING AHEAD JUST MAKES SENSE.

CONTACT OUR CARING STAFF TO SCHEDULE A PRIVATE CONSULTATION, IN OUR OFFICE
OR IN THE COMFORT OF YOUR OWN HOME, AT NO COST AND WITH NO OBLIGATION. WE
COMMIT OURSELVES TO THE HIGHEST STANDARDS OF PROFESSIONALISM AND PERSONAL
ATTENTION AND ARE HERE TO ANSWER YOUR QUESTIONS OPENLY AND HONESTLY.

79 WEST ST. N. ORILLIA • 705.325.2231 • MUNDELLFUNERALHOME.COM

Report: Outgoing Director of Common Waters



Paul Thomas

It has been a pleasure to serve on the Board, for The Bayshore Village Association. A lot has happened over the past 11 years and the first thing was to modernize the bubblers that were used in Vicars, Beaver and Mallard ponds. These bubblers were fine for stopping mosquitoes from nesting but they did not add much oxygen into the water and they were not pretty. We did have a program to deal with algae and used to throw those big black plastic balls with packets of enzymes in them and watch it sink to the bottom. There was a string attached to the ball so we could retrieve it at the end of the month. Now the question was, "What do we do with these balls at the end of the season?" I know I had quite a few under my deck for years.

After some research I found a Canadian manufacturer in Alberta that produces a product called Algae Eliminator. Here is what it does, as per Earth Smart Solutions: it removes nitrogen compounds from the water column faster than the algae and, as a result, the algae are starved out of existence or bloom is inhibited. In addition, it degrades accumulated organic waste, top scum and bottom sludge for use as carbon sources. The overall result is clean, clear water, free from algae, odours and sludge.

Now we have added the aerators to circulate the bottom cool water and bring it up to the surface where it is tossed into the air through the use of a propeller and as that water falls back to the surface of the pond it introduces oxygen into the system.

All I can say is thanks to all the volunteers, who dedicate their time to administer the pond treatment products and keep our ponds so clean. We have had problems with a weed called Milfoil

and over the years and through the use of a product called Re-ward, we were able to get rid of most of it.

Now we have another weed that is not only choking our ponds but are overtaking channels, rivers and lakes. This weed is called Chara. There is no product that we can legally use, in Ontario, to control that weed. Brian and Kathy Hutchinson have been doing some research on this matter but have not had much success. Brian is also responsible for removing and cleaning the aerators in the fall and then in the spring he takes them out of storage and brings them to the location they are supposed be and then the pond masters install them into the ponds.

As mentioned in my annual report to the membership, we have been having problems with the electrical supply to Vicars pond. Bill Pike has obtained permission to dig a hole on private property, across the road from where the hydro meter is. Between Bill and Maurice Cooke, they will repair that grounded wire and bring things back to where they should be. That should eliminate the down times that we had this summer.

Thank you for your support in the past and I will be around to help out in any way I can.

Paul Thomas, Outgoing Director of Common Waters



Maurice Cooke and Pill Pike digging to repair electrical supply.

Bridge Scores May - September

GENERAL BRIDGE:

The highest score was achieved by Noel Cooper with a score of 7420. Second highest was 6320 by Pat Beecham-Cooper, and third highest was Noel Cooper with 6270. The highest non-Cooper score was Bob Newton with 5020.

LADIES BRIDGE:

The highest score was achieved by Pat Beecham-Cooper with a score of 5530. Second highest was Lorna Pollard with 5220 and Ken(dra) Jones came in third with 5160.

Congratulations to all. General Bridge meets on Monday nights in the Card Room at 7:00 p.m. Ladies Bridge meets in the Great Room on Wednesday afternoons at 1:00 p.m. All are welcome. If you would like to join us, please contact Pat Beecham-Cooper at 705 484-0221. Both groups are very friendly and welcoming.

If you would like to learn to play bridge, or brush up on latest conventions, Pat Beecham-Cooper will be giving bridge lessons in the Great Room on Fridays from 11:00 a.m. to 1:00 p.m. Contact her to make arrangements 705 484 0221. *Pat Beecham-Cooper*

The Bayshore Banner

The Official News Magazine of the Bayshore Village Association

Michael O'Halloran

Email: michaelonsimcoe@gmail.com.

Tel: 705-484-0402



The Hayloft, 1 Hayloft Lane, Brechin, ON L0G 1B0



Revisiting Canada Day 2016



According to this picture taken from under Ted Gryzick's umbrella, the fishing derby at pier 99 was a colourful scene despite the rain.

All photos by Ted Gryzick



Ken Jones and assistants raised the flag to begin the day. Identified are Carol Rosa's granddaughter Jordyn Chan (centre) and Brayden Hann (see big fish pic at far left!)

Top left: Dawn Smith (and Sherrill Colling) painted faces, including that of Lily Henderson, granddaughter of Ria and Robin Searle.

Far left: Liz and Dave Meharg's grandson, Brayden Hann, caught the biggest fish of the day, two minutes before the end of the fishing derby.

Left: Another prize-winning big fish was caught by Jasmin Hanna, 11, granddaughter of Olfat and Milad Bishay.





Celebrating Our Volunteers: Village Entrance

Bayshore Village is a wonderful place to live because of the spirit of community among the residents. Primary among our volunteers are the members who serve on our Board of Directors. Many more of our neighbours also give their time as volunteers to keep Bayshore beautiful and to enhance the amenities that we cherish. In this issue of The Bayshore Banner, we feature the Bayshore volunteers. The project was initiated by Ted and Betty Gryzick, who pulled together the people who are pictured on these pages. They counted 58 volunteers who work on our village gardens alone, and as you will see, there are many more ways to help enhance village life. Please consider being a volunteer in the coming year.

Caring for the gardens at the entrance to the village:

Left to right: Rich Bishop, Lauree Bishop (Coordinator), Marilyn Richardson, Paul Ash, Peggy Powell, Laureen Ash, Doug Pollard, Ralph Moore, Sandra Cherry, Simpson Cherry, Marielle Montemurro, Jeanette Cherry, Scot Cherry.

Missing from the picture: Sally McPherson, Sharon Miller, Wayne Richardson, Lynda Tofflemire.

All photos by Ted Gryzick



Celebrating Our Volunteers: Hayloft Gardens



Caring for the gardens at the Hayloft:

Left to right: Gail Carter, Lorne McCaig, Nancy Wallingford, John Bates, Ria Searle, Nancy Marzano (Coordinator), Diane Camack, Nori Drysdale, Kay Beacham, Wendy Lucas.

Missing from the photo are Elizabeth Bates, Gerry Dwyer, Maria Dwyer, Ann Frankland, Bob Latham, Joe Marzano, Maria Morra, Rocco Morra, Sherrie Powell, Adele Proulx

EXPERIENCE NISSAN

Krista Kemp Principal Owner

77 Commerce Road, Orillia ON L3V 6H3
Phone 705-325-3355 Fax: 705-325-3418
Toll Free: 866-885-5367
experienic Nissan@yahoo.ca



EXPERIENCE NISSAN

Elu Gagno Service Manager



77 Commerce Road, Orillia ON L3V 6H3
Phone: 705-325-5367 Fax: 705-325-3418 | elu_gagno@hotmail.com
Toll Free: 866-885-5367 | www.experience.nissan.ca

Celebrating Our Volunteers: Harbour Gardens



The gardens at each of our harbours are kept beautiful by teams of volunteers:

Pier 66 Volunteers

(picture left):

L to R: Carol Rosa, Karl Kampe, Cathy Rogers, Kathy Alden (Coordinator), Rolf Schmid, Christa Schmid.

Missing from the photo is Laura Malarczuk.

Glenn and Wendy Lucas take care of the gardens at Pier 99. Usually there are more flowers than that one little red one.





**Warren's
Painting
Service**
705 - 484 - 1484

INTERIOR/EXTERIOR
AFFORDABLE RELIABLE SERVICE

25+ YEARS EXPERIENCE
SERVING BAYSHORE VILLAGE AND AREA

COLOUR CHARTS FREE ESTIMATES
705-484-1484



At Pier 33, the team includes Anne Pike, Karlene Bradford, Sherrill Colling, Carol Marshall (Coordinator), Joyce Woodruff, and Kathleen Ecklund.

Unfortunately, three of these gardeners, Carol, Sherrill and Joyce, are leaving our community this fall.

Stop dreaming & start planning!

Visit us today for expert advice & All the latest styles and trends. Come see one of our 3 Kitchen designers today!



**Home
INSTALLS**
DESIGN & INSTALLATION

Home Hardware Building Centre
5 King St @ West St
Orillia, ON
705-326-7371

Celebrating Our Volunteers: The Harbours

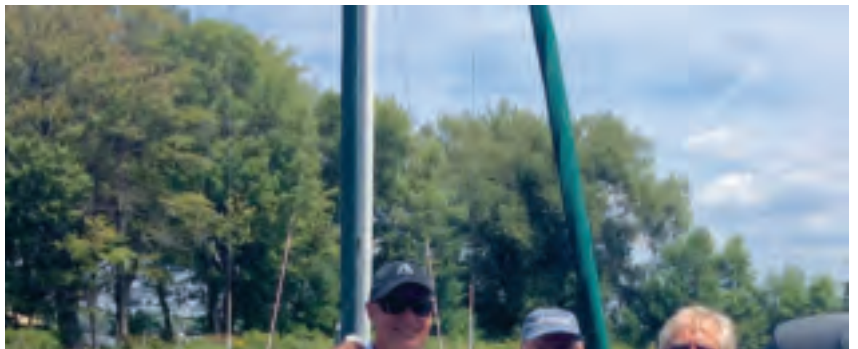


Taking care of our Harbours:

Above: Pier 33: Harbour Master: Joe Sokolowski, Assistants: Maurice Cooke, Bill Pike, Don Hoskins.

Below: Pier 66: Harbour Master: John Alden, Assistant Mike O'Halloran.

Right: Pier 99: Harbour Master Jim Bruce, assistants Patrick Murphy, Paul Thomas.



Celebrating Our Volunteers: The Ponds



Taking care of the ponds in Bayshore Village:

Back row, l to r: Outgoing Director Of Common Waters, Paul Thomas; Bill Pike (Pond Master, Beaver Pond), [Randy Hutchison, Assistant, not pictured]; Ian Mead, Assistant, Vicar's Pond; George Miller (Pond Master, Mallard Pond), [Karl Kampe & Sharon Miller, Assistants, not pictured].

Front row: Guy Montemurro (Assistant, Duck Pond), [Peter Cavers, Pond Master, not pictured]; Glenn Lucas (Pond Master, Deer Pond); Randy Sinotte (Pond Master, Vicars Pond), Wayne Perzel.

Celebrating Our Volunteers: Architecture Committee



Craig Child, Lorne McCaig, Mark McLean, Dave Traviss, Lia de Roeper.

