



Yoga

Wednesday 10:00 am

A mix of physical and spiritual techniques designed to integrate mind, body and spirit.

Come join us on your mat.
Contact Lynda 484 -1359

Line Dancing

April - June Tues 10:00 am

Come out and enjoy the sequence of dance steps.

Contact Pat 484-5072

V.O.N.

S.M.A.R.T Exercises

Friday 10:00 am

Gentle exercises and stretches to keep you fit.

Contact Sharon 484-0517



Morning Walkers

If you enjoy an early morning walk to start your day, the walking group may interest you.

Starts at 7:25 am
at the north east corner
of Bayshore & Bayshore

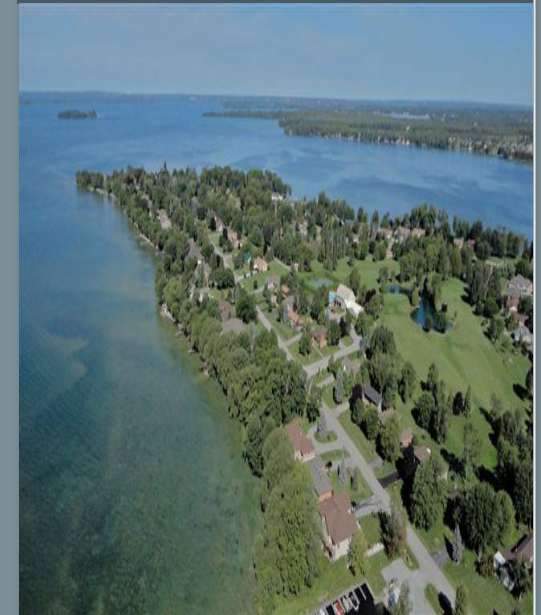
Kayaking

From May until September the Kayaking Group meet on Tuesdays at 10:00 am to share a weekly kayaking experience.

Contact Lynda 484-1359



Bayshore Village Activities



Our Unique Waterfront Community



Cycling

Thursday 10:00 am
Bike paths in and around
Orillia, Midland
and other trails.

Contact: Michael O'Halloran
705-331-4945.

Pickleball

Fastest growing sport in
North America, a
combination of tennis,
badminton & ping pong,
played on a badminton
sized court at tennis courts.

10:00 am to noon
Mon., Wed., Sat., Sun.
3:00 pm to 5:00 pm
Tuesday and Friday

Tennis

Tuesday & Friday 9:00 am



Golf

9-hole par 3 course, a great
place to learn how to golf or
brush up on your game.

Ladies: Monday 10:00 am

Mixed Scramble

Wednesday 6:30 pm

Participate for a loonie.

Classic Tournament - July

The Ryder Cup – September

Carry bag tag at all times.

AquaFit

July and August

Tuesdays & Thursdays

Check the Hayloft for times



Cards

Bridge

General: Mon 7:00 pm

Ladies: Wed 1:00 pm

Men: Thurs 9:00 am

Bid Euchre

Thursday 7:00 pm

Bring \$1.50 and play

Italian Rummy

Monday 2:00 pm

Walk Fit

January - April

Tuesday 10:00 am

Darts

Tuesday 7:00 pm

