



### **Yoga**

Wednesday 10:00 am

A mix of physical and spiritual techniques designed to integrate mind, body and spirit.

Come join us on your mat.  
Contact Lynda 484 -1359

### **Line Dancing**

April - June Tues 10:00 am

Come out and enjoy the sequence of dance steps.

Contact Pat 484-5072

### **V.O.N.**

### **S.M.A.R.T Exercises**

Friday 10:00 am

Gentle exercises and stretches to keep you fit.

Contact Sharon 484-0517



### **Morning Walkers**

If you enjoy an early morning walk to start your day, the walking group may interest you.

Starts at 7:25 am  
at the north east corner  
of Bayshore & Bayshore

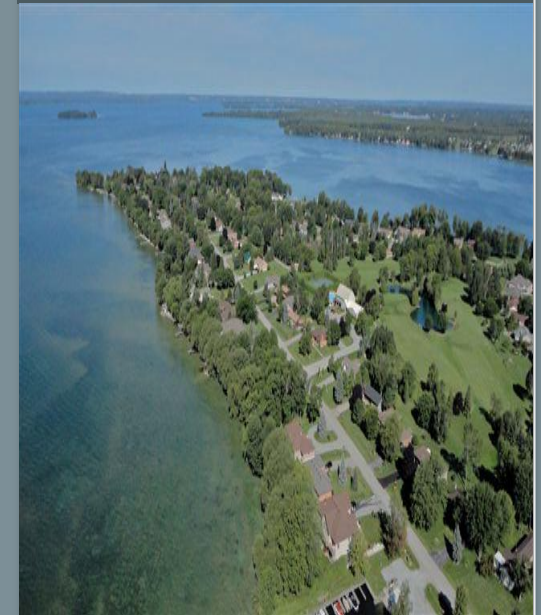
### **Kayaking**

From May until September the Kayaking Group meet on Tuesdays at 10:00 am to share a weekly kayaking experience.

Contact Lynda 484-1359



## **Bayshore Village Activities**



## **Our Unique Waterfront Community**



## **Cycling**

Thursday 10:00 am  
Bike paths in and around  
Orillia, Midland  
and other trails.  
Contact: Michael O'Halloran  
705-331-4945.

## **Pickleball**

Fastest growing sport in  
North America, a  
combination of tennis,  
badminton & ping pong,  
played on a badminton  
sized court.  
Mon., Tues.; Wed.,  
Fri.; Sat., Sun.  
3:00 pm to 5:00 pm

## **Tennis**

Tuesday & Friday 9:00 am



## **Golf**

5-hole par 3 course, a great  
place to learn how to golf or  
brush up on your game.

Participate for a loonie.

Ladies: Monday 10:00 am

Mixed Scramble

Wednesday 6:30 pm

Classic Tournament - July

The Ryder Cup - September

## **AquaFit**

July and August  
Tuesdays & Thursdays  
Check the Hayloft for times



## **Cards**

### **Bridge**

General Bridge: 7:00 pm  
Ladies: Wed 1:00 pm  
Men: Thurs 9:00 am

### **Bid Euchre**

Thursday 7:00 pm  
Bring \$1.50 and play

### **Italian Rummy**

Monday 2:00 pm

### **Walk Fit**

January - April  
Tuesday 10:00 am

### **Darts**

Tuesday 7:00 pm