Celebrating Our Volunteers: Social Committee



Director Of Social Activities: Catherine Downie (left) Committee (left to right): Bill Pike, Carol Rosa, Sylvia Child, Laura Malarczuk, Wendy Lucas, Joanne Morehouse, Dawn Smith. Missing In Picture - Kay Beacham, Lynda Bertrand, Kathy Hutchinson, Shirley Linton

Celebrating Our Volunteers: Golf Committee



The Golf committee supports maintenance of our golf course under Common Lands Director John Aukema, and organizes the Scramble every Wednesday evening, as well as our two Major Championships, the Bayshore Classic and the Ryder Cup.

Back row, L to R: Guy Montemurro, Marc Bertrand, Martin Lingard (committee chair), Wayne Perzel, Jeff Drayton.

Front row, L to R: Brian and Julie Murray, Marilyn Richardson, Kay Beacham, Angie Bedford.

Celebrating Our Volunteers: At The Pool



Swimming Pool Custodians: Randy & Artena Hutchinson, Wayne Sharpe.



Dawn Smith conducts two Aqua Fit classes on Tuesday & Thursday mornings in the summer, .

Exercise and Yoga



S.M.A.R.T. exercise group (see page 38) Instructor: Sharon Miller (right in picture) Assistants: Eva Stosch, Wendy Lucas, Cindy Cavers



Volunteers, Kundalini & Yoga Classes: Instructor: Shirley Linton (right) Assistants: Lynda Bertrand, Wendy Lucas, Joanne Morehouse

Celebrating Our Volunteers: Storage Yard



For 16 years, Wayne Richardson (right in picture) has taken charge of the Bayshore Village storage area.

Current assistants: Martin Lingard, Andy Rodrigues, Guy Montemurro.

Bayshore Banner



The Bayshore Banner Staff: L to R: Lorna Pollard: Invoicing, Mike O'Halloran: Advertising Manager, Noel Cooper: Editor, Glen Morehouse: Associate Editor, Pat Beecham-Cooper: Proofreading

Celebrating Our Volunteers



Kristina Frise keeps the Hayloft library tidy and functional.



For many years Malcolm Donaldson has served as Sergeant At Arms for Bayshore Town Halls and AGMs .



Bob Plue helps with the Hayloft garbage and recycling; in winter months, Bob keeps the Hayloft walkways clear of snow. Catherine Plue keeps the exterior light fixtures around the hayloft clear of bugs. Catherine also coordinates WalkFit (see p. 30).



For many years Wayne Richardson has managed PowerPoint presentations at Bayshore general membership meetings. Wayne also manages the Bayshore Village gmail account... not to mention the storage yard.



Pat Bellamy (with her buddy Skipper) is the coordinator of the annual Bayshore Yard & Garage Sale, and leads Line Dancing at the Hayloft.



Ted Gryzick, photographer extraordinaire, working in the rain during Canada Day. Ted and his wife Betty initiated this gallery of the volunteers of Bayshore village.

Celebrating Our Volunteers: Arts Committee



Coordinator: Patricia Beecham-Cooper. First Picture (left to right) Kathy Alden, Patricia Beecham-Cooper, Jacquie Ivory. Second Picture (left to right) Lia deRoeper, Maria Saringer, Dawn Smith

Tea and Chat, Bridge



Tuesday afternoon Ladies' Tea and Chat at the Hayloft: Beth Smith.
Thursday morning men's bridge: Dave McVie



Monday Evening Bridge: Pat Beecham-Cooper and Lloyd Lockhart
Wednesday afternoon Ladies Bridge: Pat Beecham-Cooper and Lorna Pollard

Celebrating Our Volunteers: Tennis and Pickleball



Tennis: Carol Rosa (Coordinator) and Christa Schmid



Pickleball "Commish" John Alden

You can do anything!



BRECHIN
TIMBER MART®



Brechin Timber Mart
2218 Highway 12, Brechin
Tel: 705.484.5357
Fax: 705.484.0780
Email: brechintimbrmart@rogers.com
Website: www.brechintimbrmart.ca/

Free Estimates - Excellent Service - We Deliver!

Celebrating Our Volunteers: “On Short Notice”, Darts



One day, Doug Davies, Director of Hayloft Amenities, put out a gmail asking for help to prepare the Hayloft for the installation of a new air conditioner. 13 volunteers showed up on short notice. Left to right: Tom Costigane, Paul Thomas, Noel Cooper, Rick Harwood, Ted Scharien, Jack Fraser, Dave Meharg, Doug Pollard, Doug Davies, Glenn Downie, Martin Lingard, Robin Searle. Missing from the picture: Ted Gryzick, photographer.

Below: For Tuesday night darts, no one is designated as coordinator. Members of the group take turns to provide an evening of fun & laughter. Back Row (L to R): Ken Moore, Bob Bell, Glenn Lucas, Ron March, Marc Bertrand, John Hammond, Roger Proulx. Front Row (L to R): Wendy Lucas, Lynda Bertrand, Kristina Frise, Dawn Kelly, Linda Bridges, Guy Montemurro.

Missing from the picture: Jim Bridges, Glenn & Catherine Downie, Jeff Drayton, Reid & Nori Drysdale, Jim & Leslie Fielding, Brian & Jacquie Ivory, Ron & Bev Joseph, Marielle Montemurro, Bill Pike, Norm & Sharon Seaward.



Commercial & Residential Grounds Care



1.800.361.5296
GroundsGuys.ca

OUR PROFESSIONALISM

The Grounds Guys® are a professional landscape management company - a dedicated group of horticulture enthusiasts, skilled landscape technicians and results-driven account managers committed to providing you with timely, reliable and thorough landscape solutions.

OUR DIFFERENCE

- Clean, shiny trucks
- Friendly, uniformed personnel
- Three-hour callback guarantee
- State-of-the-art equipment, sharpened daily
- Quality control reports delivered monthly

© 2015 The Grounds Guys
Independently owned and operated franchise

MEET YOUR LOCAL REAL ESTATE AGENT AND BAYSHORE VILLAGE RESIDENT

- + EXCELLENT PERSONAL SERVICE BACKED BY THE KELLER WILLIAMS EXPERIENCE REALTY TEAM
- + CUSTOMIZED ONLINE STATE-OF-THE-ART MARKETING CAMPAIGNS, PLUS TRADITIONAL METHODS
- + MINIMUM OF TWO OPEN HOUSES GUARANTEED
- + VIDEO AND DRONE PHOTOGRAPHY ON SELECTED LISTINGS
- + STAGING ADVICE AND SERVICE OFFERED
- + MOVING DAY CLEAN-UP WITH OUR "GOLD SERVICE PACKAGE"
- + CONFIDENTIALITY AND INTEGRITY AT ALL TIMES



Contact me for a personal
appointment
Tel: 705-536-1122
LEN@LENSKOK.CA

OVER 35 YEARS EXPERIENCE IN
SALES AND NEGOTIATIONS

**ALLOW ME THE
PRIVILEGE OF WORKING
WITH YOU AND EXCEED
YOUR EXPECTATIONS!**



CLICK OR CALL I'LL DO IT ALL
- LEN SKOK -

*NOT INTENDED TO SOLICIT PROPERTIES UNDER CONTRACT

The Rise and Fall of Lake Simcoe

The accompanying (unofficial) chart shows the the relative depth of water in inches in Lake Simcoe taken at a point in Harbour 66 from late April through November for the past 3 years. You will note that the 'x' axis is not linear, that is to say the readings were taken randomly as opposed to every certain number of days. Overall the drop from spring to fall is about 16", the spring level being about 20" (2015 being an exception) and dropping to about 4" in the late fall.

The readings also start and end at random times reflecting my arrival from and departure to Florida, or in 2016's case the publishing deadline for *The Bayshore Banner*. Nevertheless I believe the overall trend is clear. The Lake Simcoe Region Conservation Authority (LSRCA) informs me that official water level monitoring of Lake Simcoe is performed by the Trent-Severn Waterway (TSWNHS) people but I have been unable to contact anyone to verify this, much less get copies of such annual information.

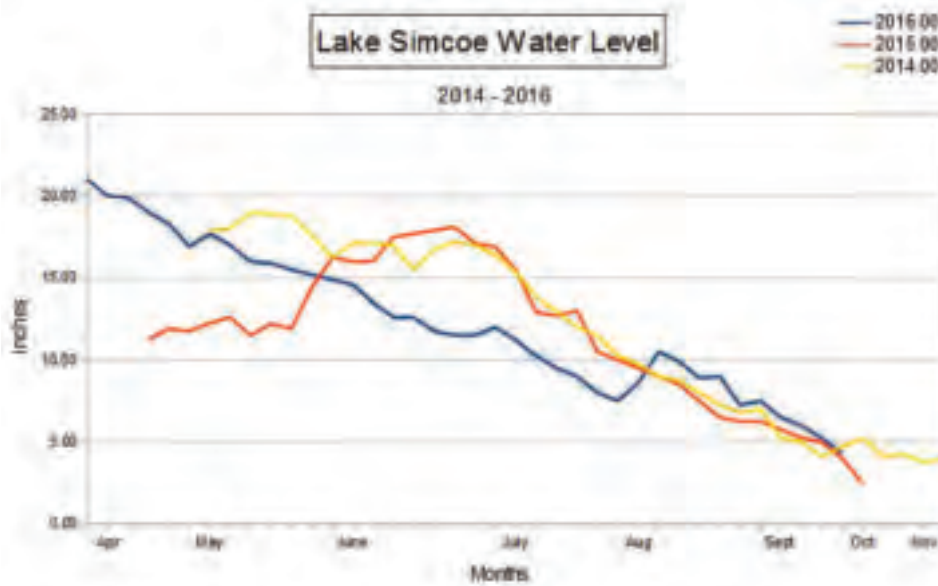
A question on many people's mind is, why is the lake level artificially controlled and who does it? The "who does it" is relatively easy to answer. The responsibility for physically controlling water levels in entire Trent-Severn Watershed of which Lake Simcoe is a part is done by The Superintendent of the Trent-Severn Waterway and numerous employees of same. They seem to be a somewhat autonomous body reporting to Parks Canada which in turn comes under the jurisdiction of the Right Honorable Catherine McKenna, Minister of Environment and Climate Change (MECC).

The question of why control the lake level and who is responsible for determining what those levels should be, is somewhat more complex. There are many factors to be considered. Under the Navigable Waters Protection Act, the MECC maintains responsibility for safe navigation and considers various water control priorities such as public safety, flood mitigation, community

water supplies, water quality, the protection of natural resources, 15 green power generators, fish spawning, natural eco- systems impact and providing water for recreational activities. In 2009 Parks Canada created the Water Management Advisory Council, a 15 member committee struck to factor many of these items into water management decision making. This committee,

which had representation from 3 residential associations, is now defunct and so in practice all decisions regarding level setting and the control of the 160+ control structures now appear to rest solely in the hands the TSWNHS.

As one can imagine, trying to balance the needs of the above stakeholders is a difficult task at best. A vast bureaucracy exists within the TSWNHS to perform the decision making functions and the execution of water control for the 18,000 km² Trent-Severn Watershed. Shoreline residents and boaters might prefer a higher priority in this hierarchy.



Parks Canada, The Trent-Severn Waterway at
<http://www.pc.gc.ca/eng/lhn-nhs/on/trentsevern/plan/plan8.aspx>

Water Level - Balancing Competing Factors:
 Article by Bruce Stanton (Simcoe North) – *The Villager*, May 2016

The Water Management Advisory Council mandate (Defunct):
<http://www.pc.gc.ca/eng/lhn-nhs/on/trentsevern/ne/ne5.aspx>

Parks Canada, The Trent-Severn Waterway,
Water Management Overview:
<http://www.pc.gc.ca/eng/lhn-nhs/on/trentsevern/plan/plan2.aspx>

John Alden – Harbourmaster, Harbour 66

Ramara Councillor Marg Sharpe

Ramara Auditor presented at our last Committee of the Whole meeting the township 2015 Financial Report. It will be ratified by Council and will be posted on the Township website www.ramara.ca for the public to view. By the time this article comes out the report will be there.

Our Treasurer is in the process of preparing our 2016 Financial Report to date. We will be going into Budget for 2017 at the end of November or early December – no confirmed date yet from staff. I will inform via Bayshore gmail once I get the date confirmed.

Back Tax update: Recently the Township sent 93 bailiff warning letters to owners, giving them until the end of August to make arrangements to pay their arrears or they will be forwarded to the appropriate agency. Out of the 93 letters, 51 responded with plans to pay, which is equal to a 54.8% response. We also sent out 120 letters for properties eligible for tax sale. Township received 50 responses to these letters, which is a 41.7% response.

The properties for bailiff action have been forwarded to the bailiff and the tax sale properties have been registered. Our Treasury Department will continue to pursue the tax arrears with those who did not respond.

On September 19th, C.C. Tatum, Township engineering firm presented to Council an update on **Bayshore Village Spray Irrigation** Class EA study (spray fields). Council put forth a motion to invite the Minister of Environment to come to Ramara to tour the Spray Fields. The best solution would be a sewage plant, same as Lagoon City has.

The spray fields are still working okay, but we need to ensure there is



Marg Sharpe
Ward 2

a plan in place when they no longer function properly. There are still a lot of years left in them, but it is a lengthy process with many regulations from the Ministry, LCPW and LSPP, so we need to continue aggressively to get to the solution.

I was updated by the acting Environmental Manager that the Generator for Bayshore Sewer Main Station 1 will be installed by end of October.

Even with the **Speed Limit at 40 km/h** and Community Safety Zone signs up, we still get speeders going through Bayshore. Through township miscommunication, the tubes that were to be placed in Bayshore and on Glenrest Dr. were placed on Sideroad 20 by mistake. The Works Dept. will move them to the correct locations. Even though I have requested OPP policing in these two locations, I still have not seen any cars looking for speeders. I will continue to request police in these locations for traffic speeding violations.

Doggie Park: The New Doggie Park is terrific. It is located in the Brechin Park on 47 just before the railroad tracks. Double gated, well fenced, picnic tables, beautiful large area with cut grass and some woods if they like to explore. It is next to the ball field. Enjoy, take your doggies and have fun.

Please do not hesitate to phone or email me with any questions or concerns. Everyone have a safe and happy winter.

Marg Sharpe, Councillor Ward 2, Township of Ramara
msharpe@ramara.ca 705-484-5786

Get connected. Call today.

Serving
Bayshore Village
with High Speed Internet
since 2006.
Sign up online at:
www.cottagecountry.net
or phone us at:
1.866.629.6616

*Try out the new, free,
High speed WiFi at the Hayloft,
courtesy of Cottage Country Internet.*



Travel Tales: Dubai – The Jewel of the Desert

In March of 2016 my husband and I had the opportunity of visiting the country of the United Arab Emirates. While we didn't see all of the country we did spend time in both the city of Abu Dhabi where the president of the country resides, and the wonderful city of Dubai which is the seat of the vice president Sheikh Zayed. These two cities have risen from their humble beginnings to be dynamic modern urban centers in the Middle East and the world. While Abu Dhabi is the more conservative in its outlook, we look to Dubai for its unique architecture and brash modern urban designs. Dubai is now officially the tallest city on the planet boasting 28 of the world's tallest buildings. This is an amazing feat considering the city built its first skyscraper in 1979.

Only about 15% of the population of the UAE are Emirates citizens, while the rest are expats from the rest of the world. No matter how long you live there, even if your children are born there, citizenship remains unavailable to you. The rules are different for the citizens, and laws are strictly adhered to for all. It is a very safe country and truly one of the most cosmopolitan in the world. As of 2015, approximately more than 50 million people visit the city per year.

It is truly an architecturally beautiful city with wonderful buildings such as the Burj al Arab (the only 7 star hotel in the world), the Burj Khalifa (the world's tallest building) and the lovely Emirates Towers. It contains the largest mall in the world (Dubai Mall) occupying over 12 million square feet of space with 1200 shops, an amazing aquarium much larger than Toronto's, a hockey rink and, outside a large manmade lake with the spectacular Dubai fountain. This fountain is over 275 meters long, illuminated with thousands of lights and fountains whose jets reach over 150 meters high.

The manmade archipelago of the Palm Islands is the exclusive domain of the rich, lined with beautiful condos and apartments while the more exclusive homes of the rich are found in gated communities on the fronds of the palm. The outer



fronds are currently being completed with beautiful resorts such as the Atlantis hotel for visiting tourists.

The city is truly a sight to be seen – especially from the air. This can be accomplished by booking with Seawings out of Dubai Creek. This company takes you in a comfortable Cessna Caravan 9 passenger seaplane for an air tour over the city and surrounding desert. You can also do it by helicopter if you wish.

Dubai has much to see and do. There are camel races, horse races, hot air balloon rides, sky diving, snow skiing inside the Mall of the Emirates and jeep tours in the desert, to name only a few. You can visit old Dubai to see the gold souk (market) and the spice market, take a ride on a dhow to see the city at night or just walk the Marina Walk enjoying the restaurants and the view. The city also has many parks and museums to visit. Our twelve-day stay gave us just a sampling of what this wonderful city has to offer.

While this city is very liberal, it is important to note that it is a Muslim country and visitors need to respect their modesty. When out at night, I feel that it is best to wear clothing that covers your shoulders. You will see every kind of modern dress but you will also see Arab families and their children in traditional dress and they can be embarrassed by us if they get caught in an elevator with a westerner without a shawl to cover their shoulders.

Our visit was a wonderful experience giving us a different view of the Middle East than what we see on television and read about in the papers. The country is stable, with a safe environment for visitors to come and enjoy what the country has to offer. Sheikh Zayed is a visionary for his people and he hopes for a day that the rest of the Arab world will see his country as an economic example for others to follow, allowing his people to continue their traditions yet incorporating them into the modern world.

Marilyn Goulter

Top: Steve and Marilyn Goulter at Burj al Arab. Bottom: Palm Islands archipelago.

Preplanning
for peace
of mind.



Funeral, Reception and
Cremation Centre. Since 1878

L. Doolittle Chapel, Orillia 705.326.3595
www.carsonfuneralhomes.com
info@carsonfuneralhomes.com



Dave & Ann Carson

Preplanning is the most caring gift you
can leave your loved ones. Peace of
mind at an incredibly difficult time.

Preplanning is part of proper estate
planning.

Preplanning is more affordable and
easier than you may think.

Ask for a free, no obligation
appointment with Jon today and take
the first step to peace of mind.



Jon Griffiths LFD
Preplanning Advisor



Sue Morris
Reception/
Funeral Director Assistant

Call for
your free
Bereavement
Guide and
start planning.



The Carson Family Difference

Our People: A caring group of people that are dedicated to treating you like family.

Value: Always expect the best price and value on the services you select.

Facilities: Warm, Beautiful and Tasteful, just like home.

Proudly family owned through two generations of care.

Come and experience the difference that Family makes.

www.carsonfuneralhomes.com

Travel Tales: Costa Rica, February 2016



The view from our condo unit's front door.

Potrero in Guanacaste province, on the Pacific coast in the northwest part of Costa Rica. We prefer to do our own cooking rather than eating resort meals for a month; there were “adequate” grocery stores (and a weekly market) nearby, and several interesting restaurants within walking distance of our condo. For a “real” (expensive) American-style supermarket, we had to drive half an hour to Tamarindo, a rocking upscale resort town.

Costa Rica is an “emerging economy” – the highways in our area are all two lane roads, shared by cars, bicycles and pedestrians. Streets in the villages are not gravel, but dirt. The homes of the local people would be described as shacks in Canada, with corrugated metal roofs and chickens strolling their yard, but every home has a TV (and a satellite dish on the roof), and every citizen has a smart phone, of course. Of course, there are some very fancy homes, probably owned by foreigners.

We took one (quite successful) river tour in search of wildlife, and our guide was profuse in his praise of their society: population 4.5 million, 96% literacy rate, 99% served by piped water, a real democracy, health care and education for everyone (including 55 universities), no military, increasing foreign investment and tourism, very little crime or violence, and lots of hope. At least where we were, mosquitos,

Knowing that Bayshore residents may consider travelling to Costa Rica, I offer the following cautionary narrative.

We enjoyed the month of February 2016 in Costa Rica, but I was not nearly careful enough and as a result, the holiday cost us more than it should have.

First, the enjoyable part: Pat and I stayed at a complex of 26 condo units at the remote village of

malaria and Zika are not an issue. Speaking English in Costa Rica is no problem.

The weather was “perfect” – never a drop of rain (unfortunately for the locals, the autumn rainy season hadn’t produced any rain either in 2015); temperatures over 30° C every day. Many days were very windy, but that didn’t bother us in the shelter of our complex, though it did kick up a bit of dust from those dirt roads.

Among the attractions was a troop of howler monkeys who frequently rambled (howling) through the treetops just outside our compound, bringing all of us residents out to aim our cameras skywards.

The beach near us (350 M walk on a dirt road) was beautiful, but generally empty except near dusk, because of the heat and the lack of shade.

My son John and his wife Kate joined us for a week with their children aged 3 and 1, and found the heat too much to bear if we went outside our complex during the day. Restaurants are “open air,” not air-conditioned, so they were pleasant at suppertime, but if we took the kids for lunch at a restaurant, they were soon flushed and sweaty.

Now about costs: “To the wise, a word is sufficient.”

Condo: Our two-bedroom condo cost about US\$3000 for the month, more than we had ever paid in Florida, but we were willing to invest that much in this year’s vacation. It was worth it.

Car rental: I pre-booked a small car from National for US\$600+ for the month. There was some small print on the reservation document about additional costs, but when we arrived at the rental office near the airport, we were told that we had to take compulsory third-party liability insurance at an additional cost of US\$2200! Loud profanity was heard from several other rental company desks in the same office. There was no choice. We were helpless in a foreign country and we needed to drive the 100 km to our accommodation, etc. We did meet some people who tried to live without a car, but bus service is sporadic; taxi-shuttle for 100 km wasn’t outrageously expensive but not convenient. So we had to pay almost as much for our car as we did for our condo unit. I warned my son about this situation before he came, and he made sure that all insurance costs were included in his pre-booking. He said that when they went to pick up their car (different agency, different office), the profanity was still raucous in the car rental office.

Exchange rate: I thought that I understood the exchange rate, and using Visa at every opportunity, I thought we were operating mostly in US dollars. The cash registers at grocery stores recorded your purchases in dollars, and quoted a rate of +/- 500 colones per dollar (bank



Grandson Eli at Playa Potrero





A white faced monkey in the jungle (nasty little guys), seen on our river tour. *All photos by Patricia Beecham-Cooper*

rate was about 530/\$1). When we paid in American cash at the weekly produce market, the rate was 500 colones per dollar. I figured that the (72¢) Canadian dollar was worth about 350 colones. However, when we got our Visa bill, the stores had submitted bills to Visa in colones, not US dollars, and on the credit card invoice, a Canadian dollar was worth only 265 colones (about 53¢ US). More outrage! I can't think of a solution, other than paying for purchases in American cash (and strapping a money belt around your waist).

I wrote a complaint to the owner of our condo unit, saying that we can never afford to return to Costa Rica if these practices continue, and that she and others in the hospitality industry should demand that the government intervene, especially about the practices in the car rental industry. Her response was more or less, "best of luck!" or maybe she meant, "too bad, sucker!"

I'd recommend Costa Rica if you're looking for an adventure that's different from Florida. Pat and I really enjoyed our month there, and we hope to return, probably to a different part of the country (it has both Atlantic and Pacific coasts, and an interior mountain range that is said to be beautiful). The next time, though, we'll try to be wiser.

Noel Cooper



ORILLIA DENTAL HYGIENE

NEW CLIENTS
WELCOME!



**Keep your dentist. CHOOSE
YOUR DENTAL HYGIENE CARE**

**Teeth
Cleaning**

\$85
2 Units of Scale*

**Kids
Cleaning**
(12 & Under)

\$55
1 Unit of Scale & 1/2 Unit of Polish*

**Professional
Teeth Whitening
IN-OFFICE**

\$99**
** If Suitable



Introductory Special

Select One with your 1st Cleaning*

- Topical Fluoride **FREE**
- Polishing **FREE**
- Sports Guard **\$20**

*If Req'd

**Open Weekdays, Evenings & Saturdays
By Appointment**

Orillia's First Independent Dental Hygiene Office
provides the same professional dental hygiene services as in a dental office, but at prices that are 20% to 40% below the ODA fee guide (dentist fees). Orillia Dental Hygiene services are covered by most 3rd party dental insurance plans

**333 MARY STREET, ORILLIA
CALL 705.627.0966**

www.orilliadentalhygiene.com

INTRODUCTION TO SELF HEALING

Harnessing the Abundant Universal Energy

What if I told you that you can learn to heal yourself without spending a penny?

What if you learned how to understand the energy in your body upon reading this article?

What if I told you that you can strengthen your Aura/Electro-magnetic field by using the only tool called meditation?

Do you find it hard to believe that energy can be experienced because you can't see it? If seeing is believing, then there are a lot of phenomena that are questionable like being able to video-conference or Facetime across the world in real time, or pick up the phone, dial a number and connect with whomever you wish to. We, as humans, are taught to experience the world with our five senses of touch, smell, taste, sight and sound. But hundreds of years ago when technology was non-existent and we had to survive from wild beasts and harsh forces of nature, we used a "sixth sense" predominantly for survival and long distance communication. With more dependence on other tools for communication and survival, our sixth sense started to fade away.

In today's world we have come to accept the technology around us even without completely understanding the mechanics behind it like X-rays, ultra-sound waves, microwaves and Wi-Fi to name a few. If all these unseen rays are surrounding us and we have so comfortably adapted and accepted them, then it is time we become aware of the electro-magnetic waves around us that we call 'energy,' and understand how it is produced so that we can enhance it, amplify it and effectively channel it towards Self-Healing specifically for the relevance of this article.

Energy is real and it can be experienced in a tangible way. Allow me to take you through this small yet powerful experience to help you experience your energy first hand.

- Find a quiet place for yourself and sit down comfortably.
- Take three big breaths and relax your body.
- Close your eyes and become self-aware of your body.
- Visualise with your eyes closed, you getting inside your head, looking at the back of your eyes and then slowly moving down your neck, to the right shoulder and then consciously going further down your arms.



- Keep going down your right hand gently and stop at your right palm, focusing (or looking – with your eyes closed, of course) on the center of your palm for a minute.

Felt some movement in your palms? Do not freak out. It is not voodoo. You actually just learned how to move your energy to a specific part of your body knowingly, which in this case is your palm. Sub-consciously we do this all the time. But the idea is to do this knowingly with a powerful amplified healing energy flow, backed by the intention

of love and healing to the ailing part of the body.

You can learn to multiply this subtle energy movement that you just experienced by 100 times or more, by practicing a simple meditation technique that focuses on your three main Chakras (intersection points on your spine), activating them and absorbing universal healing energy through them.

Self-healing is a scientific method of channeling universal positive energy through your "Chakras" and then further taking the flow of the healing energy towards the ailing part.

Please look up for my next follow-up article on the topic, that goes into further details of self-healing and teaches the proven meditation technique. If there are more than two Bayshore residents who wish to learn this meditation technique, then I would be happy to teach you the same at the Hayloft at a mutually convenient time, at no cost. Please feel free to call me on 705-955-8326.

Disclaimer: I am not a certified Yoga teacher or meditation guru or self-healing expert. However, I have been practicing energy movements and distant energy-healing as well as other spiritual techniques for years and I know that the only side-effect to meditation is a peaceful state of mind and overall happiness.

Asmita Raina is a Bayshore resident and the opinions shared in this article are her own.

This article expresses the point of view of the author. Readers are encouraged to consult their health professional for a further opinion.





Asmita Raina

Sales Representative, Century 21 Affiliate Realty Inc.

CENTURY 21 Affiliate Realty Inc., Brokerage

Office: 416-290-1200 • Direct: 416-414-5799 • Orillia: 705-955-TEAM

Head Office: Toronto • Cottage Country Office: Ramara, Orillia

Web: www.ItsATeam.ca • www.Asmita.Realtor • www.Century21.ca/Asmita.Raina

Email: Asmita.ATeam@Gmail.com • AsmitaRaina@Gmail.com

Home Office in Bayshore Village

**CONTACT ME FOR FREE MARKET ANALYSIS, UPDATED REAL ESTATE MARKET NEWS & REPORTS.
ALWAYS EXPECT FAST & BEST RESULTS FROM ME.**

Free Home Staging, Low commissions and listing in Barrie, Lakelands and Toronto MLS.

***It's not a lucky charm, You will be a guaranteed winner if you buy & sell your property with me.

*Independently Owned and Operated. ®/™ trademarks owned by Century 21 Real Estate LLC used under license or authorized sub-license. © 2014 Century 21 Canada Limited Partnership. Not intended to solicit properties already listed for sale, or buyers under contract.

I have been a part of this Vibrant Real Estate Industry for about 9 years and have innumerable success stories to share. Glad to share my cottage country clients testimonials:



"If you are looking for a dedicated and efficient Realtor who would bring you the best returns on your property in least time, I recommend Asmita based on my personal experience. I had listed my waterfront home with the most reputed Real Estate Sales Person of the area for a long time and my house did not sell. Asmita deployed effective marketing strategies to give maximum exposure to my property and SOLD it at a good price."

Elizabeth Vizlay

Former owner from Muley Point Lane, Orillia.

"I had listed my property fronting on Lake Simcoe, Beaverton with a few reputed realtors of the area but the house did not sell. A friend of mine referred Asmita to me. I found her promising and decided to list with her. She wowed me with her hard work, efficiency and negotiation skills and SOLD my property in two months to her own client at a price I was very happy with. She made sure the entire process went smooth and to my satisfaction. I am very content with the results."

Janet Ko

Former owner of a Bungalow on Thorah Park Blvd.



Your home could be next. Please contact me at 416-414-5799 or 705-955-TEAM

Vitamin K2: The Missing Nutrient for Heart and Bone Health

Most everyone, including many conventional physicians, have begun to appreciate the importance and value of Vitamin D. Few, however, recognize the importance of Vitamin K2, which is nearly as important as Vitamin D.

K2 has two crucial functions: one is in cardiovascular health and the other is in bone restoration.

It performs many other functions as well, but by helping remove calcium from the lining of the blood vessels, vitamin K2 helps prevent occlusions from atherosclerosis.



Steve Goulter

Vitamin K Basics

With sufficient Vitamin K2 present, Glutamic acid is imported into the cells in the wall of your arteries, where it binds to calcium and removes it from the lining of your blood vessels.

Once removed from your blood vessel lining, vitamin K2 then facilitates the integration of that calcium into your bone matrix by handing it over to osteocalcin. The osteocalcin then helps cement the calcium in place.

Vitamin K2 activates these two proteins. Without it, this transfer process of calcium from your arteries to your bone cannot occur, which raises your risk of arterial calcification.

To say this another way, Vitamin K2 is like a light switch—it switches on a process which takes calcium out of the arterial wall and keeps it in the bone.

There's so much information showing this relationship between osteoporosis (not having enough calcium in your bones) and having an increased incidence of heart disease caused by too much calcification of arteries. What's actually happening is that a lot of people are Vitamin K2-deficient.

For years, many believed that to be healthy, we all need calcium. And we do. BUT, without Vitamin K2 it ends up going to the wrong place! The ideal combo of supplements for every single person is D3, K2, calcium and magnesium (there are many others also, but these are fundamental).

Statins May Increase Arterial Calcification by Depleting Vitamin K2

Besides a vitamin K2-poor diet, certain drugs may affect your Vitamin K2 status. For instance, research suggests statin drugs may increase calcification in the arteries and deplete Vitamin K2. These findings mean that everyone on statin drugs should be taking K2 (as well as COQ10) to avoid cardiovascular harm.

Sources of Vitamin K2

Vitamin K2 is produced by certain bacteria, so the primary food source of vitamin K2 is fermented foods such as natto, a fermented soy product typically sold in Asian grocery stores. Fermented vegetables can be a great source of Vitamin K if you ferment your own using a specially-designed starter culture. But how many of us eat natto or fermented foods? Its therefore very difficult to get sufficient K2 from food, so taking a supplement may be a wise move for most people.

How Can You Tell if You're Deficient in Vitamin K2?

The major problem we face when it comes to optimizing Vitamin K2 is that, unlike Vitamin D, there's no easy way to screen or test for Vitamin K2 sufficiency. Vitamin K2 cannot at present be measured directly. Without testing, we're left with looking at various lifestyle factors that predispose you to deficiency. As a general rule, if you have any of the following health conditions, you're likely deficient in Vitamin K2:

- Osteoporosis
- Heart disease
- Diabetes

That said, it's believed that the vast majority of people are in fact deficient these days and would benefit from more K2. Vitamin K2 is non-toxic, so you don't need to worry about overdosing if you get more. Do keep in mind that vitamin K2 may not necessarily make you "feel better" per se. Its internal workings are such that you're not likely to feel the difference physically. Compliance can therefore be a problem, as people are more likely to take something that has a noticeable effect. This may not happen with Vitamin K2, but that certainly does not mean it's not doing anything! Last but not least, remember to always take your Vitamin K supplement with fat since it is fat-soluble and won't be absorbed without it.

Magnesium Recommendations

Another important nutrient is magnesium. There are at least 350 enzyme systems in your body that require magnesium for proper function. Perhaps even more importantly, the quartet of calcium, Vitamin D, K2, and magnesium all work together synergistically. Getting back to magnesium, the only people who really need to be concerned about taking too much are those with renal failure.

As for the type of magnesium, it is recommended to take magnesium that ends in "ate": threonate, glycinate, citrate, and dimalate—the latter of which has a slow-release technology. Because of magnesium supplementation, many people report that their headaches disappear; they're sleeping at night, and have no more leg cramps or palpitations. In some patients it actually helped them lose weight.

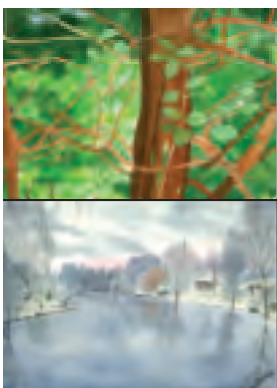
More Information

The information in this article comes from Dr. Goodman. He notes, "I really hope that people get the message that we are trying to send: to be healthy, you've actually got to do something about it. You've got to get up, think about nutrition, and think about exercise, stress management, and sleep."

I also recommend picking up one or both of Dr. Goodman's books: *Vitamin K2: The Missing Nutrient for Heart and Bone Health*, and *Magnificent Magnesium: Your Essential Key to a Healthy Heart & More* to learn more about these two underappreciated nutrients. While going into complex topics, Dr. Goodman's books are easy to read and understand for the layperson.

Steve Goulter

This article expresses the point of view of the author. Readers are encouraged to consult their health professional for a further opinion.



*Watercolours
by Patricia Beecham*

22 Southview Drive
RR 3 Brechin On
LoK 1B0

705 484 0221
Cell: 416 460 9815

www.patriciabeechamwatercolours.ca
beecoop@cottagecountry.net



“WE LOVE OUR KITCHEN CUPBOARDS AGAIN!”

Gliding Shelf Solutions provided us with the accessibility and extra space we needed.”


**TRANSFORM
YOUR EXISTING
CABINETS WITH CUSTOM
PULL-OUT SHELVES**

“Adding the glides to our cabinets not only increased our storage space and organization, but provided the much needed accessibility for my husband's bad back”



• Easy access • Increase space • Get organized

Our consultants understand the importance of investing in your home for future mobility and organizational needs. For more than five years Gliding Shelf Solutions have been introducing Canadians to practical ways to gain easy and safe access to their cabinets

100% | CANADIAN MADE 

FOR A FREE CONSULTATION CALL

705-220-6761 OR

TOLL FREE AT 1-877-895-8766

FOR AN AUTHORIZED DEALER NEAR YOU

VISIT US ONLINE AT www.glidingshelf.ca

Gliding**SHelf**
SOLUTIONS

While the testimonial and name provided are accurate, the image does not depict the actual persons.

We're Losing Our Computer Tech and a Gardener!



We're losing our computer tech and a gardener! For many years Rick and Marilyn Harabura lived on Barnstable Bay in Bayshore Village. At one time Rick served on the Board of Directors. Marilyn has been a regular gardener for many residents and Rick has been the go-to guru for computer issues.

With their move to a beautiful custom-built home on the south side of Southview Drive, we lost valuable residents. Sort of. Rick and Marilyn continued their relationship with our community. Rick made sure the Hayloft computers were working well, including those at *The Banner*. With Cottage Country Internet, he set up the wireless network we enjoy at the Hayloft. Most recently, Rick oversaw a major soft-

ware renovation of our security network.

Unfortunately, now the Hardaburas are moving on, to build a new home in Ridgeway, near former residents Richard and Connie Pearson and Mickey Walker. (Sadly, Eileen Walker passed away in July.) As the first million-plus sale in our immediate area, to our knowledge, they have to be pleased, though I'm sure they will be sad to move away from the many friendships they made in Bayshore Village. Their parting words to us are, "Thanks to all our friends that we have enjoyed over the last 17 years here. In this next stage in our life, this move will allow us to explore the world and fulfill some of our travel dreams. If you are looking for a move yourselves check out Ridgeway by the Lake. You may just want to join all of us. It would be nice to meet once more."

Glen Morehouse



"The Best of Bayshore" cookbook has been a great success. Fewer than 100 copies remain; they are available for \$10 from Dee in the Hayloft office.

Cookbooks have been sent as far away as Brazil and B.C. and received with great enthusiasm! People who have tried the recipes are very pleased with the results -- including people who say, "I never use a cookbook, but this recipe really worked!" *Pat Beecham-Cooper*

Mobile Computer Repair Services Your Computer Solution Provider



SecureTech Systems

"Tech-On-Call"

Certified Computer Technician

Rick Hardabura (705) 484-0043



EZGROW

LANDSCAPE & HYDROSEEDING

RESIDENTIAL AND COMMERCIAL

Greg LeSarge
greg@ezgrowlandscape.ca

<p>Stone Work</p> <p>Paving Stone Driveways Walkways Head Walls Flag Stone Outdoor Kitchen Water Features</p>	<p>Landscaping</p> <p>Final Grading Automatic Inground Sprinkler Systems Tree Planting</p>	<p>Hydroseeding</p> <p>Erosion Control Wildflower Lawn Restoration Soil Conditioning</p>
--	---	---

PHONE
705-835-0184

CELL
705-345-6661

PHONE **705-835-0184**

CELL **705-345-6661**

ezgrowlandscape.ca

Book Review: *Sapiens*

Sapiens: A Brief History of Humankind, by Yuval Noah Harari (McClelland & Stewart, Signal paperback edition, 2016)

Prof. Yuval Harari has a Ph.D. in History from Oxford, and now lectures in World History at Hebrew University in Jerusalem. *Sapiens* presents a series of surprising opinions in a thought-provoking, witty narrative about how humanity developed “from insignificant apes to rulers of the world” – ending with a chapter that foresees a new stage of evolution in which present-day humanity is considered to be as benighted as Neanderthals.

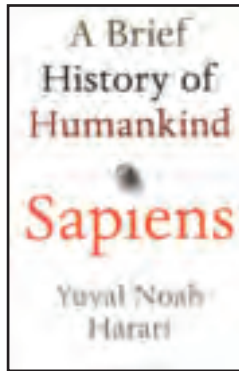
Harari divides human history on the basis of four “revolutions,” of which the most recent, the Scientific Revolution, is the shortest in time but takes up almost half the book.

The key to the “Cognitive Revolution” is *homo sapiens*’ collective imagination. Unlike our non-Sapiens cousins, ancient and contemporary, we are able to use our extremely flexible language skills to transmit information about things that don’t exist at all! His prime examples of our distinctive use of fiction are “national myths” (for example, he claims that modern states are “fiction” because they have no basis in biological fact), “legal myths” (corporations, money, human rights, and legal justice), and religious myths (spirituality, idealism, reward after death). We may need them all for any functioning society that involves more than 150 people, says Harari, but they’re all fictional products of our collective imagination.

It is widely recognized that human history was significantly changed about 10000 years ago by the “Agricultural Revolution.” Harari titles his chapter on the subject “History’s Greatest Fraud.” He says that in the previous period of history, people were fed amply, worked reasonable hours to gather wild plants and hunt wild animals, and lived in a rich world of social structures, religious beliefs and political dynamics. When Sapiens began to manipulate plant and animal species, they actually had to work much longer hours (clearing fields, lugging water to their plants and animals, weeding...), had to live in one place (beside their fields), suffered starvation if crops failed, and ended up with a more restricted and poorer diet. Still, populations grew as food supplies increased, bartering and written record-keeping began, and complex societies developed based on shared collective myths.

Part Three, “The Unification of Humankind” describes a process where small, simple cultures grow into bigger and more complex civilizations. It seems that every time a “mega culture” develops (hundreds of millions of people became Christian all over the world), it splinters (Christianity divided into hundreds of sects). Still, the inexorable trend is towards unification, and the factor that is unifying all of humanity today is Money. Money builds trust between strangers, even world-wide, but the trust isn’t in the humans, the trust is in the money and the economic systems. Increasingly, nation-states are unable to act independently, even on their own internal affairs, because the most important issues are universal (climate change, trade, international justice).

The author explores the rise of Empires and of Religions that transcend national boundaries. As the narrative moves into its final phase, the Scientific Revolution, he describes the marriage of Science and Empire, and then describes the Capitalist Creed. The history of ethics, says Harari, is “a sad tale of wonderful ideals that nobody can live up to,” but the capitalist-consumer ethic is “the first religion



in history whose followers actually do what they are asked to do” – the rich remain greedy and make more and more money, and the masses “give free rein to their cravings, and buy more and more.”

The second-last chapter explores what constitutes happiness according to different viewpoints, from a feeling of well-being inside oneself, to a balance of serotonin, dopamine and oxytocin that can be refined by chemistry, to the Buddhist understanding that happiness is true self-knowledge. Harari says that the understanding of human happiness and suffering is the biggest gap in our understanding of Homo Sapiens, and “we had better start filling it.”

The book ends with a look into the future, expecting that science will soon find ways to combine artificial intelligence and bionic strength with human DNA and create a biological revolution that will leave *homo sapiens* behind in the dust of history.

I found this last chapter depressing (thinking of the fate of my grandchildren), but the 416 pages of *Sapiens* are fascinating and stimulating, and I recommend the book to you if you’re interested in thinking about humanity’s past and present on a very large scale.

PS: Harari has been interviewed twice recently on the CBC (you can find the podcasts online), and he doesn’t back down on his predictions. He has also published a follow-up book called *Homo Deus: A Brief History of Tomorrow*, published in English in September 2016. “Homo Deus” means, more or less, “The Human is God.”

Noel Cooper

Roofing For Less
Sunny Day is Your Money Day!
Serving Simcoe & Muskoka for 35 years
SERVICES
Shingles	Steel Roofing	
Flat Roofing	Cedar Shake	
Sun Tunnel	Skylights	
Eavestrough	Fascia	Soffit
Siding	Decks	Fences
Windows	Doors	
Solar Panel Microfit Installations		
Get More For Less Call:
705-241-9007

Ramara Speaks Her Mind

Greetings, fellow Bayshorians. Upon reviewing my latest scribbling for *The Banner*, I realized I should have had more faith in my mistress Gail's resolve to lose weight. The Weight Watchers in Bayshore lost 205 pounds in total, some of which she happily contributed. She's on the regime again. She must be attempting to regain the carefree lightness of her youth. All I know is she has become one grumpy mistress whom I wouldn't wish upon any innocent feline.

I noticed, also, that she was showing off a little in the last publication of *The Banner* by insisting I use the phrase '*Shauri a mungu*'. This is a Swahili expression. It should be accompanied by a shrug of the shoulders: "It's up to the gods." Her parents lived in Uganda for quite some time. Her mother soaked up the local milieu. Her father taught British history and researched and wrote Ugandan history. They were quite the characters... but we won't go into that.

At the present, Gail wishes to spend some Quality Time with her son. Her poor boy's marriage is, as we say, 'up the creek.' She should have done this before he got married, but she was too busy courting Glen. Poor Glen. He didn't know what hit him when Gail tripped over him on an ecological science school outing. Anyway, to carry on with my fascinating tidbits, plans were made to adventure into the unknown with her son. Adventure tours were considered. Back to Uganda? Hmmmm. Not if they value their necks. Turkey? Hmmmm. Great unrest there. Nobody's going there. Besides that, just how much ransom would Glen be willing to pay? Hmmmm. Better to be assured of safety, food, and cold beer.



So... Costa Rica it is. All-inclusive. No cooking. No housework. No nothing for 12 days. Adventure tours on the side, then back to a five star hotel and appetizing refreshments. Now that's my style. I advised her of the positive aspects of this sensible choice. Of course you realize, dear reader, unfortunately I shall not be going. My mistress is abandoning Glen and me, and uncaringly so. My entire daily needs must be met by Glen. My paws are crossed. But of course we shall both survive! We shall! You'll see. The bonds of affection between Glen and me will overcome our unintended forgetfulness. No. Really. I'll be fine. Well, '*Shauri a mungu*.'

Until next time. Live well.

*Yours, Ramara
as told to Gail Carter*

WalkFit

WalkFit will return on Tuesday January 3, 2017 at 10 a.m., under the leadership of Catherine Plue with the help of a video program. WalkFit is a past-paced walking program which also involves knee lifts and side-steps. Everyone can word at their own comfort level; the program can be modified to suite every fitness level. You can walk 1, 2 or the full three miles in 45 minutes. Running shoes and water are all you need to bring.

Catherine Plue



H&R BLOCK

We do all types of tax returns\$.

✓Personal

✓Small Business

✓Rental

✓GST, Corporate

✓U.S. Returns

✓Trust & Estate

Bookkeeping & accounting \$ervices.

✓Payroll

✓Financial Statements

✓Corporate Tax Returns

✓GST Returns

✓T4s and Ts

466 Osborne Street, Unit 468, Beaverton Tel (705) 426-9484 • Fax (705) 426-4356

We Listen • We Care • We Sell



**The Morton Family Real Estate Team
Let our family help your family!**

- Ask us about our Fall/Winter Sales Package
- 3 Sales Representatives, 3 Boards. . . .One Price!
- Experience. . . .years of experience – since 1990
- Our recent sales: 108 and 118 Bayshore Dr, 3, 5, and 10 Sandlewood Trail
- Satisfied clients! Ask to see our client testimonials
- Customized marketing plans – Coldwell Banker Previews International
- We are working with a number of interested buyers who want to make Bayshore Village their next home

Connect with us:

Tom, Suzanne and Cassandra Morton
Sales Representatives
Coldwell Banker The Real Estate Centre, Brokerage
(705) 722-8191\Toll Free 1-877-722-8191

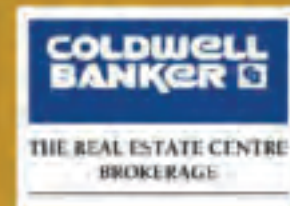
Tom-morton@coldwellbanker.ca

Suzanne-morton@coldwellbanker.ca

Cassandra-morton@coldwellbanker.ca

www.youonlineagents.com/tomandsuzanne

Find us on Facebook – The Morton Family Real Estate Team – read current real estate news, videos, design ideas and more



****This is not intended to solicit properties currently listed for sale****

Bayshore Paddlers



The Bayshore paddlers salute you: pictured left to right, Keith Bellamy, Wayne Sharpe, Marc Bertrand, Bob Bell, Gail Carter, Lynda Tofflemire, Wendy Lucas, Marielle Montemurro.

Below left, Glenn Lucas, the “paddleboarder of ill repute.” Below right, kayakers pass Bayshore homes: Kathi Kerr, Lorne McCaig, Marielle Montemurro, Donna Rodrigues, Wayne Sharpe, Lynda Bertrand.

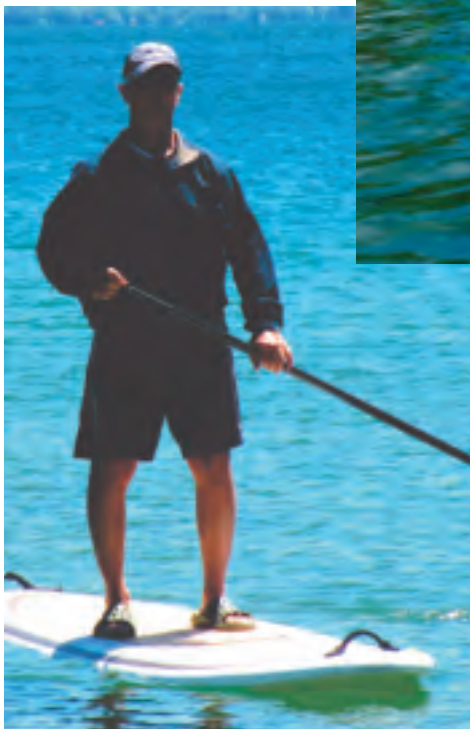
Photos by Irene Heinz

Living in beautiful Bayshore gives us access to shimmering lakes and rivers, Lake Simcoe, Couchiching, and along the Trent Severn Waterway. All become a playground for us paddlers. These opportunities for great paddle adventures have been embraced with enthusiasm by a group of adventurous people, who are willing to grab their kayaks or paddle boards on short notice and head out on the lake.

Nothing daunted our paddle adventures – aching muscles, cramped legs, winds, waves – bring it on! Our paddle hours are filled with laughter, incredible wildlife viewing up close, sharing yummy food, and a sense of camaraderie rarely experienced. Paddlers have opened their backyards to allow easier access; one enthusiastic kayaker invited us onto his deck for a picnic lunch. Great fun is shared by all.

Tuesdays are the scheduled paddle days. We meet at one of our Bayshore marinas; winds and waves determine the directions we paddle. We have 15 interested kayakers plus a paddle boarder of ill repute, so come on out and share our adventures.

Lynda Bertrand



Ladies' Christmas Luncheon

Keep the date open!

Tuesday December 6th at 12.00 pm is the Bayshore Village Ladies Christmas luncheon.

Tickets will be on sale Thursday November 17th from 6.30 pm until 7.30 pm and Saturday November 19th from 11.00 a.m. until 12.00 pm.

We are now accepting new items only for our Chinese auction and silent auction.

Please drop off items to Lorna Pollard at 89 Bayshore Drive. If you would like to call ahead, her telephone number is 705-484-0330.

Bayshore Cyclists Enjoy A Great Season



Photo is from our ride from Beaverton to Lagoon City with lunch at the Harbour Inn.

Riders from left Pete Cavers, John Alden, Randy Hutchison, Artena Hutchison, Bob Bell, Shirley Aukema, Wendy Lucas, Glenn Lucas, Linda Wyckoff, Kathy Alden, Joanne Morehouse, Carol Rosa, Glen Morehouse.

Photo by Glen Morehouse

We have had a wonderful summer for biking with lots of sun and sometimes a little too much heat but it all made for a lot of great trips for the Bayshore Biking group. Each Thursday we explore different trails that are less than an hour drive from Bayshore. One of our favourites, the Tay trail, allows us to bike off-road from Coldwater, Waubesa or Victoria Harbour all the way to Midland where we have a variety of restaurants to choose from for lunch. Other favourites include the ride from Bayshore to Orillia, the Uthoff trail between Orillia and Coldwater, and Beaverton to Lagoon City.

Most rides are between 20 and 50 kilometres, which may sound like a long way but we cycle at a moderate pace so that we can enjoy the scenery and visit with friends. The season will last as long as the good weather and we will continue to plan weekly rides until the snow flies. Last year we cycled well into November although it was an exceptionally warm

Fall. Most years we usually call it quits around the end of October. If you are interested in joining the fun, you can have your name added to the biking list by e-mailing Joanne Morehouse at morehousejoanne@gmail.com

Joanne Morehouse



The Bayshore Wednesday golf group, organized by Joe Sokolowski, plays its annual match play championship at Cedarhurst GC, in pursuit of a trophy donated by Lillian Smigelski in honour of her late husband (and golfer) Ernie Smigelski. In the picture, Joe presents "The Ernie" to this year's champion, Rick Indewey.

Bayshore Pottery
UNIQUE, FUNCTIONAL DINNERWARE AND GIFTS

Kathy Alden
bayshorepottery@gmail.com

19 Thicketwood Place
RR#3 Brechin, Ontario, L0K 1B0
705-242-9293

VON SMART Group



Many enthusiastic Bayshore Village members have actively participated in the VON SMART (Seniors Maintaining Active Roles Together) Exercise Program since our classes began in April 2010.

As well as being a fun place to meet new people and visit with Bayshore friends, this gentle exercise program keeps us physically active in many ways. The SMART Program helps members 55+ to increase and maintain strength, flexibility, balance, coordination, and reduce the risk of falls. Being active helps improve physical health, mobility, independence, and energy.

Please join us every Friday from 10-11 am in the Hayloft for an hour of fun and fitness. Question? *Call Sharon Miller at 484-0517.*

Soften Without Salt, Water or Electricity!

The Best Kept Secret in the water industry is the high level of sodium that salt-softeners add to tap water.

Why Shower in Salt-Softened Water that's Toxic to Lawns & Gardens?

"We are pleased with the Catalytic 1000 Water Softener that we purchased from you."

*Peter & Cindy Cavers
Bayshore Village*

"I was diagnosed with high blood pressure. It was recommended by my doctor to reduce my salt intake. When I told him we had a salt water softener, he suggested we get rid of it as the skin absorbs water. I am of the view that your softener played a significant role in bringing my blood pressure under control. This is one product that I will NOT do without!"

Mr. R. Camp



"Our dry skin has disappeared!" - *Rev. McMeechan*

"I would not go back to a salt-softening system and don't miss lugging those heavy bags of salt. We highly recommend your softeners!"

Mr. M. Maw

"This is a great improvement over the old "salt" based softeners."

Dr. Kendall

"I really can't say enough about it and whole-heartedly recommend it to anyone wanting soft water, softer skin, healthier hair, easy rinsing, and the greenest lawn on the block!"

"We love this softener!" - *L. Wheeler*

Miss. S. Ross

Free Sodium Analysis + **Ask About Our 120 Day Trial Offer!**



Stabilized Water of Canada



705.323.5000



www.isoften.ca



VILLAGE SERVICE DIRECTORY



Township of Ramara

"Proud History - Progressive Future"

P.O. Box 130, Brechin, Ontario L0K 1B0
Office 705-484-5374
1-800-663-4054 (for 689 exchange only)
Fax: 705-484-0441
www.ramara.ca

Basil Clarke
Mayor

Ph: 705-327-3436
Email: bclarke@ramara.ca



Township of Ramara

"Proud History - Progressive Future"

P.O. Box 130, Brechin, Ontario L0K 1B0
Office 705-484-5374
1-800-663-4054 (for 689 exchange only)
Fax: 705-484-0441
www.ramara.ca

Margaret Sharpe
Councillor Ward 2

Ph: 705-484-5786
Email: msharpe@ramara.ca



Township of Ramara

"Proud History - Progressive Future"

P.O. Box 130, Brechin, Ontario L0K 1B0
Office 705-484-5374
1-800-663-4054 (for 689 exchange only)
Fax: 705-484-0441
www.ramara.ca

John O'Donnell
Deputy Mayor

Ph: 705-484-5742
Email: johnd@ramara.ca

NORTHERN PEST MANAGEMENT

1-800-263-9791
705-878-9060
Box 44, Lindsay, Ont.
K9V 3B8
At Middleton



HAROLD OSWALD INSURANCE BROKER

(Div. of Russ Baxton Ins.)

Telephone (705) 484-2184
or 1-888-281-9572

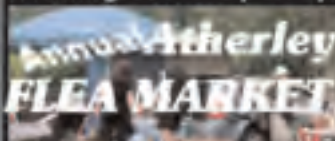
Harold Oswald
M.B.A. R.L.B.

All Lines of Insurance

- Auto
- Home
- Life
- Commercial
- Small Business

R.R. #3 - Brechin, Ontario L0K 1B0

Cleaning out? We pick up sellable items year round.



3rd Sat. of July
8 a.m. - 2 p.m.

Atherley Park
corner Creighton & Winchester Sts

Come out and participate

Donate, Buy or join our many VENDORS

Call 705-325-8900 or 705-325-6654

*Proceeds towards new playground equipment and park maintenance,
sponsored by the Atherley Community Centre Board*



BRAD: 705-345-4921

AMY: 705-323-3820



HISANDHER.RENOS.LANDSCAPING@BELL.NET



Adele Proulx
Cruise & Vacation Consultant

Tel: (705) 484 0699
Office: (905) 836 9594

Mobile: (905) 715 3177
Toll Free: (866) 836 7447

aproulx@cruiseshipcenters.com
www.cruiseshipcenters.com/AdeleProulx



From the Fashion Desk: Fall Fashion Forecast

There are three essential items for your closet this year. A black jacket, black pants and a crisp white shirt. Menswear influences include a wider leg trouser paired with feminine pieces such as a pretty blouse or soft sweater.

Romantic looks in lace, florals and black will be featured this year as well as pleated skirts.

Sportswear Separates are important for your new Fall look. Mix a basic blazer, bomber jacket or 3/4 coat with blouses and sweaters. Finish up with skirts, trousers or leggings. Use black and white for the basis of your look; then add a splash of colour, red or bright prints. For a more monochromatic look use grey tones or taupe.

Think pastels: nothing looks lovelier on those crisp autumn days, than an outer coat or jacket in a soft yellow, pink or blue.

Evening looks have shoulder-revealing details or feminine ruffles.

Handbags are on the smaller size, elegant with gold or silver details. For shoes, a black patent flat will carry you from daytime to evening and you won't have to carry an extra pair of shoes. Shawls and scarves add drama to your outfit. Look for faux fur trim and fringe edging. A striking shawl worn over a turtleneck sweater looks great for casual outings and you won't have to take a coat.

Bold looks in both silver and gold jewellery are fashion forward as is the use of natural stone, leather and metals.

For the man in your life, the skinny black jean is a must. Wear



Brenda James preparing for a show in 1986, and more recently.



with a fisherman knit sweater or for casual dressy, a tweed unstructured sport coat. Turtlenecks in soft wool or cashmere balance the sporty look.

Fashion Tip: when travelling, try choosing only two colours, i.e. black and white or black and beige. Toss in a few bright coloured tops that co-ordinate the look. No one will even notice that you have worn the black pants more than once.

I will return from my trip to China with a look on fashion there and what's new for winter for all Bayshore Fashionistas.

Happy Fall Shopping.

Brenda James

VP Fashion Marketing (ret.)

Fashion Buyer, Body Image Consultant

ALCO APPLIANCE SERVICE
Major Appliance Service & Repair

(905)-955-8565
Cell
(705)-484-0693

alcoapplianceservice@live.ca

ALLEN DISHEAU
TECHNICIAN

**POINT
OF
MARA**
Resort & Trailer Park

On the Shore of Lake Simcoe
- Motel Suites - Cottage -
- Daily & Seasonal Camping -

Christine & Doug Reid
(705) 484-5866 www.pointofmara.com

G&H AUTO SERVICE

2064512 ONT. LTD.
O/A G&H Auto Service

Mark Genno

(705) 329-4133
Fax: 329-0749
Licensed Mechanics

129 Front Street South
Orillia, ON L3V 4S6
www.ghautoorillia.com

The Bike STOP & Sports
OF ORILLIA

BARRY MIDDLETON

705-325-BIKE (2453)

www.bikestoporillia.com
bikestoporillia@bikestoporillia.com

84 Colborne Street West, Orillia, ON L3V 2Y6

ALLAN COOKE
ALUMINUM and VINYL SIDING



- Soffit & Fascia
- 5" Seamless Eavestrough
- Steel/Aluminum
- Leaf Guard

Box 10, Longford Mills, ON, L0K 1L0

Tel: 705-326-7174 Fax: 705-327-3237



Orillia
Home Hardware
Building Centre
ORILLIA BUILDING
SUPPLIES (2001) LIMITED
5 King Street
at West Street
Orillia
Ontario
L3V 1R2

DAVE TRAVISS

BUILDING CONSULTANT
BUILDER - CONTRACTOR
HOMEOWNER SALES

T 705 326 7371

F 705 325 7650
Toll Free 1 800 361 1206
dave.traviss@hhbcorillia.ca



705.426.2000
800.263.4240

- Alarm Response
- Camera Systems
- Security Systems
- Medical Alarms
- Monitoring
- Service

PROTECTING WHAT MATTERS SINCE 1878
For a FREE security consultation and evaluation contact us



RBC Wealth Management
Dominion Securities

Professional wealth management since 1981

Brandon Hune, BA, CFP
Investment Advisor

RBC Dominion Securities Inc.
19 Front Street North
Suite 200
Orillia, Ontario L3V 4R6
Brandon.Hune@rbc.com

Tel: 705-329-1708
Fax: 705-329-2245
1 800 430-8013

Jolly Automotive Services
LIMITED
484-5322



JOLLY AUTOMOTIVE SERVICES LIMITED
A Proud AutoLogic Associate

- TUNE-UPS AND FUEL INJECTION SERVICE
- ELECTRONIC SCAN TOOL DIAGNOSTICS
- COOLING SYSTEM REPAIRS
- LUBE, OIL & FILTER SERVICE
- LICENSED TECHNICIANS
- BRAKES AND INSPECTIONS
- EXHAUST SYSTEM REPAIRS
- SAFETY INSPECTIONS

LAMBERT'S
Motors and Service Centre

QUALITY USED CARS

ROGER HOTOYAN

Service: 705-326-2696
746 Atherley Rd., Orillia, ON L3V 1P5 Fax: 705-326-6545

Milestones: Ida Herbert Is 100!



Ida surrounded by Ida's Girls and friends: Mamie Lievonen, Kristina Frise, Wendy Hurst, Wendy Lucas, Sandra Cherry, Julie Murray, Ida Herbert, Myrna Finlay, Eva Stosch, Laureen Ash, Mary Laman-tia, (on couch:) Kathi Kerr and Marjorie Melhuish. Above right: Ida with her Yoga group in the Hayloft. Right: Ida with her Government of Canada citation.

Photos by Simpson Cherry and Astrid Bruce.

On Sunday August 21, 2016, the inimitable, irrepressible Adele Ida Herbert turned 100 years young.

She was celebrated and feted by all her Bayshore friends who turned up to party with her in considerable force! They were joined by Bruce Stanton, MP, bearing Justin Trudeau's congratulatory certificate. As well she received certificated congratulations from our local MP Patrick Brown, our Ontario Premier Kathleen Wynne and Steve Clark, the Mayor of Orillia.

She was serenaded by singer-songwriter Johan, singing a ballad "Angel mine," and Ida was galvanized to dance lyrically, whilst gazing into his eyes.

For the information of new residents, Ida was a long-time resident at 11 Sandlewood Trail, energetically volunteered in the community gardens, and taught our Yoga classes, as well as being the founder and leader of the Yoga class at the YMCA in Orillia. New residents will observe "Ida's Rock," a large pink granite boulder high on the south shore of Harbour 33, beside which "Ida's Bench" was placed to mark her 90th birthday. And the utility boat she donated, named "Ida's Buoys" in her honour, is moored in Pier 33.

In September 2012, she was confirmed by the Guinness Book of Records to be the oldest Yoga Teacher in the world. On October 28, 2012 Ida was awarded the Queen Elizabeth II Diamond Jubilee Medal for outstanding volunteerism. In 2014 she was inducted into the Ramara Wall of Fame.

Ida and her husband Michael emigrated from Britain to Canada just after WWII. On landing in Halifax, they hopped onto their motorcycle with sidecar, and together with their dog and meager belongings drove all the way to Toronto to find work and to stay initially, with relatives. Ida worked as a School Secretary in North York until her retirement in 1986, when she and Michael purchased a lot in Bayshore Village. They built their home, and in 1989 moved permanently to Ramara Township.

We can only aspire to Ida's Century of achievements... maybe hold a candle to her... but certainly not 100!!

Astrid Bruce

Milestones: Pat Cooke



2016 has been an eventful year for Pat and Maurice Cooke.

The picture on the left shows Pat celebrating her 75th birthday at the home of Astrid and Jim Bruce, with UK relatives Stuart and his daughter Nancy. The baby is the Cookes' first great-grandchild, Paisley Cooke, born April 1.

Maurice Cooke

LEATHERDALE MARINE

ski-doo
can-am
LOWE
Evinrude
Mercury

SEA-DOO
JOHNSON
merCruiser

Bill Jones

Tel: (705) 325-2249
Fax: (705) 325-6849

LeatherdaleMarine.com
RR 7, 5571 Hwy 12 & Orillia, ON L3V 5H1



BRECHIN
Pharmacy

- ✓ FREE Weekly Blister Packages
- ✓ FREE In Store Blood Pressure Monitoring
- ✓ FREE Prescription Counselling
- ✓ FREE Blood Glucose Monitor For Diabetics
- ✓ FREE Patient Home Visits By Pharmacist
- ✓ FREE Every Thursday special 10% OTC discount for Seniors

SERVING THE COMMUNITY SINCE 1978
2312 KING STREET, BRECHIN
TEL: (705) 484-0074
FAX: (705) 484-0658
TOLL FREE: 1-877-802-4522

MON - FRI 9:30 AM - 5:30 PM
SAT 9:30 AM - 3:00 PM

FREE HOME DELIVERY



COLBORNE PHARMACY

Amgad Mohamed (Jed)
R.P.H. - Owner

Tel: (705) 325-1115 Fax: (705) 325-5666
E-mail: amgad.orillia2@yahoo.com
61 Colborne St. West, Orillia ON L3V 2Y6

PROUDLY SERVING ORILLIA FOR 15 YEARS



TAX-\$MART

YOUR INCOME TAX SPECIALIST (705) 323-9494

Donna
Reynolds

323-9494



27 Coldwater St. E.
Unit #201
Orillia, Ont.
L3V 1W4

PD ENGINE SERVICE

Small Engine Repair

LAWN MOWERS - SNOW BLOWERS - ATV'S - GRASS TRIMMERS
LAWN TRACTORS - SNOWMOBILES - CHAINSAWS - ROTOTILLERS

PETER DEHAAN
705-955-1309

3232 RAMARA RD 47
BRECHIN, ON. L0K 1B0

REPAIRS TO ALL MAKES & MODELS - PICK UP AND DELIVERY SERVICE
AUTHORIZED MTD & KAWASAKI SERVICE DEALER - WWW.PDENGINE.COM



*Signature
Interiors*

MaryAnne Calverly

complete custom interiors ♦ draperies and blinds
custom furniture & upholstery ♦ residential & commercial

2-335 Mississaga St. W., Orillia ON L3V 3C2 ♦ (705) 327-7043
signatureinteriors@bellnet.ca ♦ www.signature-interiors-orillia.ca

"Our signature is your guarantee"

MICHAEL SCOTT H.L.T., C.C.H.T.



BUS: (705) 325-7907
www.michaelscottslandscaping.com
mike@mslandscaping.ca

Expert Installation of Pavers, Natural Stone, Swimming Pools,
Water Features, Retaining Walls, Decks, Fences, Sod, Outdoor Lighting,
Irrigation, Garden Care, Quality Plant Material & Snowplowing



Russell Sharpe

Basements - Flooring -
Decks - Fences - Painting -
Drywall and more
NO JOB TOO SMALL

T: 705-238-6721

sharpereno@yahoo.ca

SHARPE RENOVATIONS



Terry's
BARBER SHOP

TERRY CROSBIE

705-259-8600

575 West St. S. Unit 8B Orillia Ont. L3V7N6



All Custom Signs
Vehicle Lettering
Election Signs
A-Frames etc.
Fun /Joke Signs etc.

781 Atherley Rd., (Atherley) Orillia, ON L3V 1P7
by the XMen Rail Car

705-325-6654

email: thesignguys@rogers.com

Milestones: In Memoriam

Susan Smith

August 18, 1948 - July 8, 2016

15 Sandlewood Lane



When Susan Smith came to Bayshore Village, her life had already been seriously restricted by Multiple Sclerosis. Previously, Sue was a Teacher and a Principal in Midland and surrounding areas. She had studied at McMaster University, Lakeshore Teachers' College, the Ontario Institute for Studies in Education at the University of Toronto and York University. She was a board member of the King's Wharf Theatre and sang with the Serenata Choir in Huronia. She was also an accomplished pianist,

having completed her studies at the Royal Conservatory of Music in Toronto. She was the mother of Matthew (Andrea) and step-mother of Larry (Virginia) and Stephen and the loving grandmother of Raj, Dhillon, Dylan and Aimee.

Sue also volunteered with the Multiple Sclerosis Society of Simcoe County. After being diagnosed with MS she persevered with dedication to make the MS not deter her from enjoying her quality of life.

Sue married her husband Gord on October 9th 1993. Together they skied, golfed, boated, cottaged and travelled. They bought a 27-foot cruising sail boat and sailed Georgian Bay and the North Channel many times, seeing the wonders of the area. The boat came with the name *Tenacity*. How fitting that a lady with such courage and determination re MS would sail a boat named *Tenacity*! Wherever she went, Susan managed to attract the attention, respect and endearment of many.

Melba Morehouse

July 4, 1916 - July 29, 2016

Mother of Glen Morehouse, 168 Bayshore Drive



Melba Morehouse on her 100th birthday, with son Glen, great great granddaughter Davina, Melba in the party hat, and grandson Tyler.

Melba Elizabeth Wagner-Morehouse passed on at the age of 100 years and 25 days at Trillium Villa in Sarnia, Ontario on Friday, July 29th, 2016. Mother of Glen Morehouse of Bayshore Village and his sisters Sandra and Beth, she is remembered for the many children she "mothered," including her own, many groups of foster children waiting for "forever" homes, and her granddaughters.

Melba was lucid until her very last days. She was aware of every member of her family at her 100th birthday party on July 4th, and engaged everyone in familiar conversation about extended family and friends, homes, jobs and hobbies.

Istvan (Steve) Debreczeni

1938 - July 22, 2016

88 Bayshore Drive



Steve Debreczeni was an Electrical Engineer, retired from Ontario Hydro, and a member of the Orillia Duplicate Bridge Club. He was the loving husband of Jo

Anne (nee Griffin), the loving father of Joseph Debreczeni of Toronto, Stephen (Tosia) Debreczeni and Mary Anne (Bill) Tucker, all of Milton, and the devoted grandfather of five.

Steve was a long-time resident of Bayshore Village, past Director of the Hayloft, duplicate bridge player on Monday evenings, and a dedicated volunteer for many years.



Moonrise photo by Rose Lingard



Simplify your medication management.



MedPack arrives at your door with your medications pre-sorted based on when you need to take them.



Each individual MedPack clearly shows the date, time and names of your medications.



Delivery is always free and MedPack compliance packaging comes at no extra cost. We also waive your \$2 ODB co-payment.



Sign up and get started!

► Visit Us at:
AlliancePharmacy.ca

► Call Us at:
1 877 796 7979

twitter.com/apgrx

facebook.com/apgrx



Dispensed by Alliance Pharmacy

1000

In Our Extended Community

RAMARA PUBLIC LIBRARY

ramarapubliclibrary.org

Like us on [facebook.com/RamaraPL](https://www.facebook.com/RamaraPL)

Tweet us @RamaraPL

705-325-5776 or 705-484-0476



Fall is upon us (after a scorching summer) and we are very excited to bring to you many new and exciting programs. We hope to see many familiar faces in and welcome those who may have just moved to the area. We look forward to meeting you!

During the fall months until Thanksgiving Monday, you can reserve passes to 10 different cultural locations and museums in Simcoe County for FREE! Drop by your local branch for further details.

On Fridays during the season, adults are welcome to join each other in our Colouring Club. Materials are provided for this relaxing social time. The group meets at the Ramara Centre branch at 1:30 pm.

The Ramara Library Quilting Club is selling raffle tickets for their beautiful handmade "Morning Star" quilt and other amazing prizes. Tickets are available at both library branches and are \$2 each or 3 for \$5. The draw takes place on Friday, October 21st at 4:00 pm.

Local author, Sarah Mody, will be visiting the Ramara Centre branch on Saturday, October 22 at 10 a.m. to talk about her life experience dealing with breast cancer and divorce, as well as her new novel "Wide Awake." Registration is required for this free event.

For anyone who may be caring for grandchildren on Educational Development Days, we do have lots of programming happening to help entertain your family. For a list of all the activities happening, please refer to our mailed fall newsletter, visit our website at www.ramarapubliclibrary.org, call, email or drop in the library for more information. Registration is required for most programs.

If you are looking for active social groups to join in your area, please consider any of the following offered at your library: The Ramara Library Quilting Club meets every Tuesday from 10-12 pm to work on their projects. Fibre Friends meets on Wednesdays from 10 -12 pm and will be making 'Twiddlemuffs' for those who are affected by Alzheimer's. The Friends of the Library would love to welcome any other Ramara residents who are looking to support their library and community. The Ramara Library Book Club meets on the last Wednesday of the month (with the exception of December) at 1:30 pm. If you are interested in joining, please contact your local branch.

To register for any of these programs, please call us at the above numbers, like us on Facebook, visit our website, or sign up for our weekly e-newsletter (including new fiction and movies that have been added to our collection!). Memberships are free and allow access to materials and computers in both branches, as well as online materials (including eBooks and audio books). As always, your library card is available for use at BOTH our Brechin and Atherley branches and is your passport to FREE education, information and recreation!

Rebecca Taylor

ROYAL CANADIAN LEGION, BRECHIN

Oktoberfest – Saturday, Oct. 29th

Brechin Legion

Hosted by the Brechin Legion and the

Lagoon City Community Association

Music by Walter Ostenak

Brechin Legion – Lunches

Regular Lunches available Thursday and Friday 11:30 a.m. – 1:30 pm

Homemade soup & sandwich Menu: \$5.00

Weekly specials, e.g. salad & shepherd's pie: \$8.00 (varies weekly)

Meat Roll Game of Chance

Every Saturday 4:00 – 6:00 p.m.

Downstairs in the Club Room.

Cost per roll is \$2.50 or 4 rolls for \$10.00

Spin the Crown & Anchor Wheel

Winners take home a roast, steaks, peameal bacon or other selections.

*Ken Scruton, Howard Raper, Marilyn Wilson
Brechin-Mara Legion*

Nailed by Lori

is growing to suit your needs.

Offering nail and hair service
in one convenient location

with Sherrin of **Shear Heaven**

in the Beaverton salon,
at 425 Mara Road.

Looking forward to seeing you!

Booking: 705 879 5300

Call or text.

705-879-5300

Certified • Diabetic Care

Thinking of Moving?

Call us first. We are a full service **TEAM** and can help co-ordinate your purchase & sale. We will:

- work with **YOU** to find the right home to **BUY** at the right price.
- get your home **MARKET READY** – make recommendations and refer you to trusted trades for repairs or minor upgrades.
- assist and guide in **DECLUTTERING**.
- assist with **HOME STAGING**.
- get attention on-line with **PROFESSIONAL PHOTOGRAPY** and a **VIRTUAL TOUR**.
- advise you on current market conditions and **PRICE** your home **APPROPRIATELY**.

"You were very trustworthy with an excellent knowledge of the area - very fast response to any communications." Roger & Adele P.

"We truly appreciated the staging completed prior to listing our home." Bob S.

"Outstanding realtors who provide great results" Leon S.

"I highly recommend the two of you. Your honest & professional conduct was very much appreciated." Roseanne D.



Darlene Elder

Sales Representative
SRES

Direct: (705) 715-3225

Darlene_Elder@sympatico.ca



Faye Gress

Sales Representative
Interior Decorator

Direct: (705) 330-5948

fayegress@royallepage.ca

Connecting Buyers and Sellers



Royal LePage Real Quest Realty
INDEPENDENTLY OWNED AND OPERATED BROKERAGE

Not intended to solicit buyers and sellers already under agency contract.

WE ARE COMMUNITY DRIVEN.

*Your neighbours at THOR Motors
invite all our friends at Bayshore Village
to drop in and see our new dealership.*

We're quite proud of our sparkling new, eco-friendly, dealership facility and would be pleased to have you visit. Let us show you our bright, spacious showrooms, clean, efficient service workshops, and pleasant customer amenities.

Our hybrid shuttle will take you to Orillia's shopping areas, while you wait for your vehicle to be serviced.

Come see the THOR difference!



Our team, on your side!



Our new drive-through service makes vehicle maintenance even easier for our customers. Call today to book an appointment and enjoy the THOR difference.

Visit our website, www.THORmotors.com for specials and to view our inventory of fine new Fords and select used vehicles. And, take advantage of our new 83-point inspection service before you head to the sunny south.

Call us at 705-326-6447. Expect to be impressed.